

Behandling av metastatisk og avansert nyrekreft – en liten revolusjon!



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Miele®

Anything else is a compromise



Behandling av nyrekreft med fjernmetastaser

S D Fosså N Aass K Tveter O Dahl

Det finnes ingen effektiv standardbehandling av nyrekreft med fjernmetastaser, men legene som ser disse pasientene, bør kjenne til indikasjon for og effekt av de forskjellige terapitilbud ved denne tilstanden.

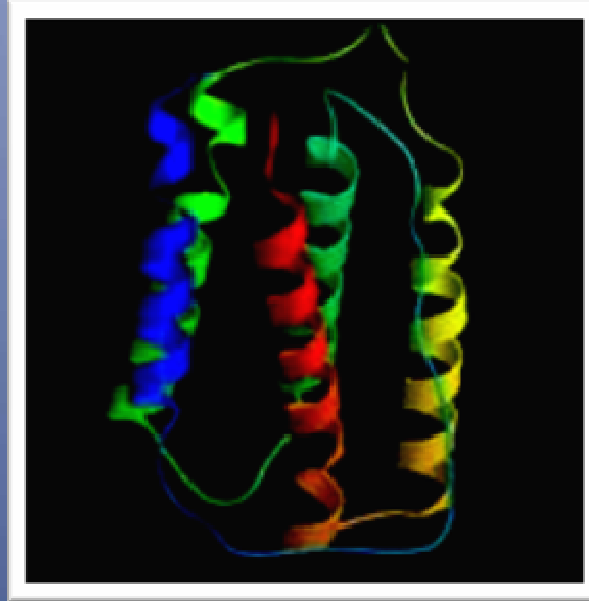
Aktuell relevant litteratur blir omtalt sammen med erfaringene fra Det Norske Radiumhospital. Hovedvekten blir lagt på systemisk behandling.

Nasjonalt handlingsprogram med retningslinjer for diagnostikk, behandling og oppfølging av pasienter med nyrecellekreft (RCC)

Pasienter med metastaserende nyrekreft som skal ha systemisk behandling, bør prinsipielt inkluderes i kliniske studier. Hvis dette ikke er mulig, ansees interferon- α -monoterapi, administrert av lokalsykehus, som standard systemisk behandling for utvalgte og godt informerte pasienter.



The excitement of the cytokine era



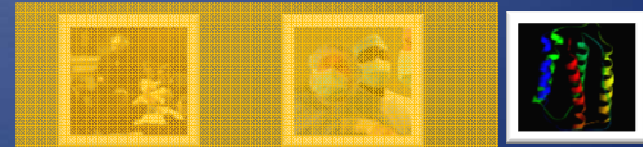
1950s: IFN discovered
Isaacs and Lindenmann

