

Crash-kurs i Cancer vesica

(Epidemiologi, Etiologi, Patologi og Kirurgisk behandling)

Erik Skaaheim Haug

Urolog, Sykehuset i Vestfold

&

Norsk Blærekreftgruppe (NUCG)

Erik Skaaheim Haug

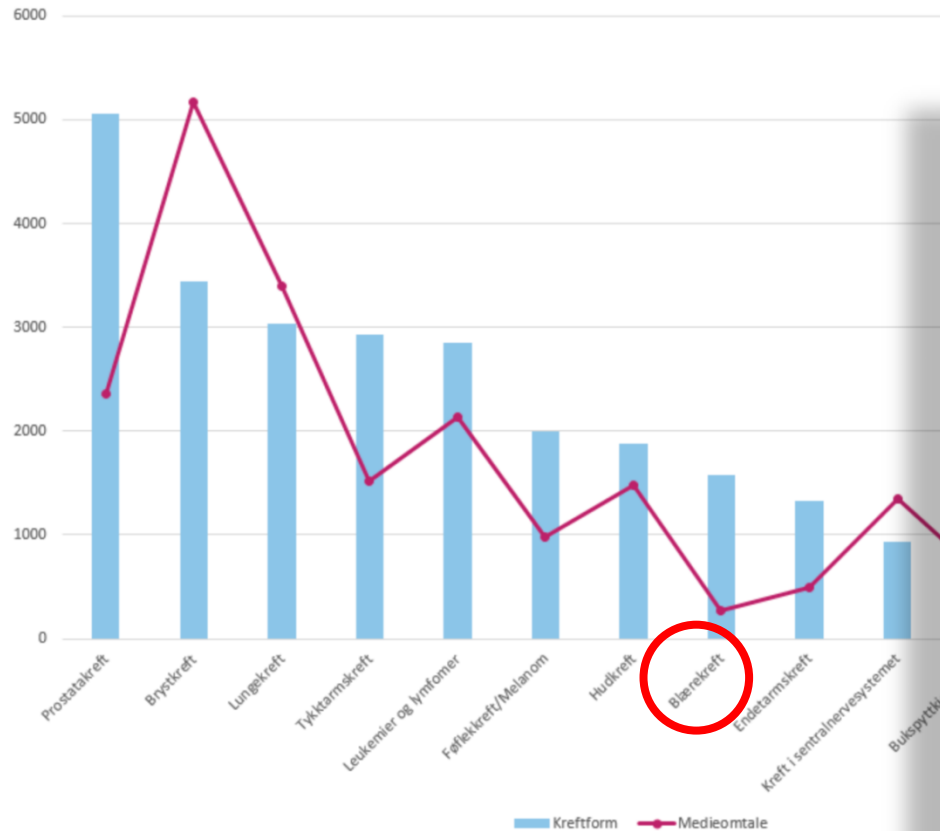
- Overlege dr. med. urologisk seksjon, Sykehuset i Vestfold HF
- Forsker i deltid, Institutt for Kreftgenetikk og informatikk, OUS
- Rådgiver i deltid, Kreftregisteret
- Forskning på prostata og blærekreft
- Leder Norsk urologisk cancer gruppe
- Leder Norsk Blære- og urotelialcancergruppe (NUCG)
- Leder Hdir's handlingsprogram-gruppe for blærekreft
- Medlem Nordisk urothelialcancergruppe
- Leder referansegruppen for Nasjonalt kvalitetsregister for prostatakraft
- Deltatt i advisory board og med foredrag for Photocure innen blærekreft
- **Ingen interessekonflikter/ no disclosures**



Kreftforekomst og medieoppslag

Er det en sammenheng?

Kreftformer og medieomtale



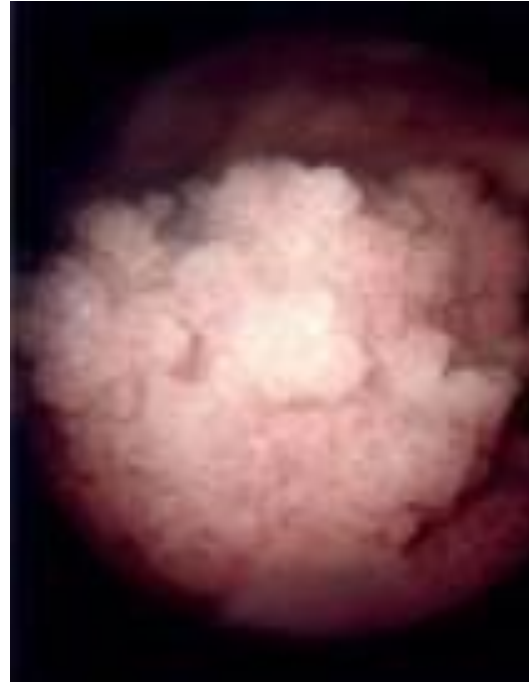
Brystkreft får mest oppmerksomhet

Brystkreft er kreftformen som oftest omtales i norske medier, viser en ny kartlegging fra Kreftregisteret. ➔



Blærekreft

- Vår mest ressurskrevende kreftform
 - Den hyppigst residiverende
 - 50% av NMIBC får rekurrens
- Lett økende insidens
- 70 år i snitt ved diagnose
- Ofte raskt voksende
- Kjente risikofaktorer
 - Røyking, aromatiske aminer
 - Hereditet, Lynch syndrom
 - Tidligere kreftbehandling
- 3,5% av alle krefttilfeller
 - 4. hyppigste blant menn – nr 8 totalt



Typisk Henvisning:

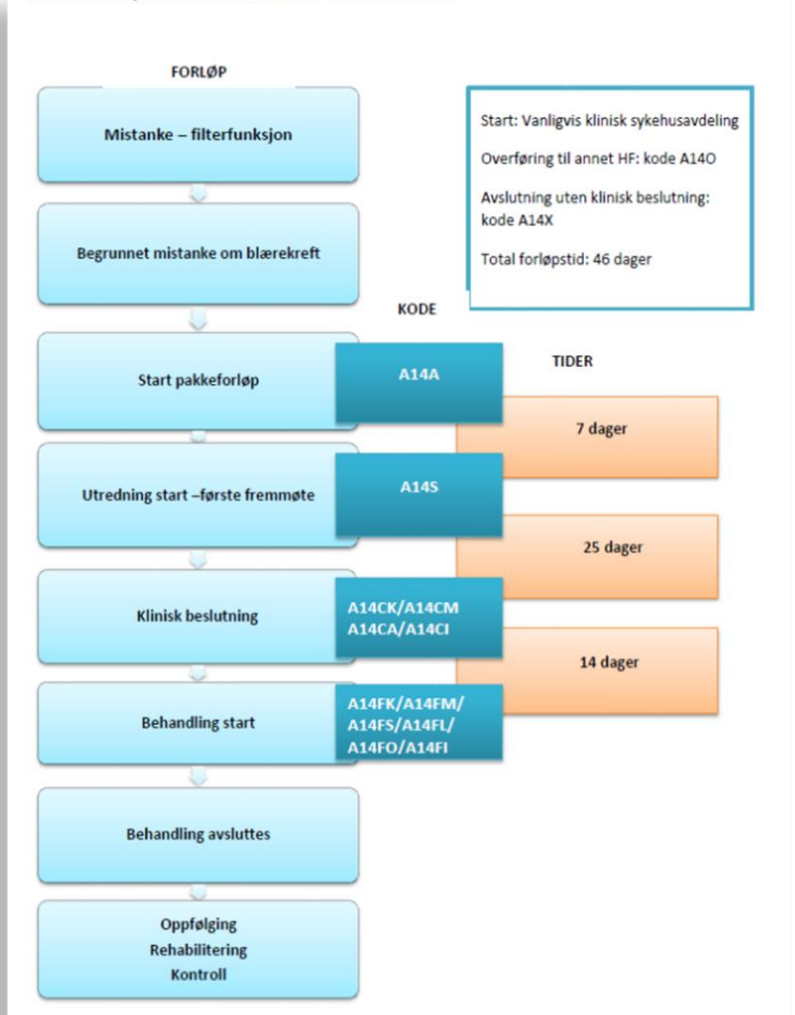
- Eldre mann
- Røker eller tidligere røkende
- Industriarbeider, brannmann?
- Makroskopisk hematuri
- Vedvarende positiv Urin-stix evt m/ vannlatingsbesvær
- Vannlatingsmerter
- UL- / CT-funn

Epidemiologi – Blærekreft

Insidens- Prevalens

- 1852 nye tilfeller i Norge i 2020
 - 1578 nye tilfeller i Norge i 2015
- 442 Kvinner 1442 Menn (ratio 3,7)
- Median alder diagnose 73 år
- Ca. 50-60 nye tilfeller i Vestfold
- 13.382 mennesker levde med blærekreft i Norge i 2015
- 5 års relativ overlevelse alle former;
 - Kvinner 68,2 %
 - Menn 76,1 %

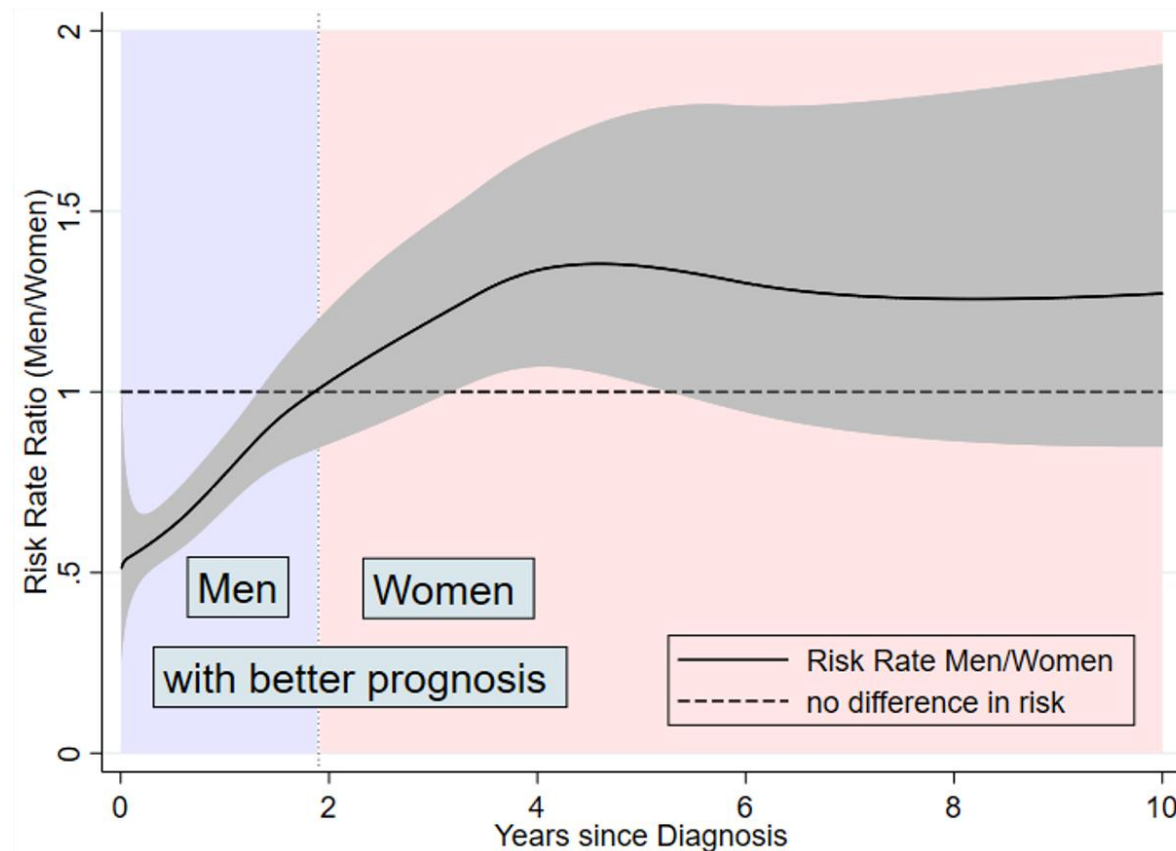
PAKKEFORLØP FOR BLÆREKREFT – FLYTSKJEMA



Forekomst av kreft i blære og urinveier i Norge i 2018

	Nyrebekken (C65)	Urinleder (C66)	Blære (C67)	Uspes. urinveier (C68)
Antall (%) pasienter i 2018	108 (6 %)	53 (3 %)	1516 (87 %)	71 (4 %)

Har kvinner reelt høyere dødelighet av blærekreft?



Andreassen B, et al. Eur J Cancer. 2018

«Den høye forekomsten av (hemorragiske) cystitter kan gi dødelige forsinket diagnose hos kvinner»

Inndeling av blærekreft

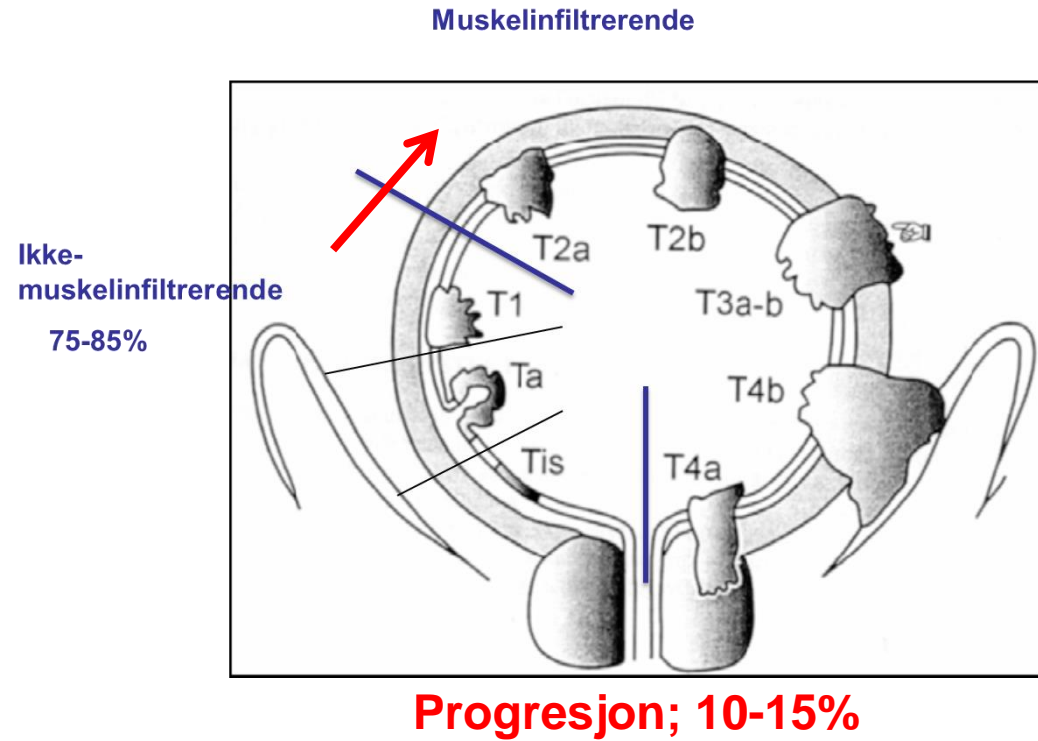
-(minst) 2 ulike sykdommer?