1980s: clinical trials using IFN

IFN: proven efficacy, increased OS

Therapy of choice in Europe

1980s ↓



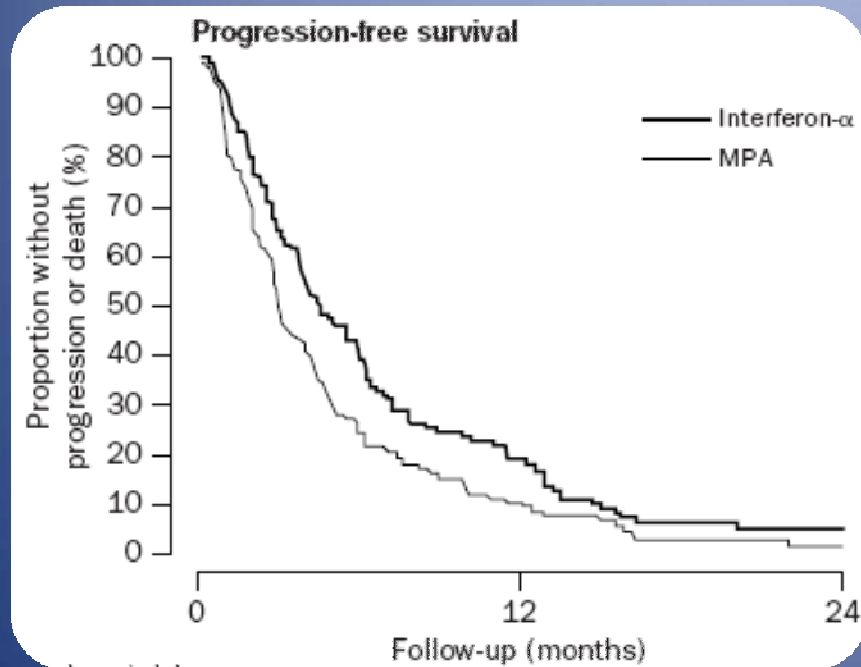
Haemangiomas

Some therapy resistant and life threatening



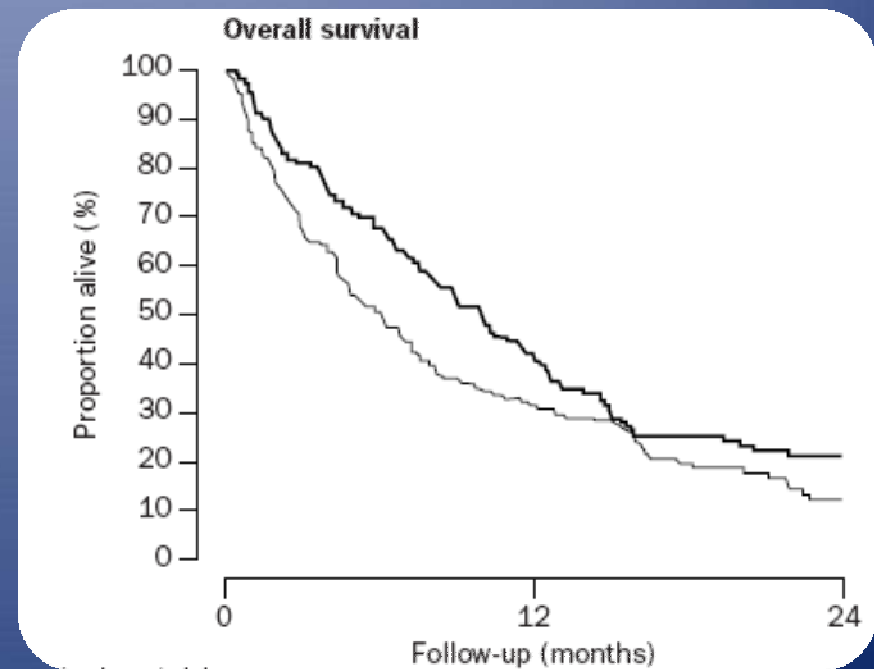
After 11 months of IFN treatment

Interferon



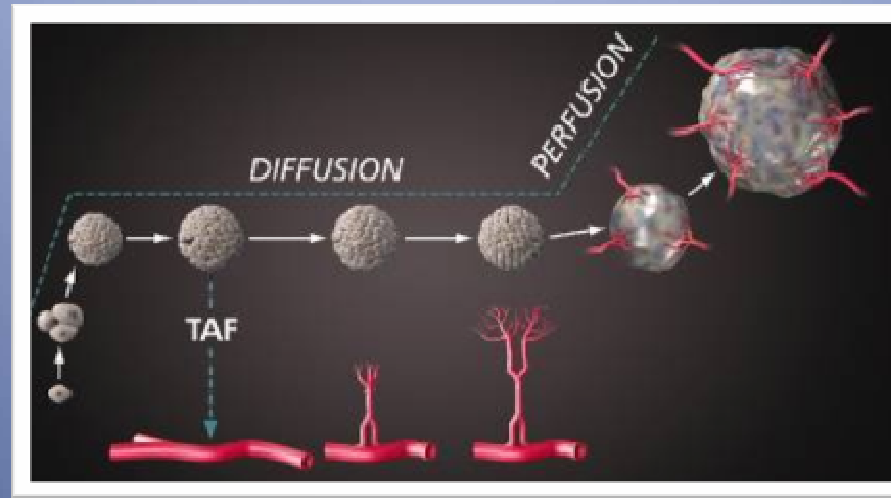
PFS 5,0 mnd

OS 11,4 mnd



MRCRCC, Lancet 1999

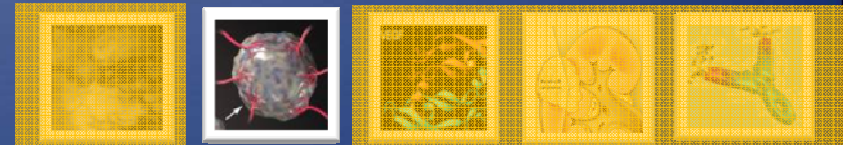
The anti-angiogenesis theory, a new way of thinking