Det vesentlige:

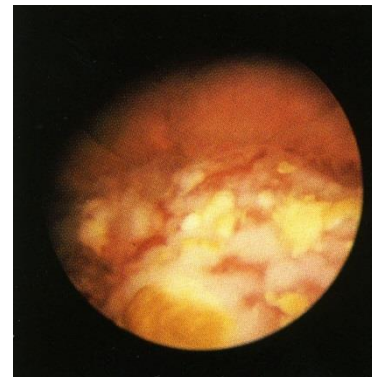
T-Stadium: Tumors utbredelse i
blæras vegglag

Histologisk Grad:

- WHO 1973;WHO 1-2-3
- WHO/ISUP – 1998/2004:
 - PUNLMP
 - Lavgradig
 - Høygradig
- Cis (Tis)



cTa



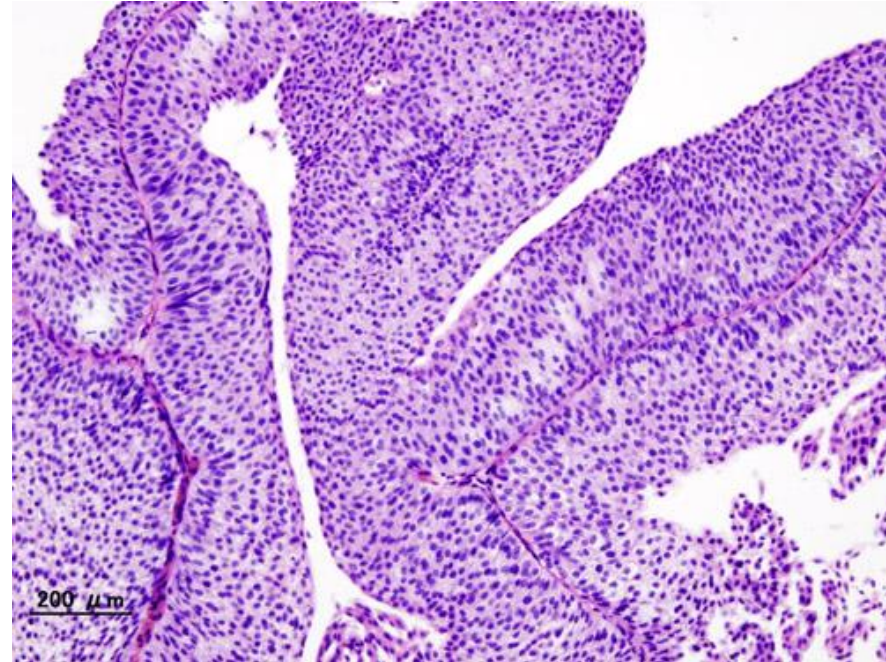
cT3-4



cT?

Blærekreft \approx Urothelialt carcinom (UTC)

- 6% - Nyrebekken
 - 3% - Ureter
 - **90%- Blære**
 - 1% - Uretra
-
- Mens 5 % av Blærekreft er ikke UTC
 - Platepitelcancere
 - Adenocarcinom
 - Småcellet



Variant histology

- Variant Bladder cancer histology;
 - =Any kind of **non**-urothelial transitional carcinoma
 - Pure** Variant: No component of UTC
 - Mixed** : any percentage of UTC + component of any other histology (= **Differentiation**)
- All Variant histology are **High Grade**
- More **advanced stage**
 - Worse prognosis stage by stage?
 - Probably not for most types
- Prevalence: 5-40 %
- Correct diagnosis depend on
 - TURB- sampling
 - Pathology expertise
- Percentage of variant should be reported

Table 1 World Health Organization classification of tumors of the urothelial tract

Table 1 | Classification of urothelial tract tumours

Tumour type	ICD-O	Behaviour*
Urothelial tumours		
Infiltrating urothelial carcinoma	8120	3
Nested, including large nested microcystic	NR	NR
Micropapillary	8131	3
Lymphoepithelioma-like	8082	3
Plasmacytoid / signet ring cell / diffuse	NR	NR
Sarcomatoid	8122	3
Giant cell	8031	3
Poorly differentiated	8020	3
Lipid-rich	NR	NR
Clear cell	NR	NR
Non-invasive urothelial neoplasms		
Urothelial carcinoma in situ	8120	2
Non-invasive papillary urothelial carcinoma, low-grade	8130	2
Non-invasive papillary urothelial carcinoma, high-grade	8130	2
Papillary urothelial neoplasm of low malignant potential	8130	1
Urothelial papilloma	8120	0
Inverted papilloma	8121	0
Urothelial proliferation of uncertain malignant potential	NR	NR
Urothelial dysplasia	NR	NR
Squamous cell neoplasm		
Pure squamous cell carcinoma	8070	3
Verrucous carcinoma	8051	3
Squamous cell papilloma	8052	0
Glandular neoplasms		
Adenocarcinoma, NOS	8140	3
Enteric	8144	3
Mucinous	8480	3
Mixed	8140	3
Villous adenoma	8261	0
Urachal carcinoma	8010	3
Tumours of Müllerian-type		
Clear cell carcinoma	8310	3
Endometrioid carcinoma	8380	3
Neuroendocrine tumours		
Small cell neuroendocrine carcinoma	8041	3
Large cell neuroendocrine carcinoma	8013	3
Well-differentiated neuroendocrine tumour	8240	3
Parganglioma	8693	1
Melanocytic tumours		
Malignant melanoma	8720	3
Naevus	8720	0
Melanosis	NR	NR

Glandular neoplasms
Adenocarcinoma, NOS
Enteric
Mucinous
Mixed
Villous adenoma

Table 1 (cont.) | Classification of urothelial tract tumours

Tumour type	ICD-O	Behaviour*
Mesenchymal tumours		
Rhabdomyosarcoma	8900	3
Leiomyosarcoma	8890	3
Angiosarcoma	9120	3
Inflammatory myofibroblastic tumour	8825	1
Perivascular epithelioid cell tumour	NR	NR
Benign	8714	0
Malignant	8714	3
Solitary fibrous tumour	8815	1
Leiomyoma	8890	0
Haemangioma	9120	0
Granular cell tumour	9580	0
Neurofibroma	9540	0
Urothelial tract haematopoietic and lymphoid tumours		
Miscellaneous tumours		
Carcinoma of Skene, Cowper and Littre glands	8140	3
Metastatic tumours and tumours extending from other organs	NR	NR
Epithelial tumours of the upper urinary tract	NR	NR
Tumours arising in a bladder diverticulum	NR	NR
Urothelial tumours of the urethra	NR	NR

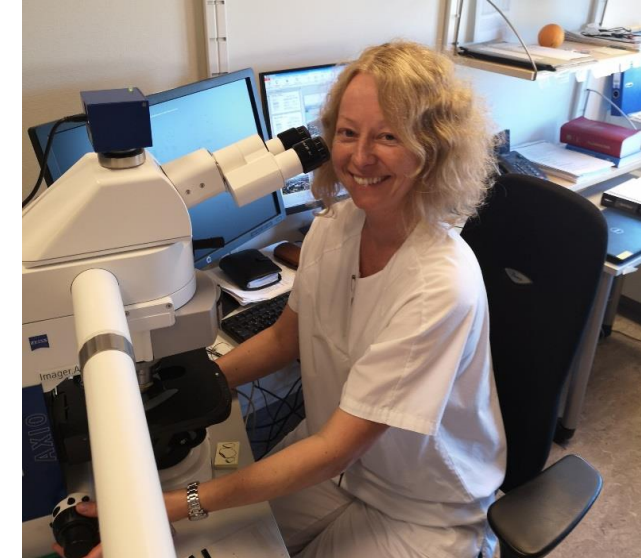
*Behaviour is coded 0 for benign tumours; 1 for unspecified, borderline, or uncertain features; 2 for carcinoma in situ and grade III intraepithelial neoplasia; and 3 for malignant tumours. ICD-O, International Classification of Diseases for Oncology; NR, not reported. Adapted from WHO Classification of Tumours of the Urinary System and Male Genital Organs. Moch et al. (2016) with permission from Elsevier¹.

tion of
Organs.

Moch H, Humphrey PA, Ulbright TM, et al. WHO Classification of Tumours of the Urinary System and Male Genital Organs. IARC, Lyon, 2016

The Vestfold Experience

- 241 cystectomy-specimens, 2000-2016 containing tumor
- Re-examined by a uropathologist
- **Pure Histology**
 - 93,8 % UTC
 - 4,1 % Squamous cell carcinoma
 - 0,4 % Adenocarcinoma
 - 1,7 % Small cell/ Neuroendocrin carcinoma
- 35,5 % of UTC had **Mixed** histology
 - 19,5 % Squamous differentiation
 - 2,9 % Glandular differentiation
 - 6,6 % Micropapillary differentiation
 - 2,1 % Lymfoepiteliomalike/Plasmacytoid/signet ringcell
 - 1,2 % Nested differentiation
 - 1,2 % Sarkomatoid differentiation
 - 1,2 % Mixed/ several patterns
 - 0,8 % Undifferentiated



Pathologist Birgitte Carlsen



Development of Variant histology

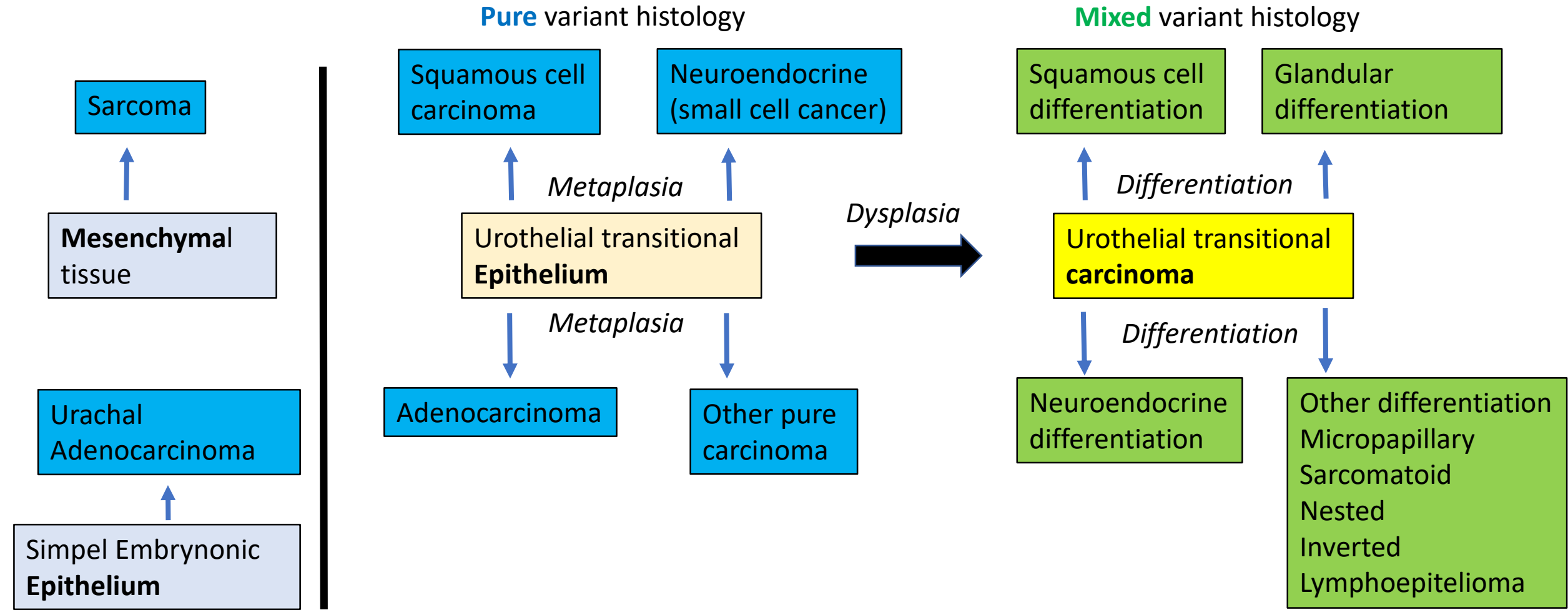


Figure: ES Haug 2019

Variant histology – Urothelial type

- Micropapillary
 - 0,6-2,0 % of all Bca
 - Extremely aggressive behaviour
 - Amount seems associated with Disease Specific Survival.
- Sarcomatoid (=carcinosarcoma?)
 - 0,3-0,6 %
 - May consist of different sarcomas
 - Previous radiation, cyclophosphamid are risk factors
- Rare;
 - Nested
 - Plasmacytoid/ signet ring
 - Lymphoepithelioma-like

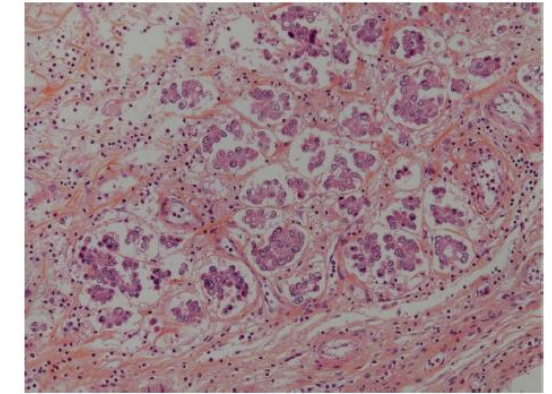


Figure 4 | **Micropapillary variant.** The empty spaces around the tumour cells can be mistaken for lymphovascular invasion. Immunohistochemistry can be helpful in the differential diagnosis (haematoxylin, eosin, and saffron stain, magnification x 200).

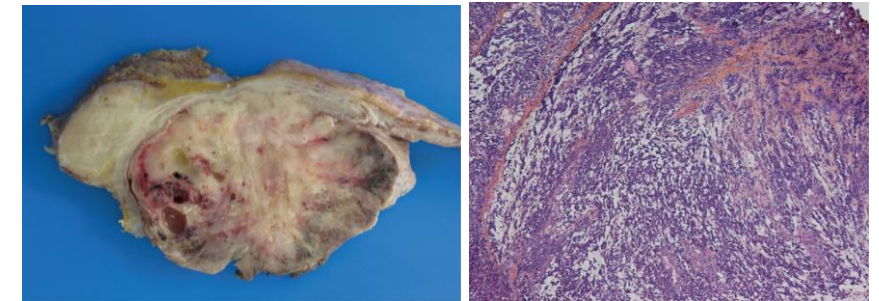


Figure 5 | **Gross aspects of a sarcomatoid carcinoma in the bladder.** **a** | Huge mass with haemorrhage and necrotic areas, largely invading the bladder wall. **b** | Corresponding histology. Fusiform cells with poorly differentiated fascicles, destroying the underlying bladder wall (haematoxylin, eosin, and saffron stain, magnification x50).