Judah Folkman

- Isolates '*a tumour factor responsible for angiogenesis*'¹
- Controversial hypothesis '*tumours are dependent on angiogenesis*'²

↓ 1971



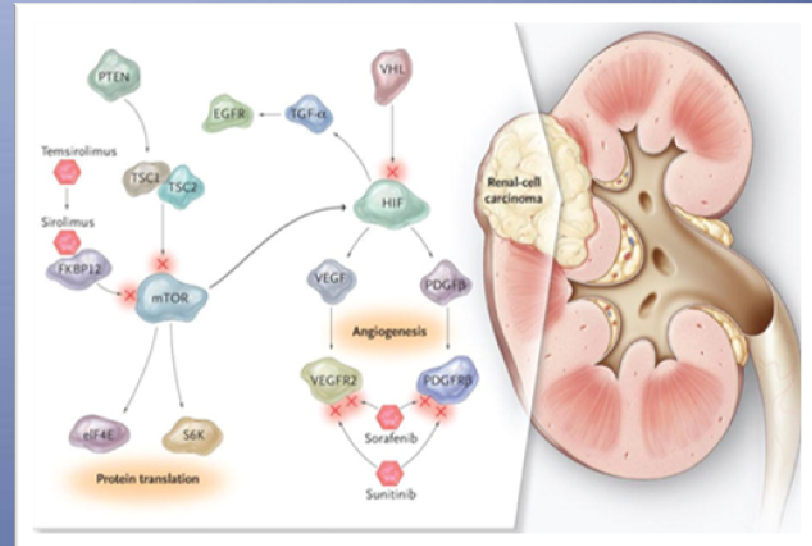
Identification of VHL



**Eugen von Hippel
(1904)**

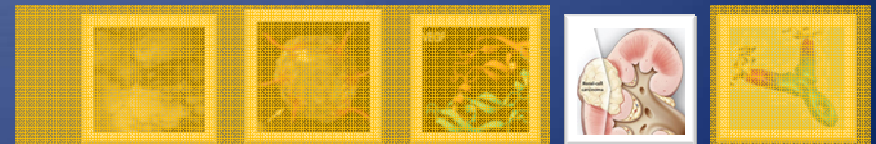


**Arvid Lindau
(1926)**



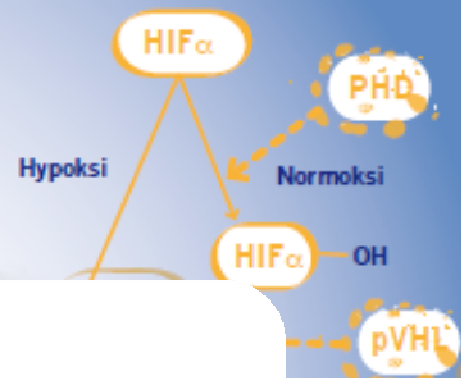
- Latif et al (1993) identify VHL gene mutation and link to clear-cell RCC

1993

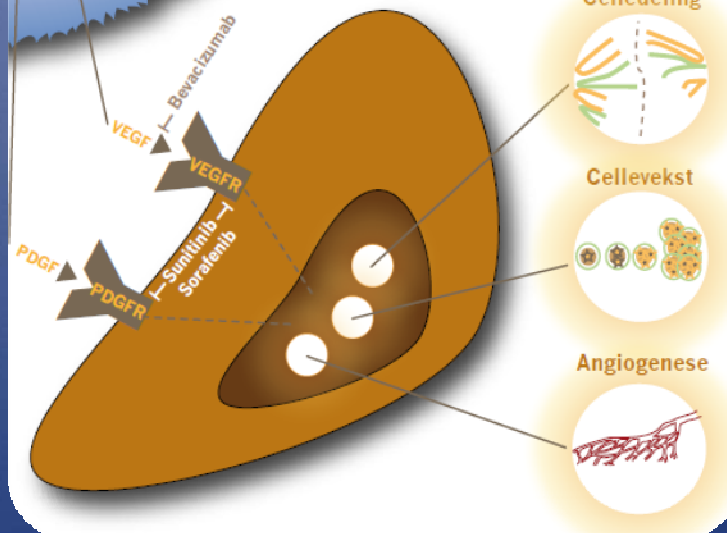


Tumorcelle

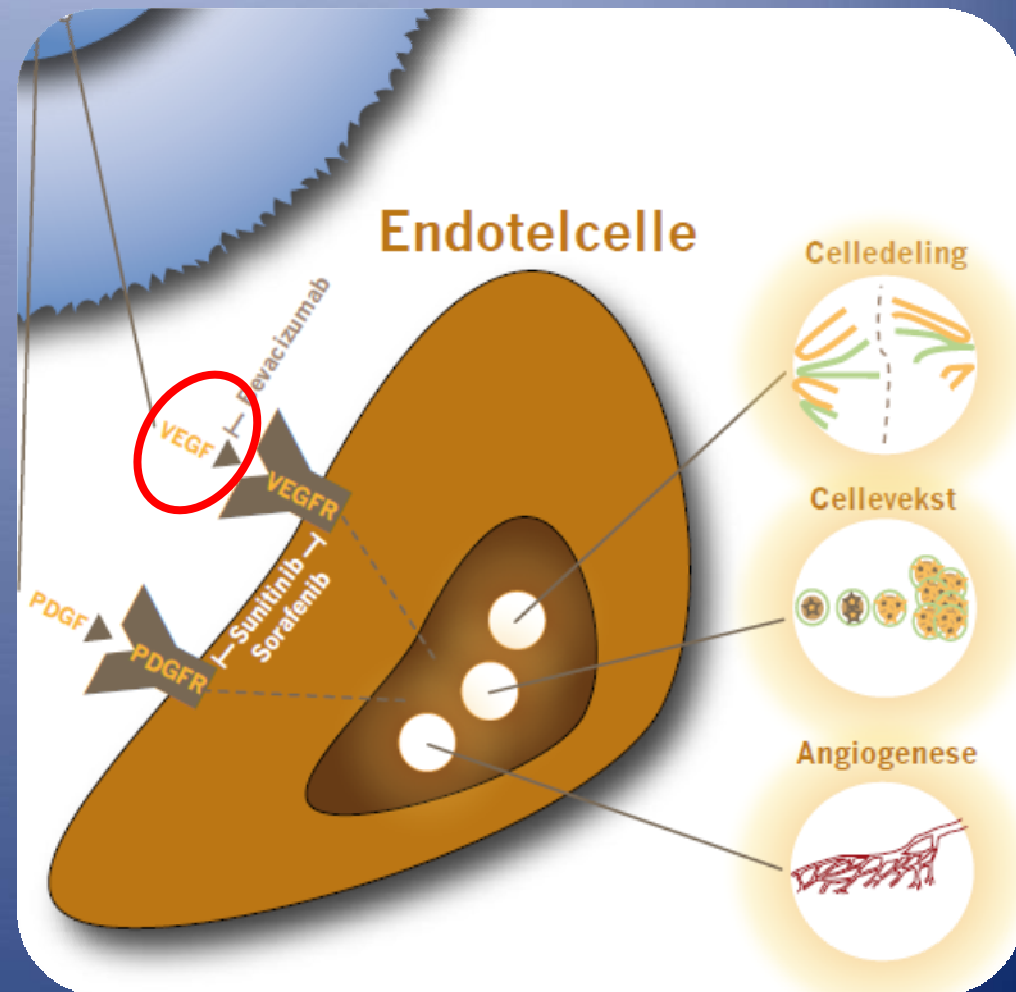
Cytoplasma



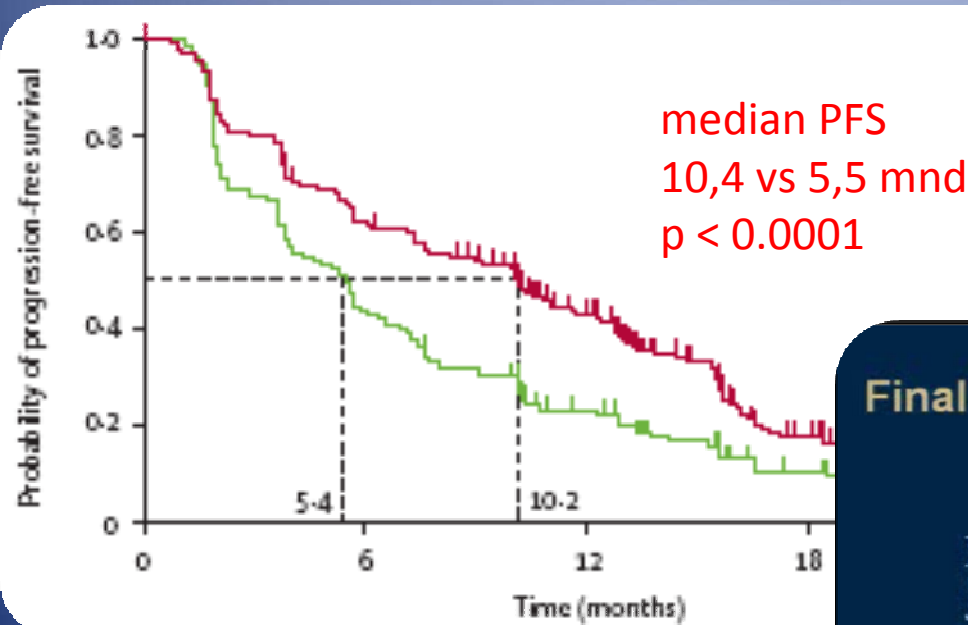
Endotelcelle



Bevacizumab

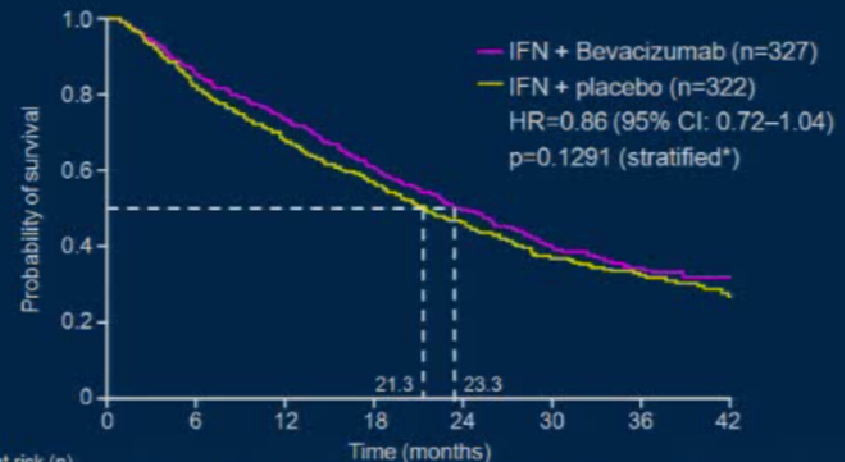


Bevacizumab (AVOREN)



median OS
23,3 vs 21,3 mnd
n.s.

Final OS



Patients at risk (n)

IFN + Bevacizumab 327	278	237	194	157	124	84	27
IFN + placebo 322	262	216	177	141	113	78	22