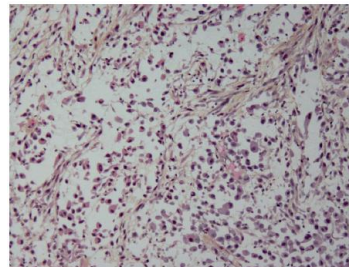


Figure 6 | **The plasmacytoid aspects with independent floating cells.** Tumour cells look similar to plasma cells, they invade the bladder wall in a diffuse manner (haematoxylin, eosin, and saffron stain, magnification x100).

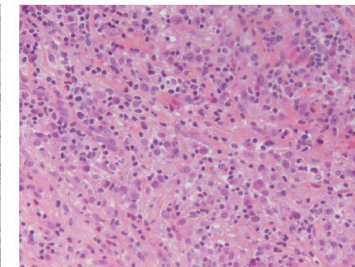
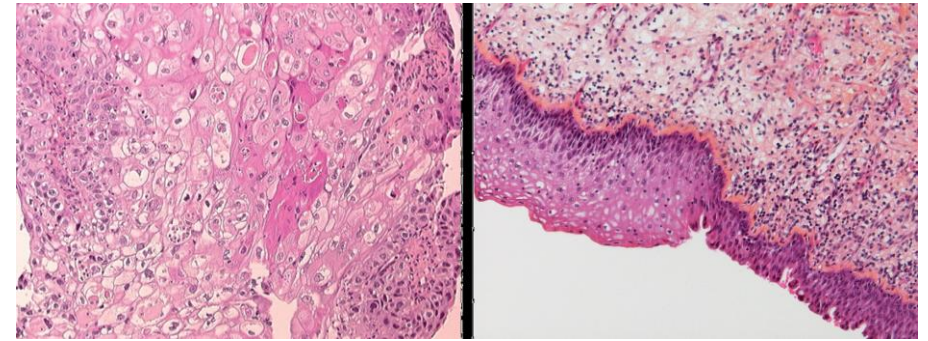


Figure 7 | **The lymphoepithelioma like variant.** Tumour cells and lymphocytes can be difficult to distinguish in this variant (haematoxylin, eosin, and saffron stain, magnification x200).

Variant histology – Non-urothelial type

- Squamous (SCC)
 - 5 % of all Bca
 - 30 % in the middle east due to *Schistosoma hematobium*
 - Preceded by Metaplasia
 - Related to chronic inflammation,
 - Often bulky, necrotic with keratinization,
 - Discrimination from SCC-differentiation may be irrelevant?
- Glandular/Adenocarcinoma
 - Present in upto 18 % of invasiv tumors
 - Mucous-producing
 - Enteric, Mucinous, Villous, Mixed, (**Urachal**)
- Neuroendocrine
 - <1%
 - Similar to Small Cell Lung Cancer
 - Small cell = most common neuroendocrine
 - Large cell, paraganglioma
 - May have adrenergic symptoms



Carcinoma

Metaplasia

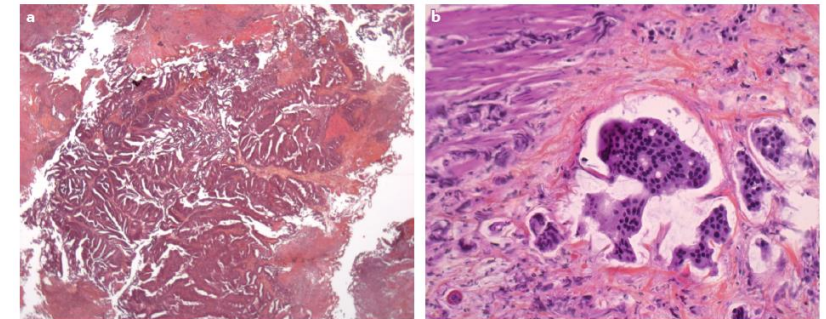
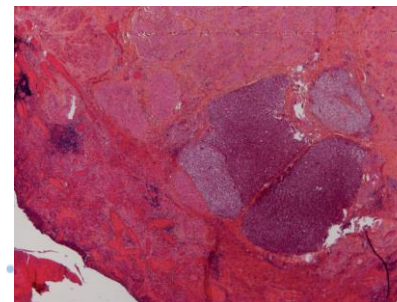
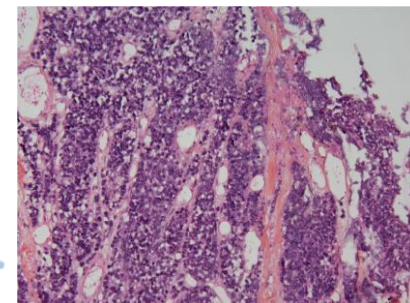


Figure 2 | **Glandular variant.** a | Resection specimen of an enteric adenocarcinoma (haematoxylin, eosin, and saffron stain (HES), magnification x25). b | The mucinous type (HES, magnification x200).



Paraganglioma



Urachal carcinoma

- 10 % of adenocarcinoma of the bladder
- Sheldon/ MDA-criteria for diagnosis
- Sheldon classification (Stage)
 - *I. Confined to urachal mucosa*
 - *II. Confined to urachus*
 - *III. Local extension into*
 - *A. Bladder*
 - *B. Abdominal wall*
 - *C. Peritoneum*
 - *Local Viscera*
 - *IV. Metastasis to*
 - *A. regional LN*
 - *B. Distant sites*
- Treatment:
 - Partial = radical cystectomy(?)
 - LND + Umbilectomy
 - FLOX-chemo?

Table 1 Criteria for the diagnosis of urachal adenocarcinoma

(A) Mandatory criteria

Location of the tumor in the bladder dome and/or anterior wall

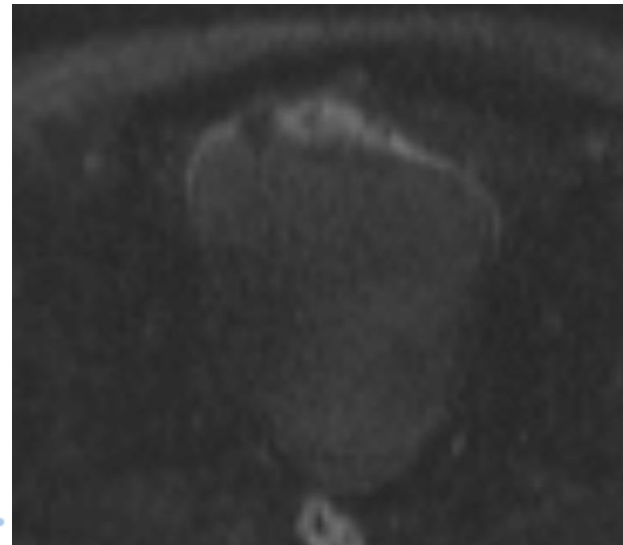
Epicenter of the carcinoma in the bladder wall

Absence of widespread cystitis cystica and/or cystitis glandularis beyond the dome or the anterior wall

Absence of a known primary elsewhere

(B) Optional criteria

Presence of urachal remnants in association with the tumor



Diffusion weighted MRI of urachal adenocarcinoma

Development of Bladder Cancer

EUROPEAN UROLOGY 75 (2019) 18–22

available at www.sciencedirect.com
journal homepage: www.europeanurology.com



Platinum Priority – Brief Correspondence
Editorial by Jon L. Griffin on pp. 23–24 of this issue

Intratumoral Heterogeneity of Bladder Cancer by Molecular Subtypes and Histologic Variants

Joshua I. Warrick^{a,b,*}, Gottfrid Sjö Dahl^c, Matthew Kaag^b, Jay D. Raman^b, Suzanne Merrill^b, Lauren Shuman^a, Guoli Chen^a, Vonn Walter^d, David J. DeGraff^{a,b}

^aDepartment of Pathology—Penn State College of Medicine, Hershey, PA, USA; ^bDepartment of Surgery, Division of Urology—Penn State College of Medicine, Hershey, PA, USA; ^cDivision of Urological Research, Department of Translational Medicine, Lund University, Skåne University Hospital, Malmö, Sweden; ^dDepartment of Public Health Sciences, Penn State College of Medicine, Hershey, PA, USA

Article info

Article history:
Accepted September 1, 2018

Associate Editor:
James Catto

Statistical Editor:
Andrew Vickers

Keywords:
Molecular subtype
Histologic variant
Intratumoral heterogeneity

EU★ACME

www.eu-acme.org/europeanurology
Please visit
www.eu-acme.org/europeanurology
to answer questions on-line. The EU-ACME credits will then be attributed automatically.

Abstract

Molecular subtyping may inform on prognosis and treatment response in bladder cancer. However, intratumoral molecular heterogeneity is not well studied in this disease and could complicate efforts to use molecular subtyping to guide patient management. To investigate intratumoral heterogeneity in bladder cancer, we examined molecular subtypes in a consecutive, retrospective cystectomy series of histologic variant bladder cancers and conventional urothelial carcinomas co-occurring with them. Molecular subtypes were assigned as per the approach reported by Lund University, an approach that incorporates cell cycle alterations and markers of differentiation, to give the urothelial-like, genomically unstable, basal-squamous, mesenchymal-like, and neuroendocrine-like subtypes. The majority (93%) of tumors were classified as urothelial-like, genomically unstable, or basal-squamous. Among patients with more than one tumor histology, 39% demonstrated molecular heterogeneity among the different tumor histologies. This was greatest for the basal-squamous subtype, 78% of which co-occurred with either urothelial-like or genomically unstable carcinoma (among cases with multiple histologies). In contrast, there was no co-occurrence of urothelial-like and genomically unstable carcinoma in the same patient. The findings indicate that bladder cancer is often molecularly heterogeneous, particularly in the basal-squamous subtype. This raises the concern for sampling error in laboratory tests that guide therapy based on molecular subtyping.

Patient summary: In this report, we investigated molecular diversity among different areas from the same tumor in patients with bladder cancer. We found that different areas from the same tumor are often molecularly different. We conclude that this biological diversity must be taken into account when interpreting clinical molecular tests performed on bladder cancer samples.

© 2018 European Association of Urology. Published by Elsevier B.V. All rights reserved.

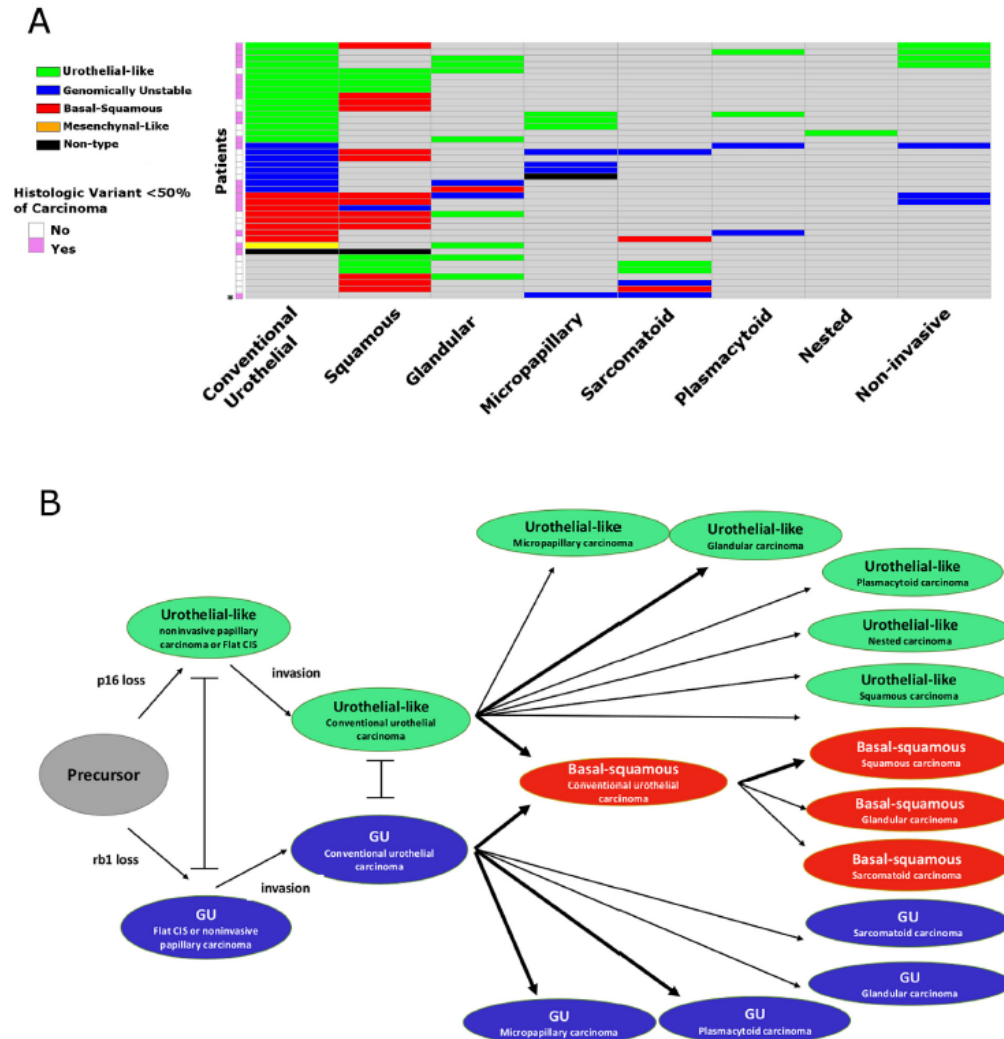


Fig. 2 – Molecular and histomorphologic heterogeneity in bladder cancer. (A) Histologic and molecular heterogeneity presented for each patient with multiple histologies; each row is an individual patient, and each column represents a different histology. Also indicated is whether histologic variant accounted for <50% of tumor burden, an observation relevant to inclusion in clinical trials. Noninvasive = either flat urothelial carcinoma in situ or noninvasive papillary urothelial carcinoma. *This cancer contained >50% conventional urothelial carcinoma, but immunohistochemistry failed for this histology and it was thus not subtyped. **(B)** Theoretical framework for evolution of bladder cancer. In this model, bladder cancer begins as early, noninvasive neoplasia. This precursor then loses expression of a major cell cycle regulator, either p16 or RB1. The tumor then invades as conventional urothelial carcinoma, either urothelial-like or genomically unstable, either of which may evolve to basal-squamous carcinoma. Histologic variants evolve from these, through additional genomic alterations. Greater arrow thickness indicates increased probability that a case will follow the given evolutionary step. CIS = carcinoma in situ; GU = genomically unstable.