ASCO Annual '09 Meeting

*Stratified by Motzer score and region

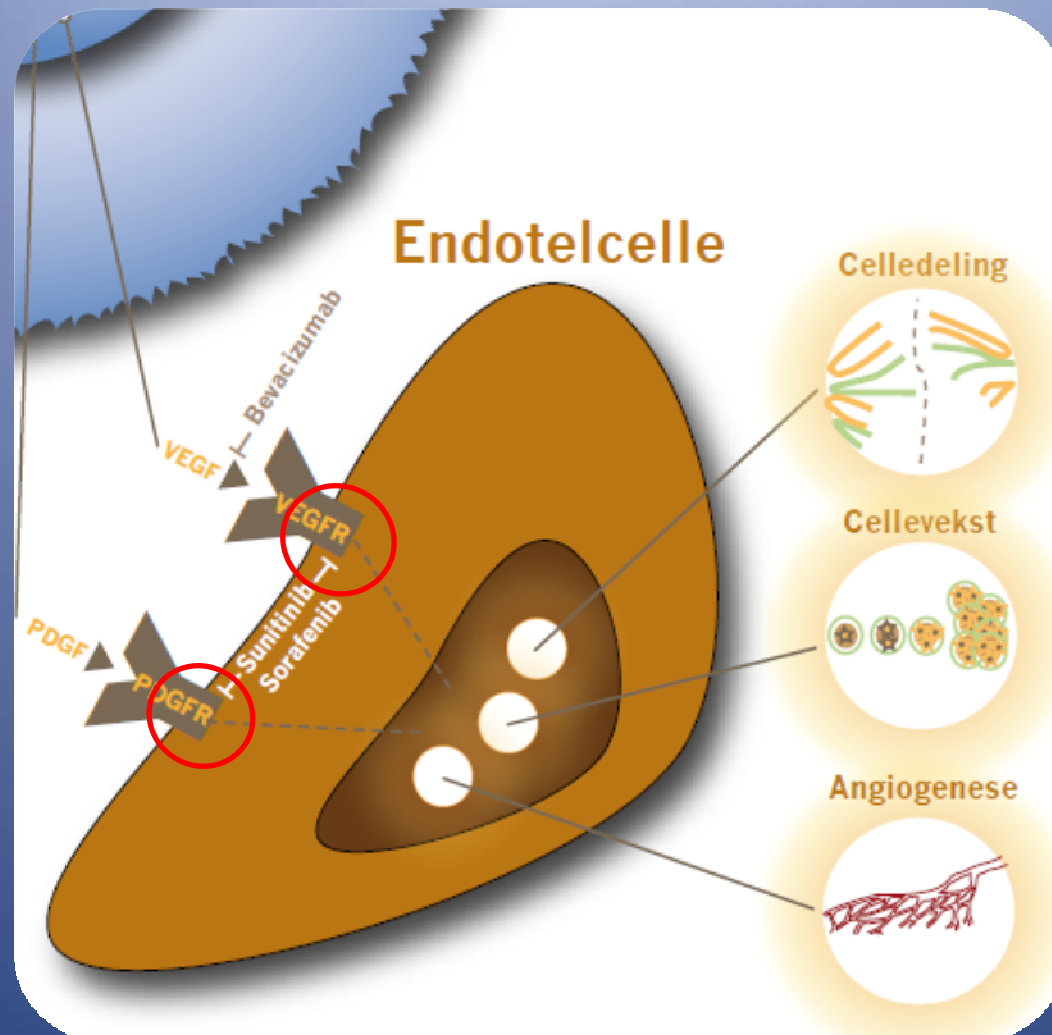
Escudier et al., Lancet 2007

Escudier, B; ASCO 2009

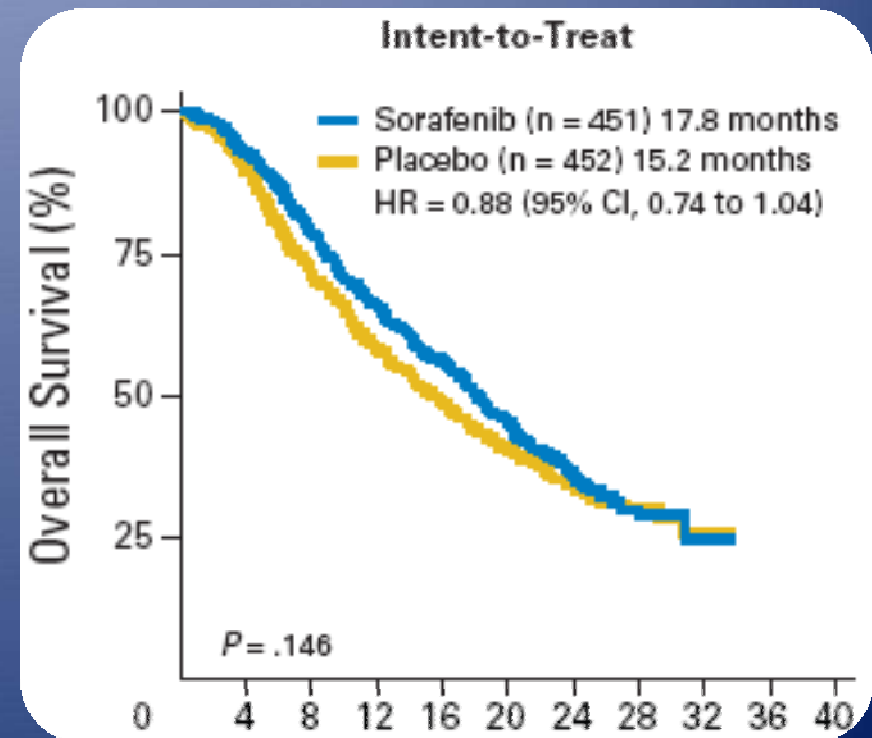
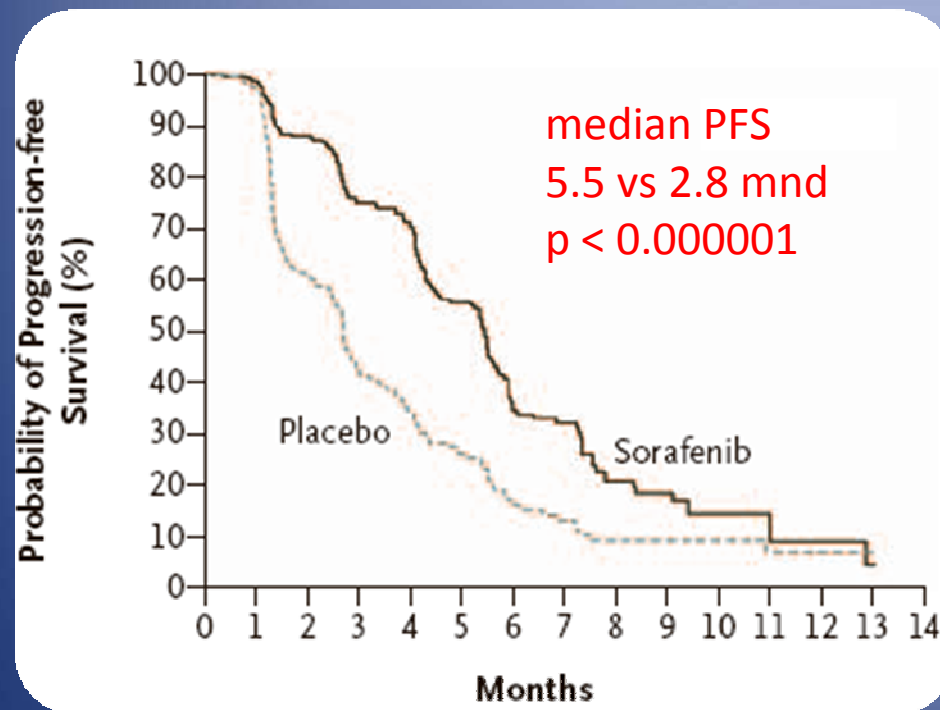
Bev + Interferon – subsequent therapies