Basis for response to chemotherapy

Current Oncology Reports (2019) 21: 23
https://doi.org/10.1007/s11912-019-0772-8

GENITOURINARY CANCERS (DP PETRYLAK AND JW KIM, SECTION EDITORS)



Clinical and Genomic Considerations for Variant Histology in Bladder Cancer

Justin T. Matulay¹ · Vikram M. Narayan¹ · Ashish M. Kamat¹

Published online: 26 February 2019
© Springer Science+Business Media, LLC, part of Springer Nature 2019

Abstract

Purpose of Review Urothelial carcinoma demonstrates remarkable plasticity in its ability to differentiate into divergent histologic subtypes in both a pure and mixed form. This review presents the most current data pertaining to bladder cancer with variant histology. **Recent Findings** Recognition of bladder cancer variants has increased profoundly in the past two decades with their inclusion in the pathologic guidelines and increased awareness among pathologists and urologists. Most of the available literature consists of small single-institution studies, but there is compelling evidence to support deviation from the normal urothelial carcinoma management pathways for certain subtypes. While traditionally diagnosed by microscopic appearance, next-generation sequencing and molecular profiling have enabled identification of genomic markers associated with specific variants that exist in tumors lacking classic histologic hallmarks. This genomic information holds promise for predicting response to specific treatments or even in the development of novel targeted therapies.

Summary Combining increased awareness of variant histology, its impact on clinical outcomes, and genomic data will result in a more nuanced treatment approach to reduce morbidity and optimize oncologic outcomes for our patients.

Keywords Bladder cancer · Variant histology · Molecular profiling

Introduction

Bladder cancer, the world's 10th most common malignancy, is often referred to synonymously with urothelial carcinoma (UC) since this is the histology in roughly 90% of cases [1, 2]. The urothelium of the bladder exhibits a remarkable ability for divergent differentiation resulting in several histologic variants of urothelial cell origin [3]. Classification is made based on microscopic cytoarchitectural appearance, and much of the nomenclature is borrowed from neoplasms of other organ sites with similar morphology [3, 4*]. It is important to define what

exactly is meant by the term “variant histology” since it impacts the spectrum of disease and, for our purposes, any non-pure UC bladder cancer is considered a variant (Table 1).

Under the heading of variant histology, there are pure divergent histologies where a single morphologic subtype is present throughout without a distinct urothelial component, e.g., squamous cell carcinoma (SCC) of the bladder [4*]. If the divergent morphology occurs with at least some degree of typical UC, then the tumor is classified as urothelial carcinoma “with divergent differentiation.” This distinction is important due to differences in prognosis and management (addressed later). It is worth mentioning that variant histology is not limited to the bladder but has been described throughout the urothelial-lined surfaces of the urinary tract including 9 to 24% of nephroureterectomy specimens; however, the body of literature is very limited for extravesical sites [5–7].

Impact of Variant Histology

The incidence of variant histology appears to be increasing over time; however, this is due in large part to increased recognition of histologic subtypes and improved reporting. On blinded

This article is part of the Topical Collection on Genitourinary Cancer

Ashish M. Kamat
akamat@mdanderson.org
Justin T. Matulay
jmatulay@mdanderson.org
Vikram M. Narayan
vsnarayan@mdanderson.org

¹ Department of Urology, Division of Surgery, University of Texas MD Anderson Cancer Center, 1515 Holcombe Blvd., Unit 1373, Houston, TX 77030, USA

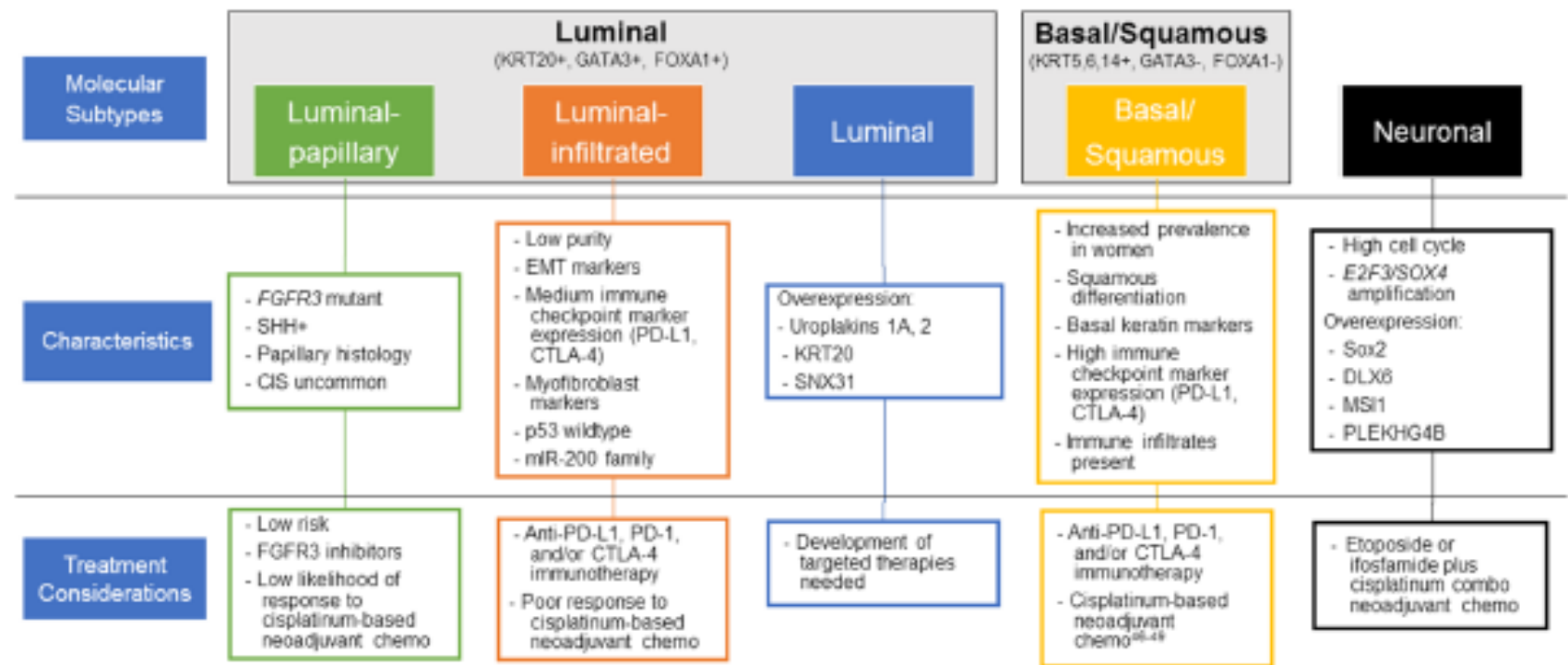


Fig. 1 Molecular subtypes of muscle invasive bladder cancer. Characteristics and specific treatment considerations are listed for each category. Reprinted from *Cell*, Volume 171, Issue 3, Robertson AG, Kim

J, Al-Ahmadie H, et al., *Comprehensive Molecular Characterization of Muscle-Invasive Bladder Cancer*, pages 540–556 e525, ©2017, with permission from Elsevier

Effect of Neo-adjuvant Chemo in Mixed Variant

Scosurev E, et al. *BJU Int* 2010; 108: 693-700

BJUI
FOR INTERNATIONAL

Do mixed histological features affect survival benefit from neoadjuvant platinum-based combination chemotherapy in patients with locally advanced bladder cancer? A secondary analysis of Southwest Oncology Group-Directed Intergroup Study (S8710)

Emil Scosyrev¹, Benjamin W. Ely², Edward M. Messing¹, V.O. Speights³, H. Barton Grossman⁴, David P. Wood⁵, Ralph W. de Vere White⁶, Nicholas J. Vogelzang⁷, Donald L. Trump⁸, Ronald B. Natale⁹, Catherine M. Tangen², E. David Crawford¹⁰ and Ian M. Thompson¹¹

¹University of Rochester, Rochester, NY; ²Southwest Oncology Group Statistical Center, Seattle, WA; ³Scott and White Clinic, Temple, TX; ⁴M.D. Anderson Cancer Center, Houston, TX; ⁵University of Michigan, Ann Arbor, MI; ⁶University of California at Davis, Sacramento, CA; ⁷Comprehensive Cancer Centers of Nevada, Las Vegas, NV; ⁸Southwest Oncology Group and previously, Cancer and Leukemia Group B; ⁹Roswell Park Cancer Institute, Buffalo, NY (Eastern Cooperative Oncology Group); ¹⁰Cedars-Sinai Comprehensive Cancer Center, Los Angeles, CA; and ¹¹University of Colorado, Aurora, CO, and ¹²University of Texas Health Science Center, San Antonio, TX, USA
Accepted for publication 1 September 2010

Study Type - Therapy (RCT)
Level of Evidence 1b

OBJECTIVE

- To determine whether the effect of neoadjuvant chemotherapy with methotrexate, vinblastine, doxorubicin and cisplatin (MVAC) on the survival of patients with locally advanced urothelial carcinoma (UC) of the bladder treated with radical cystectomy varies with the presence of non-urothelial components in the tumour.

PATIENTS AND METHODS

- This is a secondary analysis of the Southwest Oncology Group-directed intergroup randomized trial S8710 of neoadjuvant MVAC followed by cystectomy versus cystectomy alone for treatment of locally advanced UC of the bladder.
- For the purpose of these analyses, tumours were classified based on the presence of non-urothelial components as either pure UC (n = 236) or mixed tumours (n = 59). Non-urothelial components included squamous and glandular differentiation.
- Cox regression models were used to estimate the effect of neoadjuvant MVAC on all-cause mortality for patients with pure UC

What's known on the subject? and What does the study add?

In a meta-analysis of randomized trials, neoadjuvant platinum-based combination chemotherapy administered before definitive local treatment improved survival of patients with muscle-invasive bladder cancer compared with definitive local treatment alone. However, it was not known whether chemotherapy was equally effective for pure urothelial carcinoma versus urothelial carcinoma with mixed histological features, such as squamous or glandular differentiation.

To address this question we performed a secondary analysis of the Southwest Oncology Group-directed intergroup randomized trial S8710 of neoadjuvant methotrexate, vinblastine, doxorubicin, and cisplatin (MVAC) followed by cystectomy versus cystectomy alone for treatment of locally advanced urothelial cancer of the bladder. Our findings suggest that presence of squamous or glandular differentiation does not confer resistance to combination chemotherapy with MVAC and in fact may be an indication for the use of neoadjuvant chemotherapy before radical cystectomy.

and for patients with mixed tumours, with adjustment for age and clinical stage.

RESULTS

- There was evidence of a survival benefit from chemotherapy in patients with mixed tumours (hazard ratio 0.46; 95% CI 0.25-0.87; P = 0.02). Patients with pure UC had improved survival on the chemotherapy arm but the survival benefit was not statistically significant (hazard ratio 0.90; 95% CI 0.67-1.21; P = 0.48).
- There was marginal evidence that the survival benefit of chemotherapy in patients with mixed tumours was greater than it was

for patients with pure UC (interaction P = 0.09).

CONCLUSION

- Presence of squamous or glandular differentiation in locally advanced UC of the bladder does not confer resistance to MVAC and in fact may be an indication for the use of neoadjuvant chemotherapy before radical cystectomy.

KEYWORDS

urothelial carcinoma, mixed histological features, neoadjuvant chemotherapy

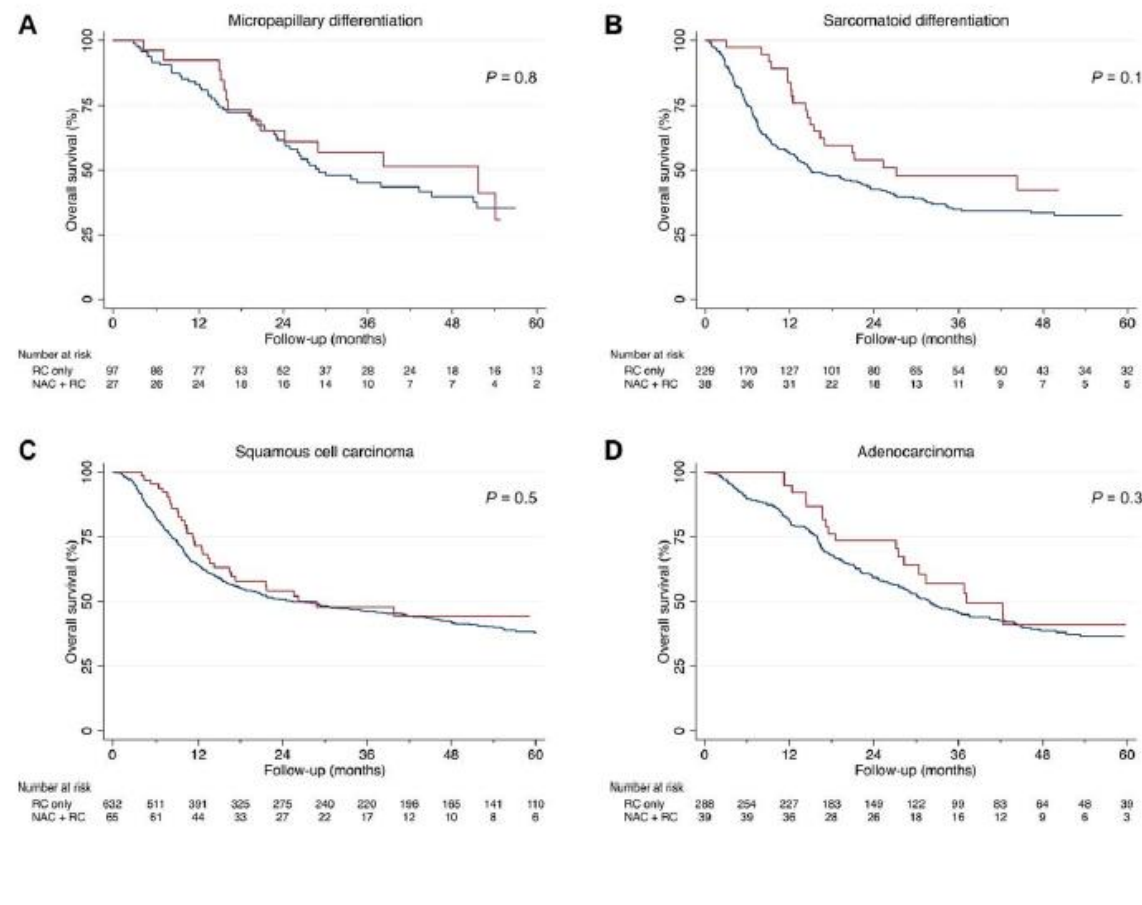
TABLE 5 Estimated five-year survival probabilities

Stage	Treatment	Pure UC		Mixed Tumors	
		5-yr survival*	95% CI	5-yr survival*	95% CI
cT2	Cystectomy-only	0.61	(0.52, 0.72)	0.54	(0.39, 0.74)
cT2	MVAC + cystectomy	0.64	(0.55, 0.74)	0.73	(0.62, 0.86)
cT3-T4a	Cystectomy-only	0.42	(0.34, 0.53)	0.34	(0.21, 0.55)
cT3-T4a	MVAC + cystectomy	0.46	(0.37, 0.56)	0.58	(0.45, 0.75)

*Adjusted for age by conditional standardization (conditioned on the average age of all patients in the study); cT2 = clinical stage T2, cT3-T4a = clinical stage T3-T4a. UC, urothelial carcinoma; MVAC, methotrexate, vinblastine, doxorubicin and cisplatin.

- Subgroup analysis from SWOG-S8710
- Randomized:
 - RC: 121 UTC + 27 Mixed
 - NAC + RC: 115 UTC + 32 Mixed
- Benefit of NAC in mixed variant, e.g. squamous and glandular differentiation

- Vetterlein MW, et al. Cancer 2017; Nov: 4346-4355



VESTFOLD HOSPITAL

Flow chart - MIBC

Willis, Kamat. *Hematol Oncol Clin N Am* 2015; 29: 237-52

Nonurothelial Bladder Cancer and Rare Variant Histologies

Daniel Willis, MD, FACS, Ashish M. Kamat, MD, MEds*

KEYWORDS

• Urothelial carcinoma • Variant histology • Micropapillary bladder cancer • Radical cystectomy • Chemotherapy • Treatment guidelines

KEY POINTS

- At present, radical cystectomy is a mainstay in the management of all bladder cancers, whether of conventional urothelial histology or variant.
- In some variants, it is clearly not enough and multimodal therapy is imperative; in other cases, systemic therapy might be ineffective or even detrimental if it leads to delay in surgery.
- Identification of variant histology is a critical part of bladder cancer staging because such histology may require appropriately tailored therapy.

INTRODUCTION

Although approximately 80% of bladder cancer is caused by "conventional" urothelial carcinoma (UC), the remaining 10% to 25% is the result of nonurothelial and "variants" of UC.¹⁻² Although the term "variant histology" can sometimes be used in a variety of different capacities, for the current discussion variant histology refers to any bladder malignancy other than pure UC. This simplification includes UC with aberrant differentiation in which the tumor arises from a common urothelial stem cell as well as "non-urothelial" carcinoma, which is the result of metaplasia. In reality, these histologic descriptions are based on morphologic features from hematoxylin and eosin-stained pathologic sections with little insight into their biologic derivative. Furthermore, mixed histologies are often present (including so-called urothelial and nonurothelial carcinomas), for which the term variant histology is generally used. Box 1 describes the

Disclosure: Dr Kamat: FKD Industries Research Funding, Photocure Advisory Board, Bioniche Consultant, Sanofi Advisory Board, Merck Advisory Board, Abbott Molecular Consultant, Therase Consultant, Heat Biologics Research Funding. The University of Texas MD Anderson Cancer Center, 1515 Holcombe Boulevard, Unit 1373 Houston, TX 77030, USA.

* Corresponding author. The University of Texas MD Anderson Cancer Center, 1515 Holcombe Boulevard, Unit 1373, Houston, TX 77030, USA. E-mail address: akamat@mdanderson.org

Hematol Oncol Clin N Am 29 (2015) 237-252

<http://dx.doi.org/10.1016/j.hoc.2014.10.011>

0889-8589/15/\$ - see front matter © 2015 Elsevier Inc. All rights reserved.

hemonc.theclinics.com

Downloaded for Anonymous User (u/a) at Vestfold Hospital Trust from ClinicalKey.com by Elsevier on May 22, 2019. For personal use only. No other uses without permission. Copyright © 2019 Elsevier Inc. All rights reserved.

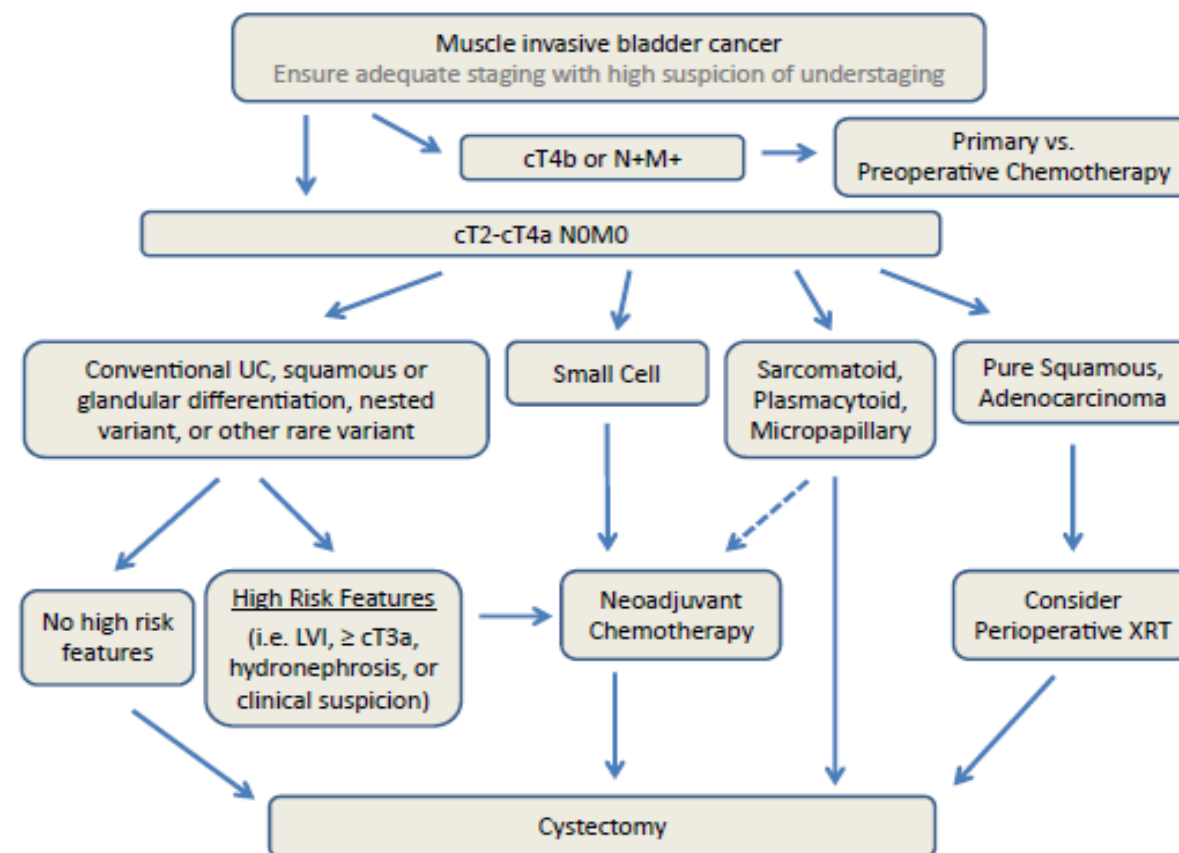


Fig. 2. Management of muscle-invasive bladder cancer and variant histology. Consider neoadjuvant chemotherapy for select patients. LVI, lymphatic invasion; UC, urothelial carcinoma; XRT, x-ray therapy.

Flow chart – Non-MIBC

Willis, Kamat. *Hematol Oncol Clin N Am* 2015; 29: 237-52

Nonurothelial Bladder Cancer and Rare Variant Histologies

Daniel Willis, MD, FACS, Ashish M. Kamat, MD, MBS*

KEYWORDS

• Urothelial carcinoma • Variant histology • Micropapillary bladder cancer
• Radical cystectomy • Chemotherapy • Treatment guidelines

KEY POINTS

- At present, radical cystectomy is a mainstay in the management of all bladder cancers, whether of conventional urothelial histology or variant.
- In some variants, it is clearly not enough and multimodal therapy is imperative; in other cases, systemic therapy might be ineffective or even detrimental if it leads to delay in surgery.
- Identification of variant histology is a critical part of bladder cancer staging because such histology may require appropriately tailored therapy.

INTRODUCTION

Although approximately 80% of bladder cancer is caused by “conventional” urothelial carcinoma (UC), the remaining 10% to 25% is the result of nonurothelial and “variants” of UC.¹⁻² Although the term “variant histology” can sometimes be used in a variety of different capacities, for the current discussion variant histology refers to any bladder malignancy other than pure UC. This simplification includes UC with aberrant differentiation in which the tumor arises from a common urothelial stem cell as well as “non-urothelial” carcinoma, which is the result of metaplasia. In reality, these histologic descriptions are based on morphologic features from hematoxylin and eosin-stained pathologic sections with little insight into their biologic derivative. Furthermore, mixed histologies are often present (including so-called urothelial and nonurothelial carcinomas), for which the term variant histology is generally used. Box 1 describes the

Disclosure: Dr Kamat: F&D Industries Research Funding, Photocure Advisory Board, Bioniche Consultant, Sanofi Advisory Board, Merck Advisory Board, Abbott Molecular Consultant, Therasee Consultant, Heat Biologics Research Funding.
The University of Texas MD Anderson Cancer Center, 1515 Holcombe Boulevard, Unit 1373 Houston, TX 77030, USA.

* Corresponding author. The University of Texas MD Anderson Cancer Center, 1515 Holcombe Boulevard, Unit 1373, Houston, TX 77030, USA.
E-mail address: akamat@mdanderson.org

Hematol Oncol Clin N Am 29 (2015) 237–252

<http://dx.doi.org/10.1016/j.hoc.2015.10.011>

0889-8589/15/\$ – see front matter © 2015 Elsevier Inc. All rights reserved.

hemonc.theclinics.com

Downloaded for Anonymous User (n/a) at Vestfold Hospital Trust from ClinicalKey.com by Elsevier on May 22, 2019.
For personal use only. No other uses without permission. Copyright © 2019 Elsevier Inc. All rights reserved.

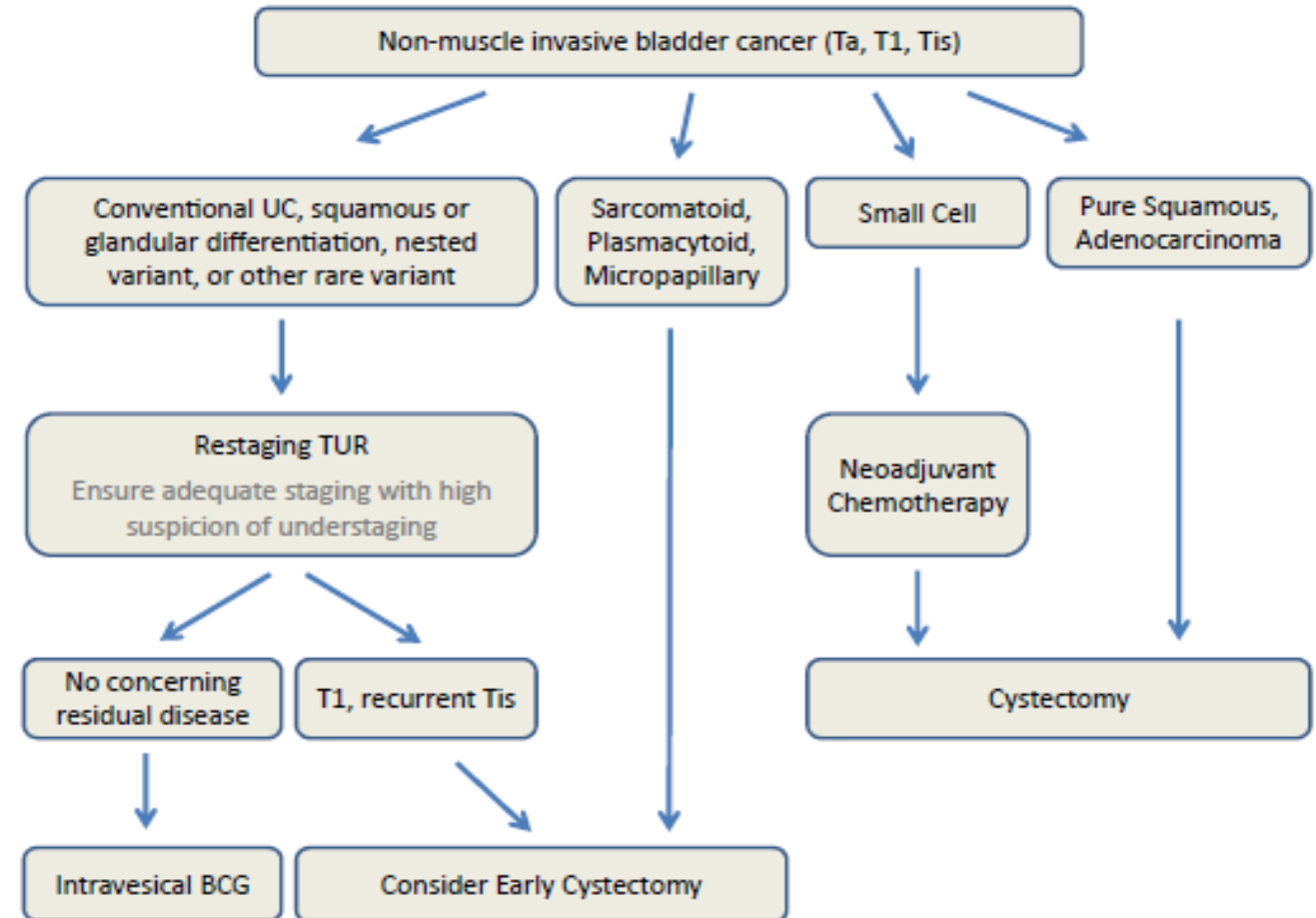
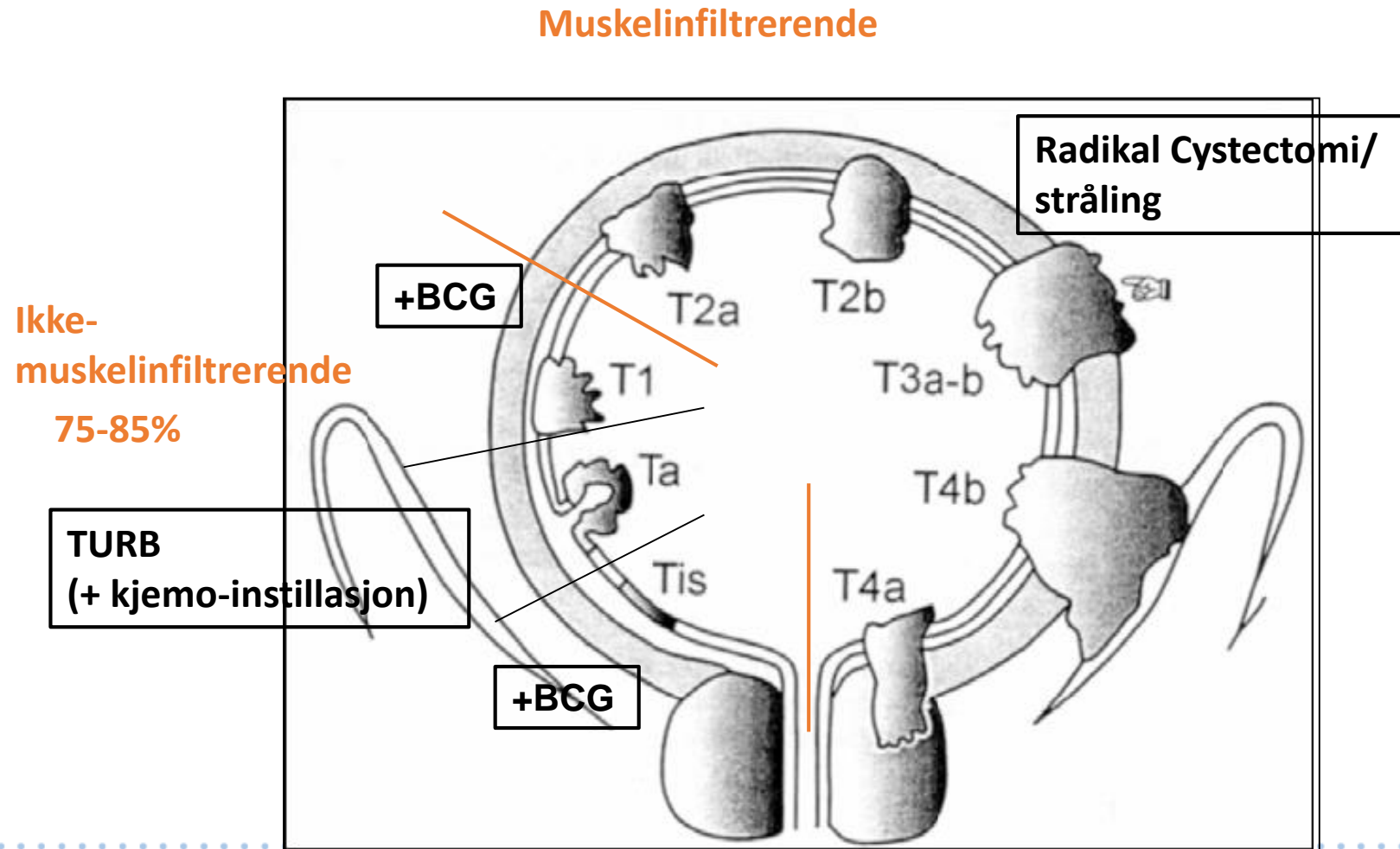


Fig. 1. Management of non-muscle-invasive and variant bladder cancer. BCG, Bacillus Calmette-Guerin; TUR, transurethral resection; UC, urothelial carcinoma.