TABLE 4 Median OS in patients receiving post-protocol therapy

	Bevacizumab + IFN		IFN + placebo	
	<i>n</i>	Median OS (months)	<i>n</i>	Median OS (months)
All patients	327	23.3	322	21.3
Subsequent TKI	113	38.6	120	33.6
Subsequent sunitinib	83	43.6	92	39.7
Subsequent sorafenib	60	38.6	50	30.7
Subsequent sunitinib + sorafenib	32	43.6	27	41.2



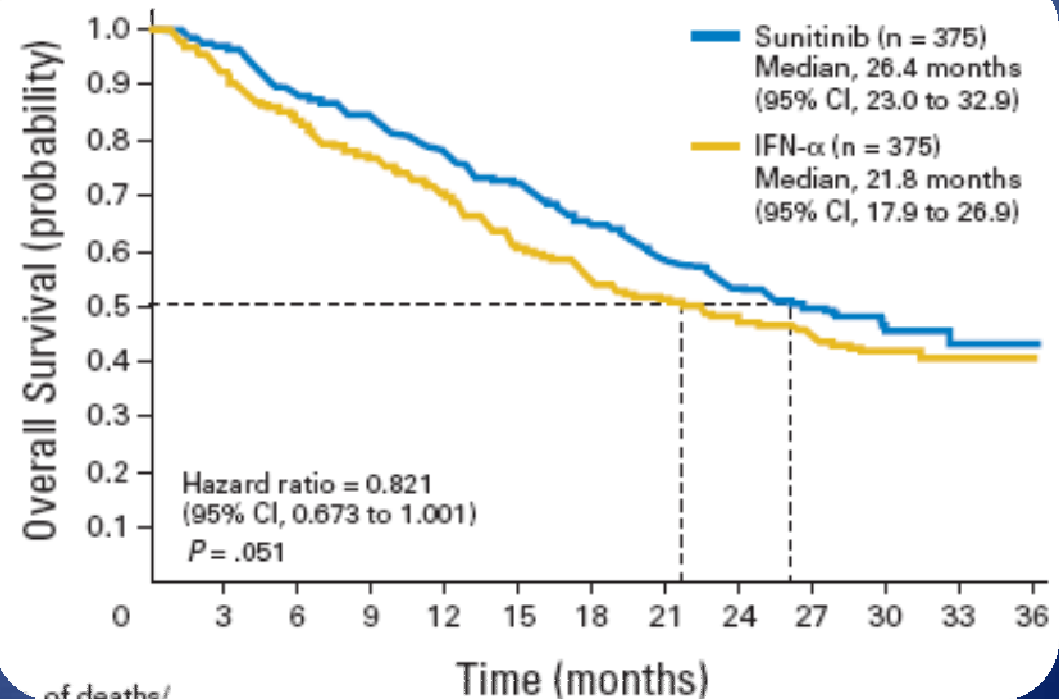
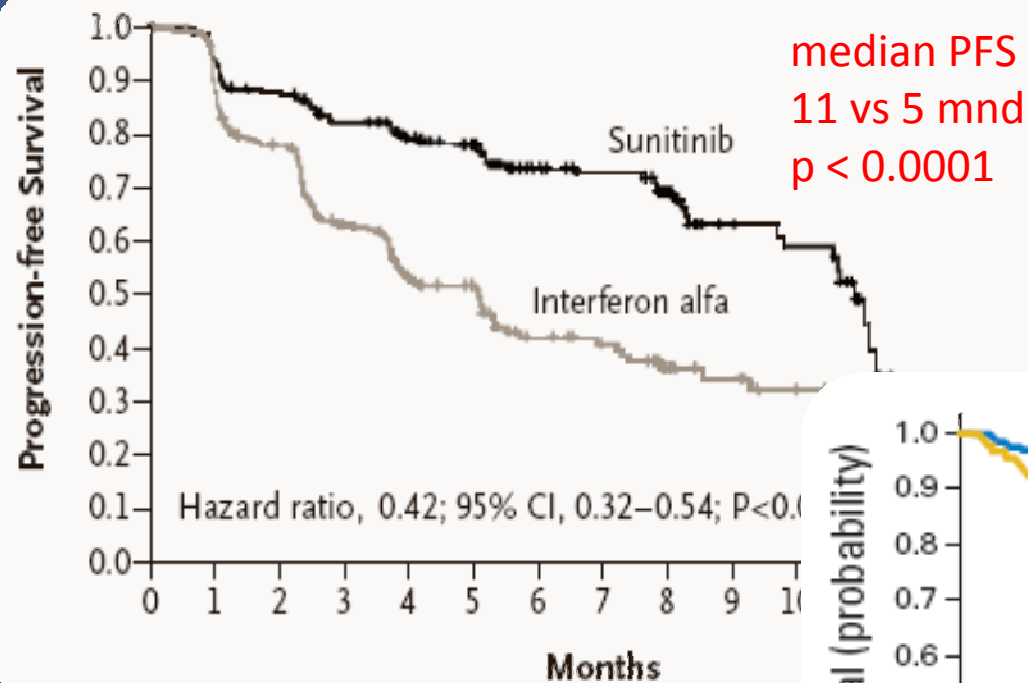
Sorafenib (TARGET)



Escudier et al., N Engl J Med 2007

Escudier et al., J Clin Oncol 2009

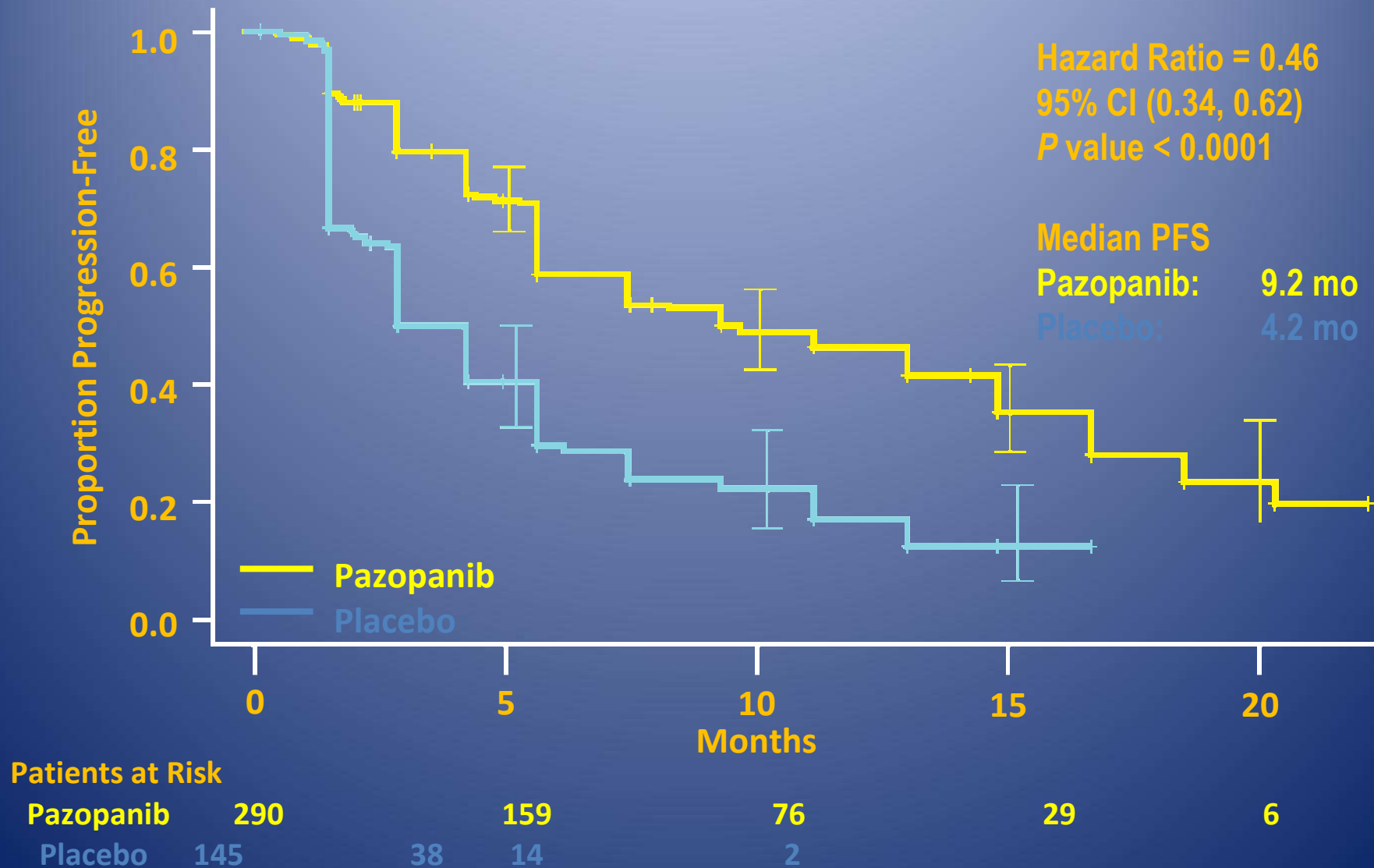
Sunitinib



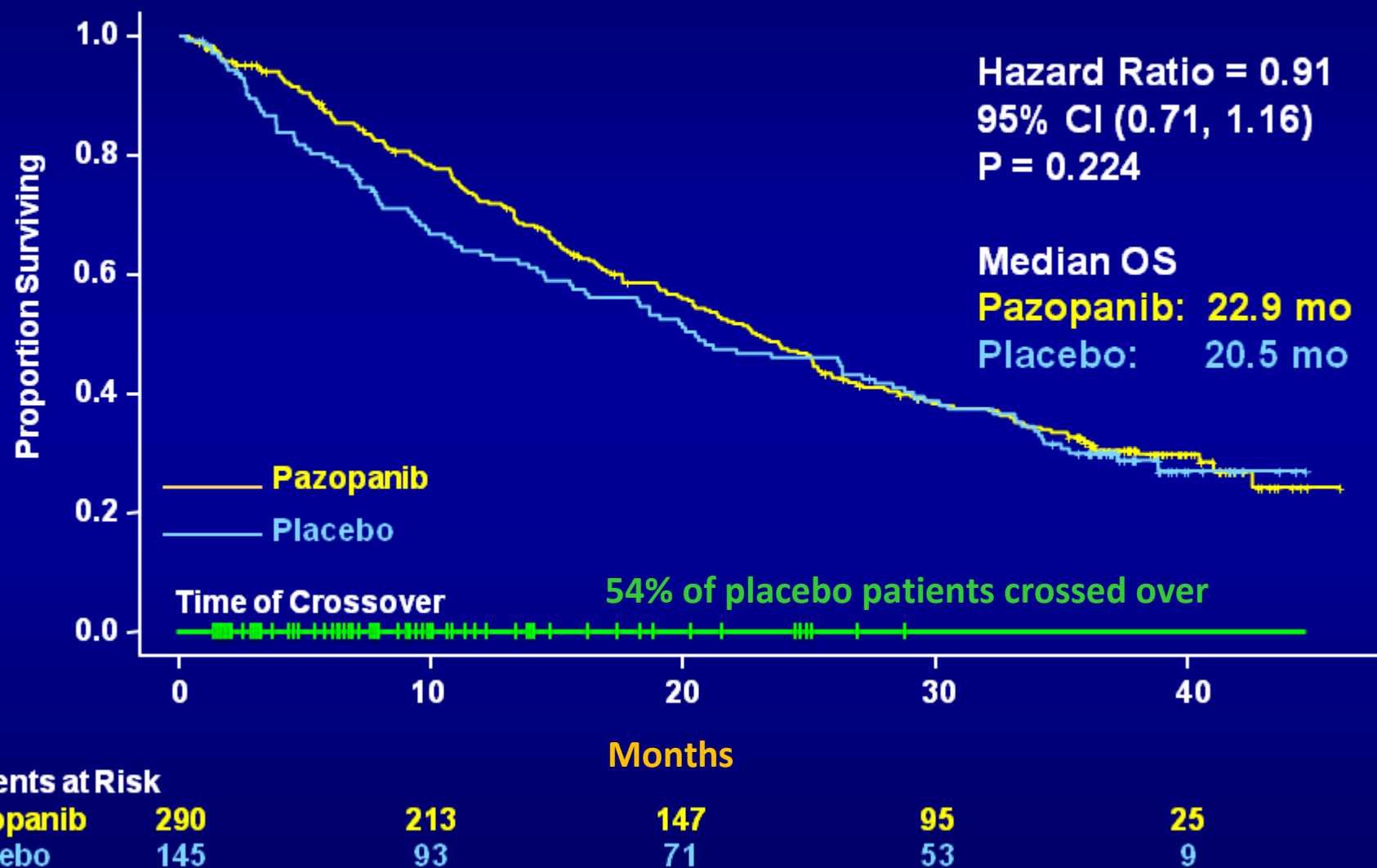