(chemo)Radiation in mixed histology BCa

- Hardly mentioned in the reviews
- May be part of bladder preserving strategy in neuroendocrine carcinoma
 - Combined with Ethoposide-Cisplatin based Neo-Adjuvans
 - Trimodal therapy in small cell carcinoma has shown «fairly equivalent outcomes on small retrospective cohorts with short FU»
 - Prophylactic radiation to brain have been proposed, but is not established
- Adjuvant radiation after cystectomy for adenocarcinoma (and squamous) may be of value
 - Predisposition of local recurrence

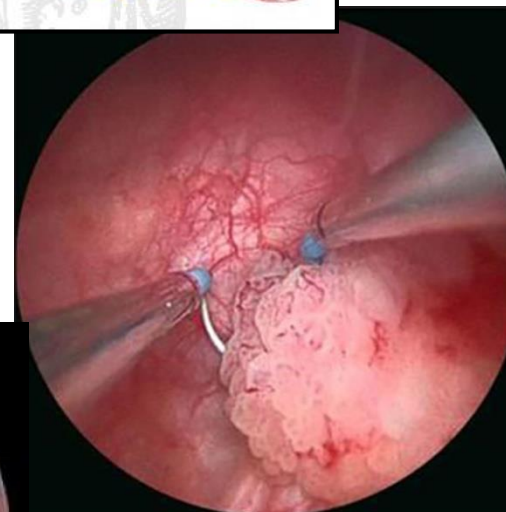
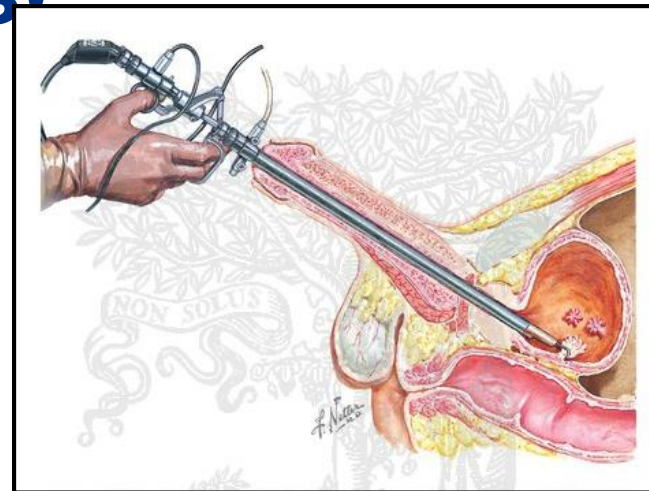
Behandling av blærekreft



Primær behandling: TUR-B

- TransUrethral Reseksjon av Blære
- 1.linje behandling av «alle» stadier!
- Det vanligste onkologiske inngrepet i Norge
- Utbredt i alle landets urologiske avdelinger
- Et «enkelt» inngrep?
- Også tilbakefall (recurrence) identifiseres ved cystoskopi

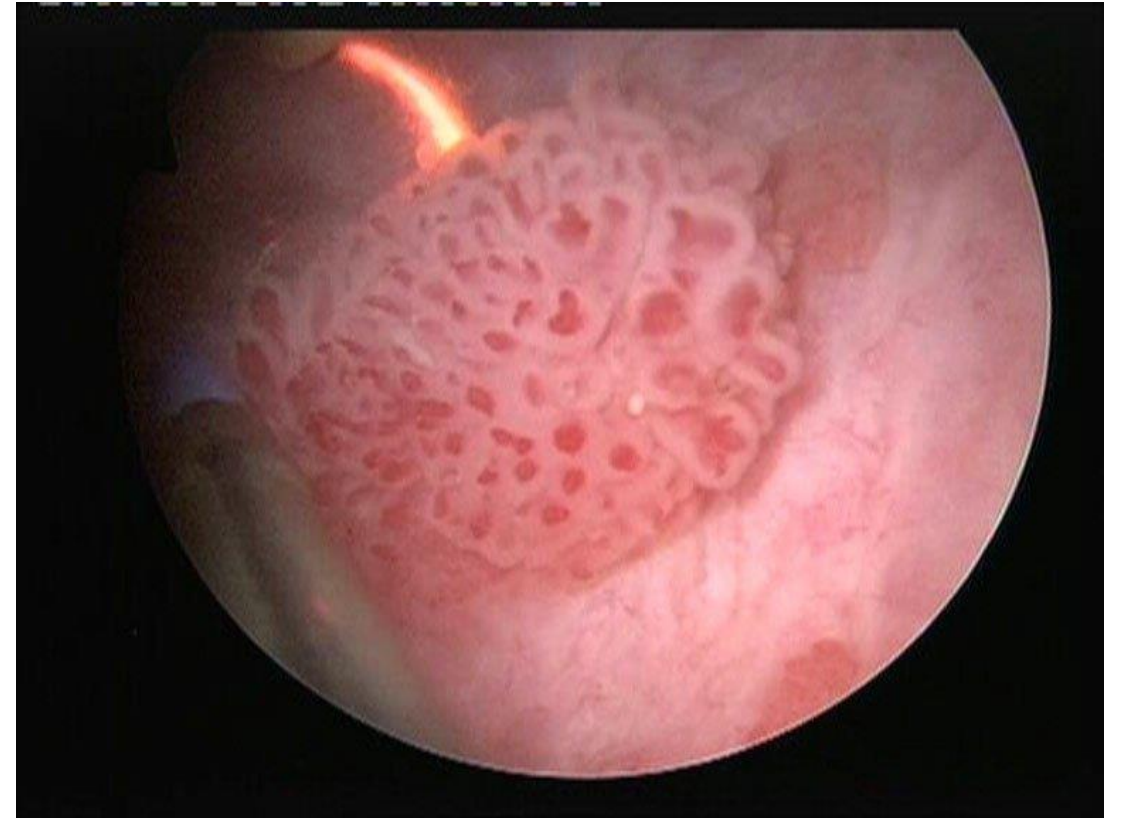
Skagerak blærekreftgruppe: «30 % av pasientene er pT0 i preparatet etter TUR-B utført pga mistanke om recurrence»



TURB - Hensikt

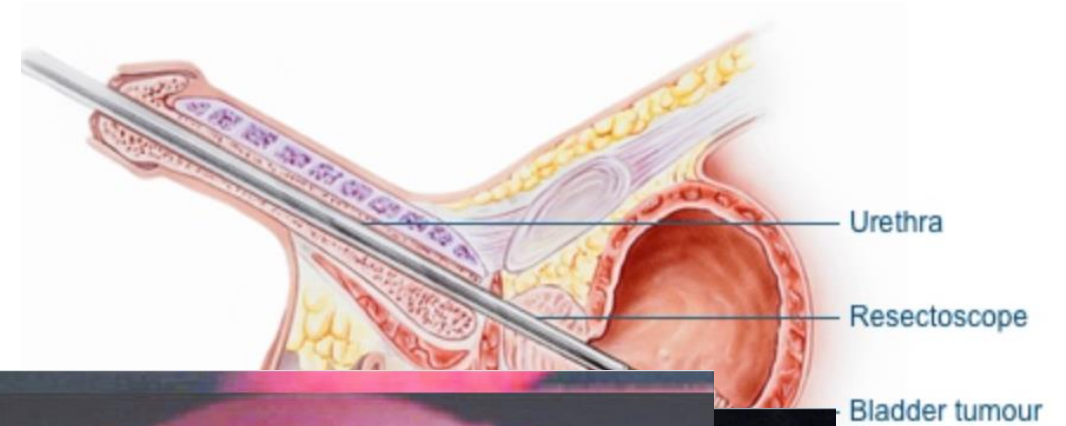
Biopsi & Behandling

- Stille diagnose
- Finne histologisk stadium
- Radikalt fjerne NMIBC
- Palliativ behandling ved MIBC



TURB - En krevende prosedyre

- Prosedyre i narkose evt. spinal
- Muskelrelaksasjon
- Mono eller bipolar strømslynge
- Skjærer tumor i mindre deler
- Evakuere tumor via resektoskopet
- Skjærestrøm og koagulasjonsstrøm
- Bimanuell palpasjon



TURB – Brudd med onkologiske prinsipper?

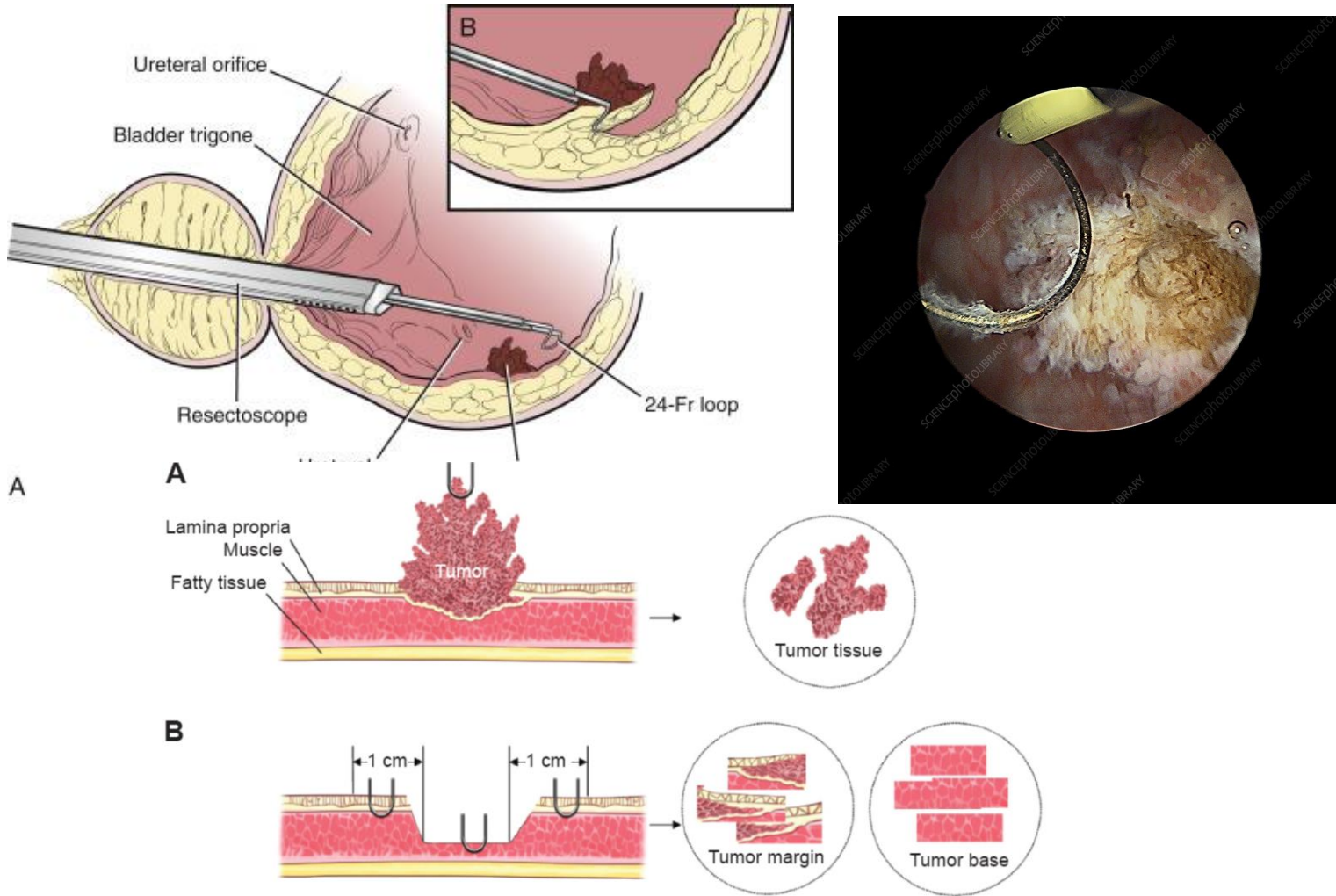


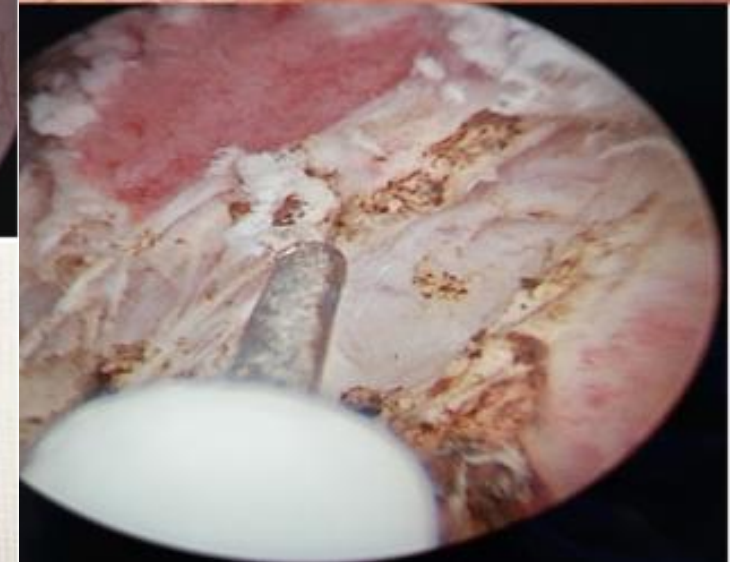
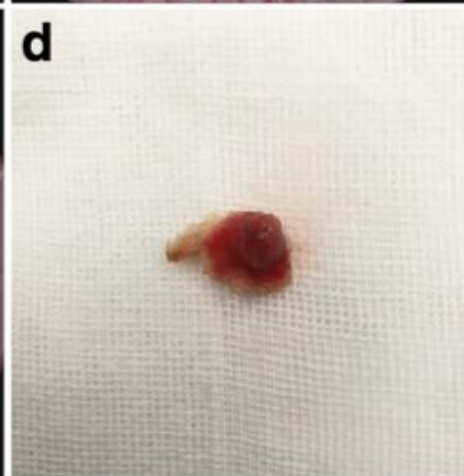
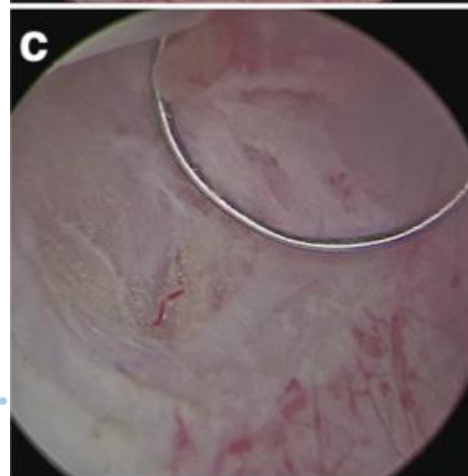
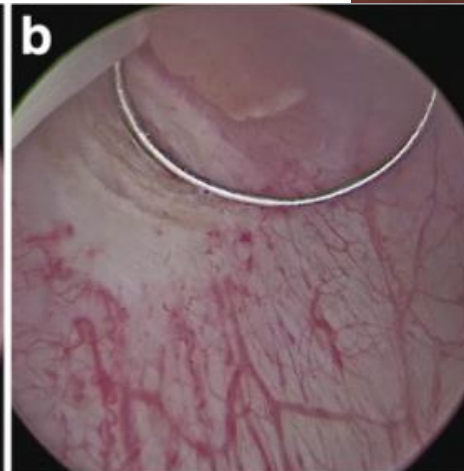
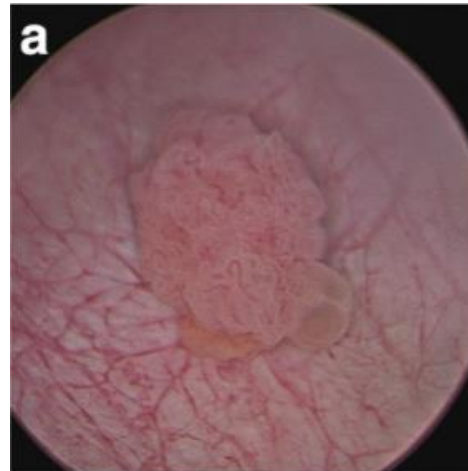
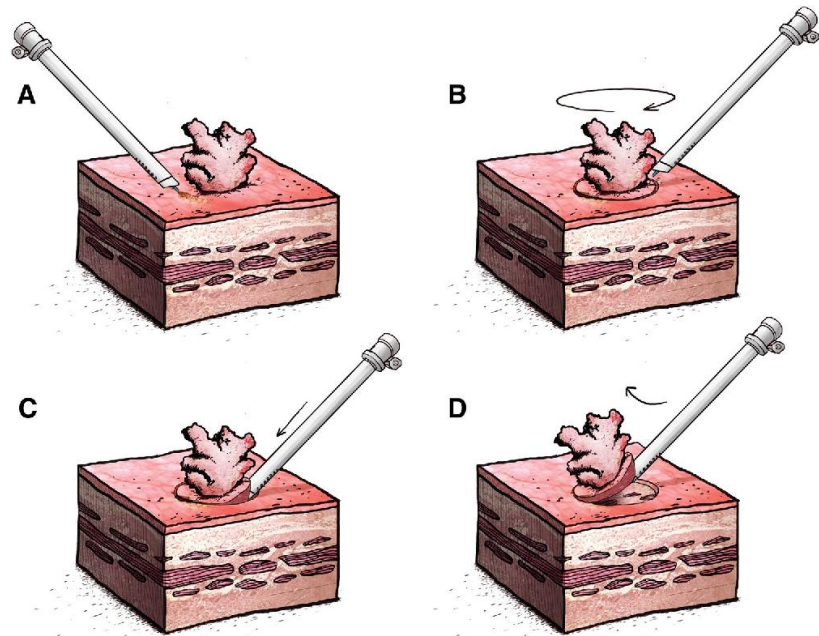
Figure 1 A flow chart of the extensive transurethral resection procedure.

Notes: (A) Remove the entire visible tumor and then collect all the tumor tissue specimens. (B) Get additional specimens of tumor base and margin (tumor margin means at least 1 cm around bladder tumor).

Utfordringer:

- Fare for perforasjon
 - Implantasjon/ spredning
 - Mitomycin-komplikasjoner
- Ufullstendig reseksjon
 - Større utbredelse enn synlig
- Varmeskadet vev
- Høy rekurrens-rate
 - Sirkulerende tumorvev
 - Residual tumor

Fremskritt? – En bloc reseksjon



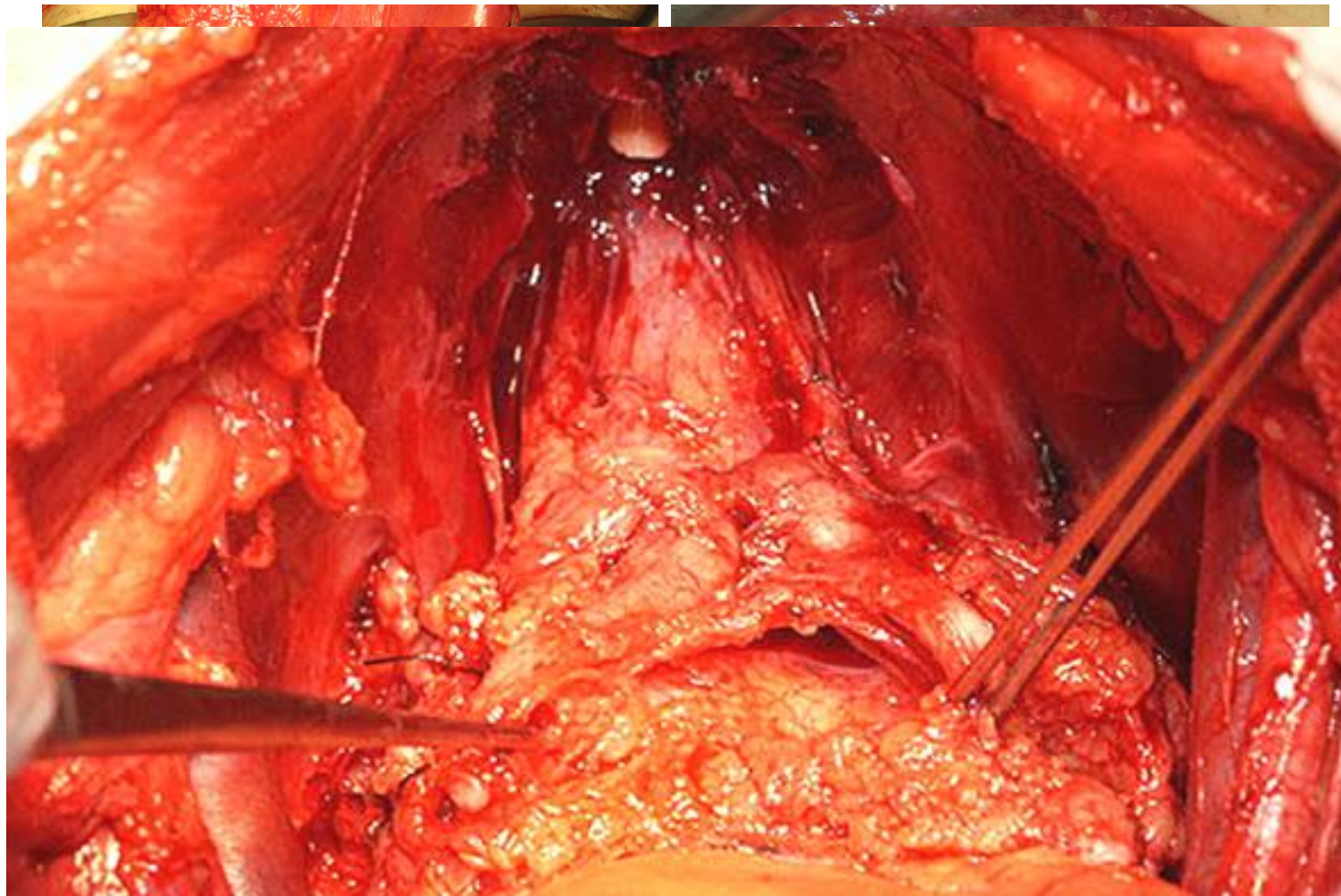
Behandling av muskelinfiltrerende blærekreft

Standard:

- **Radikal cystectomi**
 - Evt. Neo-adjuvant Cisplatin-basert kjemoterapi (MVAC)
 - Lymfeknutedisseksjon
 - Fjerne prostata/ genitalia interna
 - Evt. Nervesparende
 - **En Bloc reseksjon?**
 - Urinavledning

Alternativt:

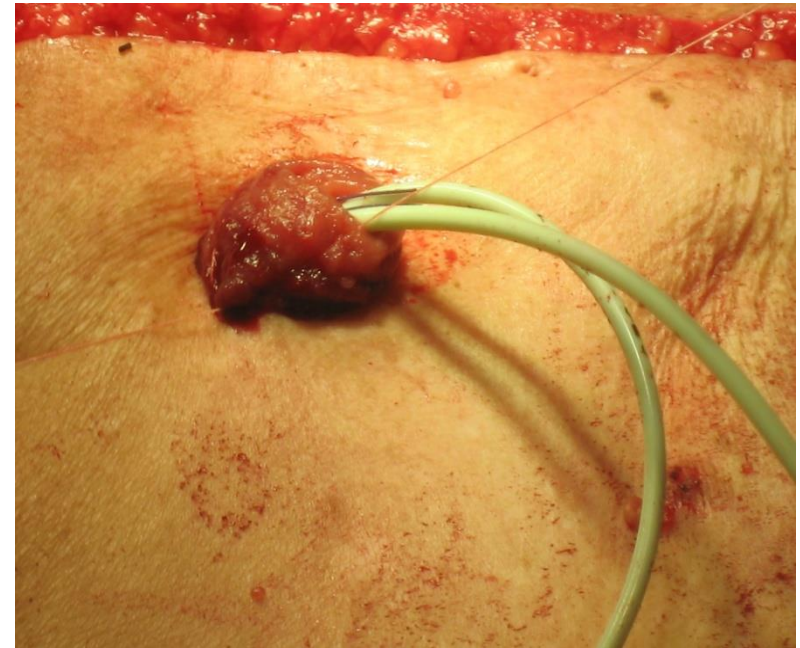
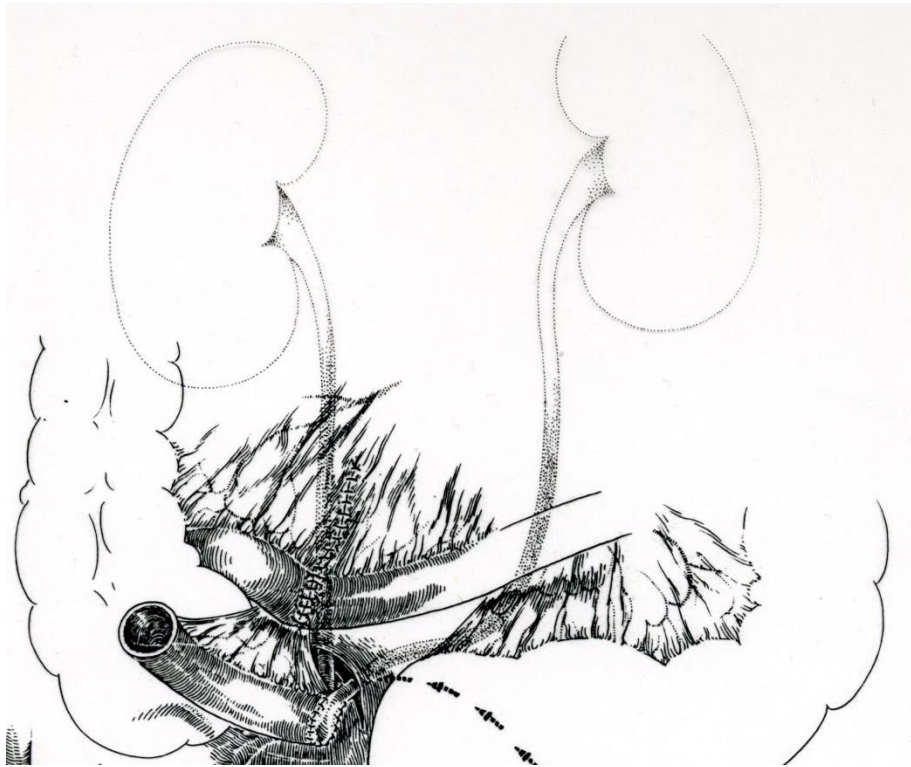
- **Trimodal behandling**
 - TURB
 - Kjemoterapi
 - Stråling



Nervesparende teknikk

Urostomi

«Pasientens begrensinger i forhold til aktivitet sitter i hodet»



Ortotop neoblære a.m. Studer

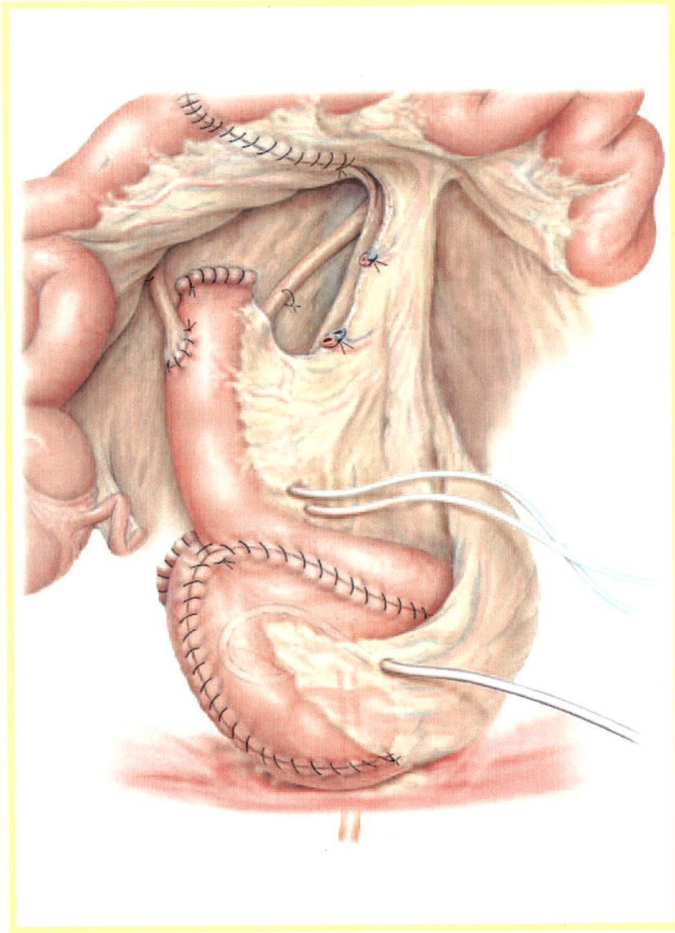


Figure 8

Before completely closing the pouch a 10 F cystostomy tube is placed into the reservoir through the fat of the mesoileum. The reservoir is flushed to remove any clots and checked for leakage.

*«Fascinerende - men ny blære er
dessverre noe ganske annet enn
å bytte eksosanlegg på bilen»*



Complications after ORC

- Most recent comprehensive study on complications following ORC (MSK-US):
 - 64 % all-grade (Clavien) 90d-complication rate
 - 13 % grade 3-5
 - 67 % of complications during hospital stay
 - 58 % also experienced complications after leaving the hospital
 - 70 % of complications related to diversion
 - 30-d mortality 1,5 %, 90-d 2,7 %

Table 1 – Postoperative complication grading system

Grade	Definition
Grade 0	No event observed
Grade 1	Use of oral medications or bedside intervention
Grade 2	Use of intravenous medications, total parenteral nutrition (TPN), enteral nutrition, or blood transfusion
Grade 3	Interventional radiology, therapeutic endoscopy, intubation, angiography, or operation
Grade 4	Residual and lasting disability requiring major rehabilitation or organ resection
Grade 5	Death of patient

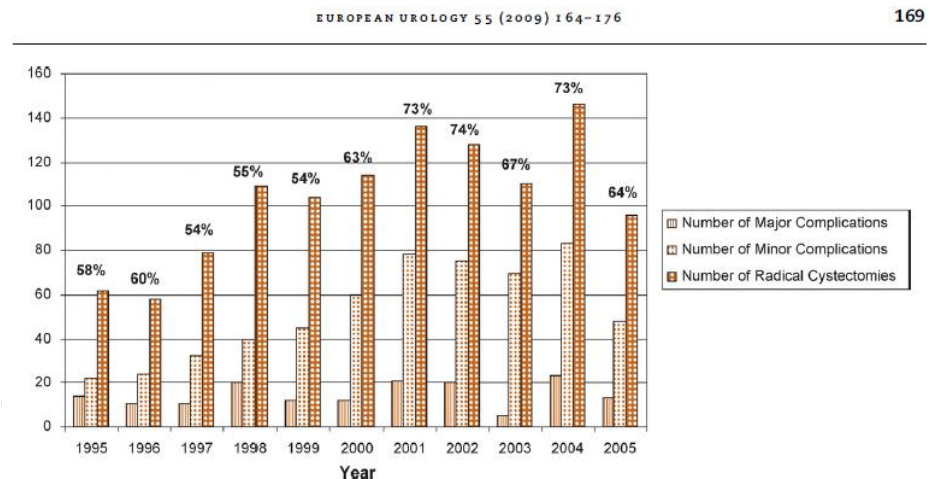
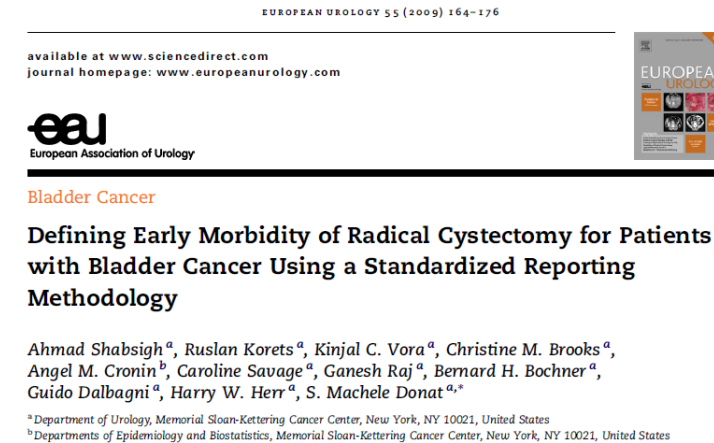


Fig. 1 – Number of major and minor radical cystectomy (RC) complications recorded relative to the number of RCs performed with the percentage of total complications by year.

Does robot assisted RC performe better?

Tan WS, et al PLOS ONE 2016. 11:e0166221;

Systemativ review of randomized trials



Robotic Assisted Radical Cystectomy Does Not Show a Benefit over Open Radical Cystectomy

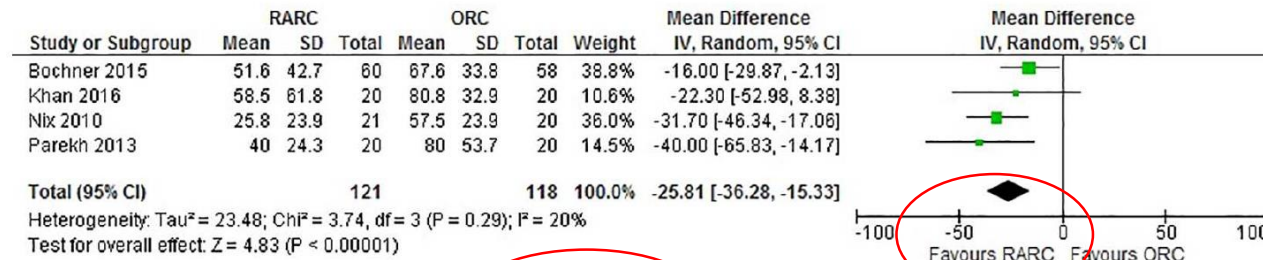
Table 1. Characteristics of included studies.

First author and reference	Recruitment	Country	Primary end point	Number of patients, ORC/ RARC	Male sex, ORC/ RARC	Age, median/ mean, ORC/ RARC	IC patients, ORC/ RARC	NB patients, ORC/ RARC	Match factors
Nix et al. 2010 [16]	April 2008- Jan 2009	USA	Lymph node yield	20/ 21	17/ 14	69.2/ 67.4	14/ 14	6/ 7	1,2,3,4,7,8
Parekh et al. 2013 [14]	July 2009- June 2011	USA	Feasibility study	20/ 20	16/ 18	64.5/ 69.5	NA	NA	1,2,3,4,5,6, 7
Bochner et al. 2015 [17]	March 2010- March 2013	USA	Perioperative complication	58/ 60	42/ 51	65.0/ 66.0	23/ 27	35/ 33	1,2,3,4,5,6,7,8
Khan et al. 2016 [15]	March 2009- July 2012	UK	Perioperative outcomes	20/ 20	18/ 15	66.6/ 68.6	17/ 18	3/ 2	1,2,3,4,5,6,7,8

1 = age, 2 = gender, 3 = BMI, 4 = ASA, 5 = previous abdominal surgery, 6 = neoadjuvant chemotherapy, 7 = clinical stage, 8 = diversion type, ORC: open radical cystectomy, RARC: robotic assisted radical cystectomy, IC: ileal conduit, NB: neobladder

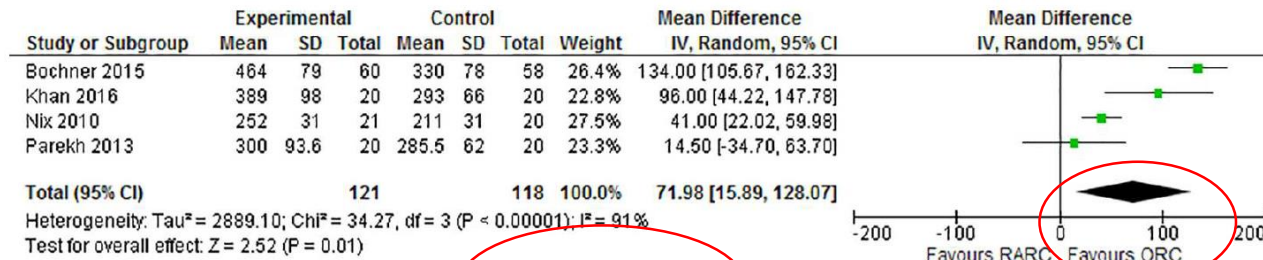
doi:10.1371/journal.pone.0166221.t001

Blood loss, operating time and length of stay



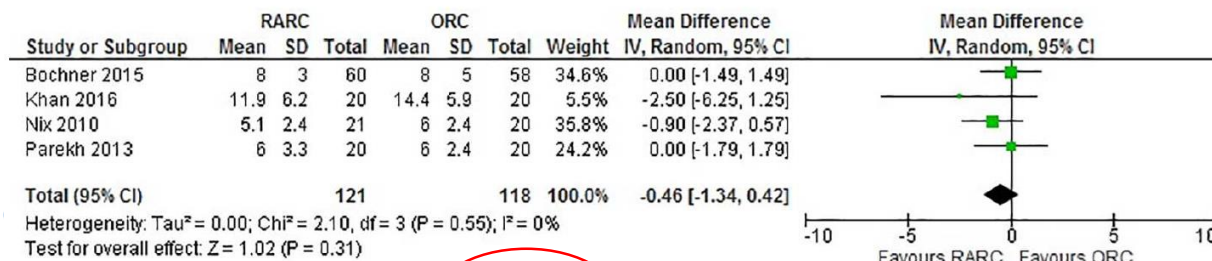
250 ml less blood loss

Fig 2. Forest plot and meta-analysis of blood loss (10ml).



72 min longer operating time

Fig 3. Forest plot and meta-analysis of operating time (mins)



0,46 days shorter LOS (ns)

Fig 4. Forest plot and meta-analysis of length of stay.

Complications

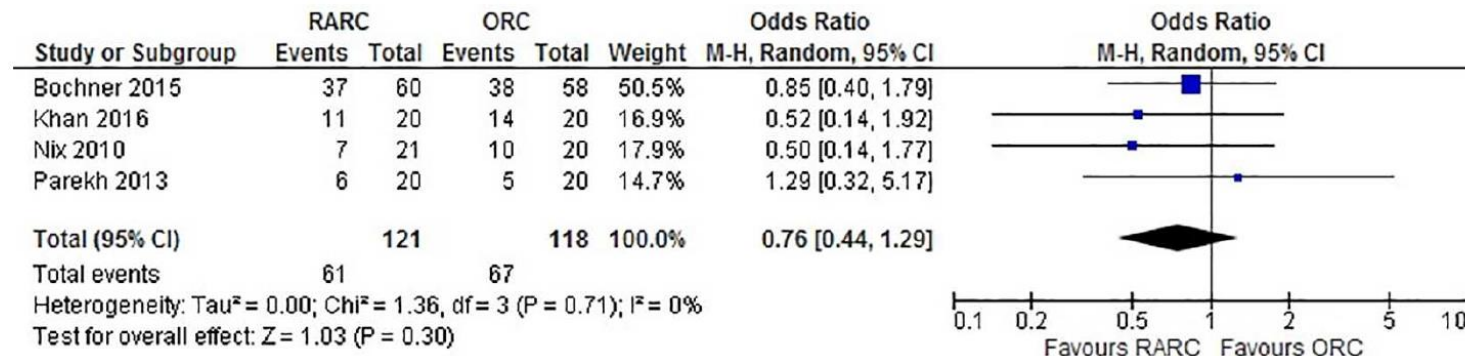


Fig 5. Forest plot and meta-analysis of all complications.

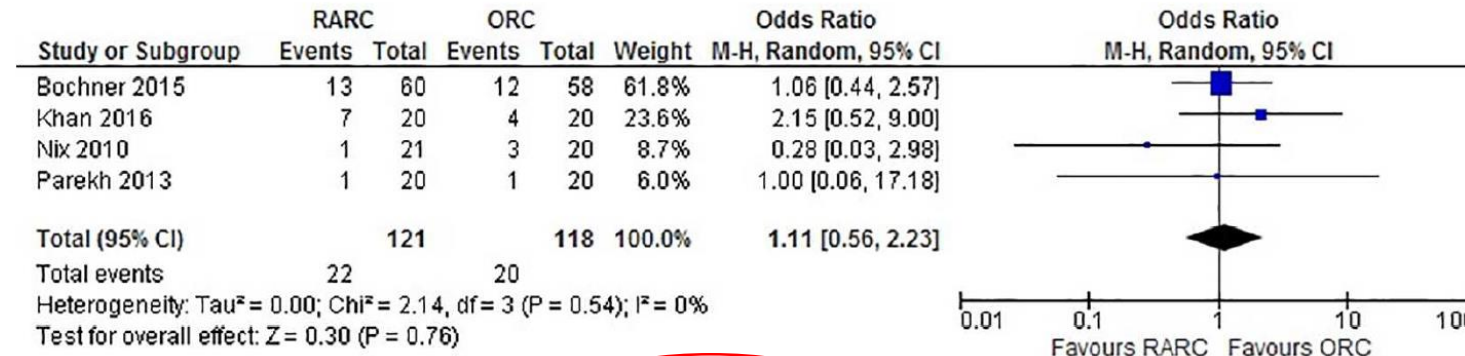


Fig 6. Forest plot and meta-analysis of major complications.

Reduction of risk and morbidity


- Better perioperative service
 - Total intravenous anesthesia
 - Frailty assessment
 - ERAS – Enhanced Recovery After Surgery
 - Reduced perioperative risk
- Less invasive technique
 - Smaller incisions
 - Laparoscopic access
 - Bladder resection
 - Cutaneous ureterostoma

Case;

- Vestfold hospital, male, born '57;
 - cT3N0 MIBC
 - COPD – Gold IV, DM-2, schizophrenia
 - Ineligible for MMT and NAC
 - Not suited for Bricker
- Treatment
 - Spinal/epidural anesthesia, sedatives
 - ORC + PLND + Ortotopic bladder
 - 3 hrs 40 min operating time
 - 300 ml Blood loss
 - Uncomplicated

And Finally; early radical treatment?


EAU17 LONDON
24-25 March 2017



Ashish Kamat
@UroDocAshish · urologist

Disease Specific Survival

T1 HG = cT3b
Gleason 5+5
12/12 Positive Cores
PSA 75



Based on MSKCC Nomogram

www.eau17.org

EAU
European
Association
of Urology

Stolen from Ashish Kamat's presentation at EAU 2017

Takk for oppmerksomheten!