Motzer et al., N Engl J Med 2007

Motzer et al., J Clin Oncol 2009

Pazopanib



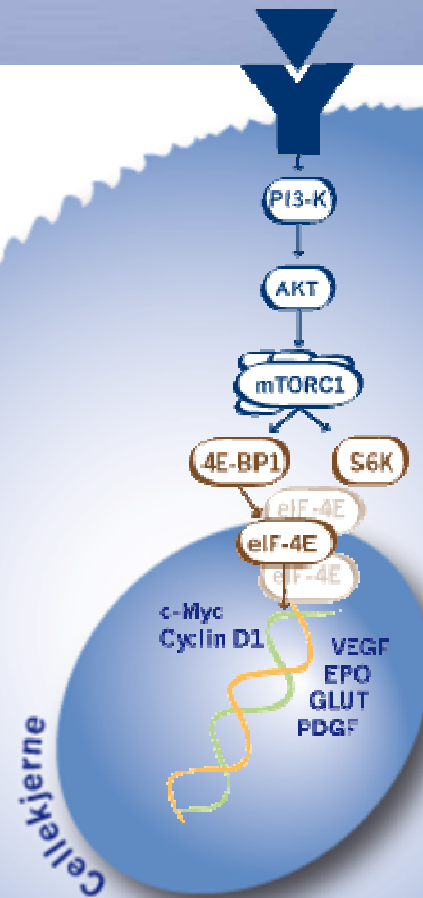
Final Overall Survival Results



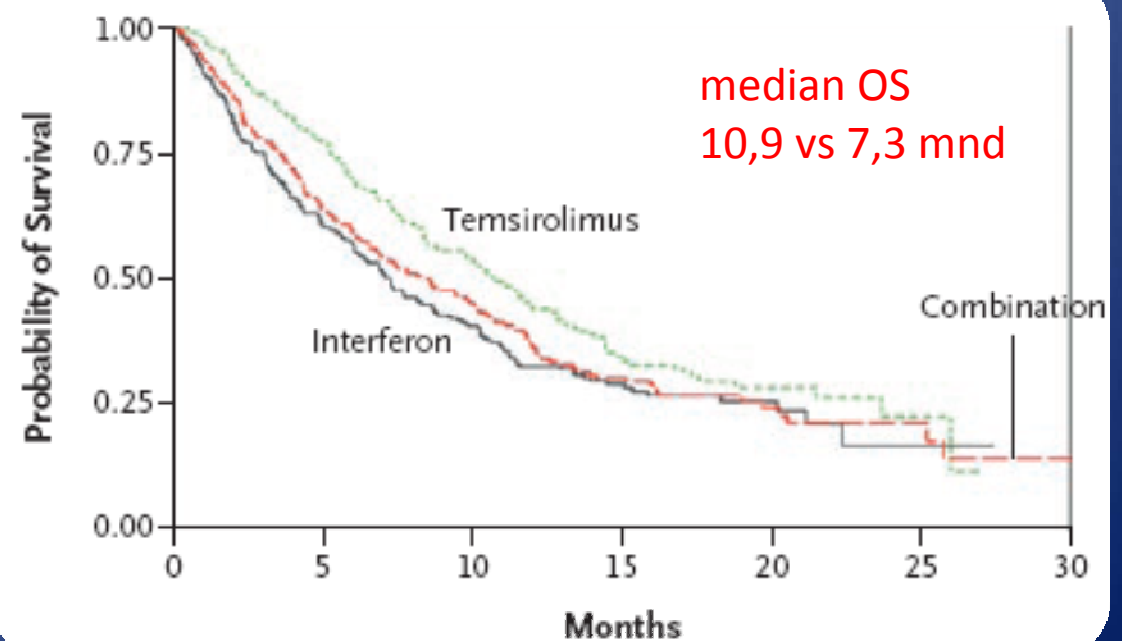
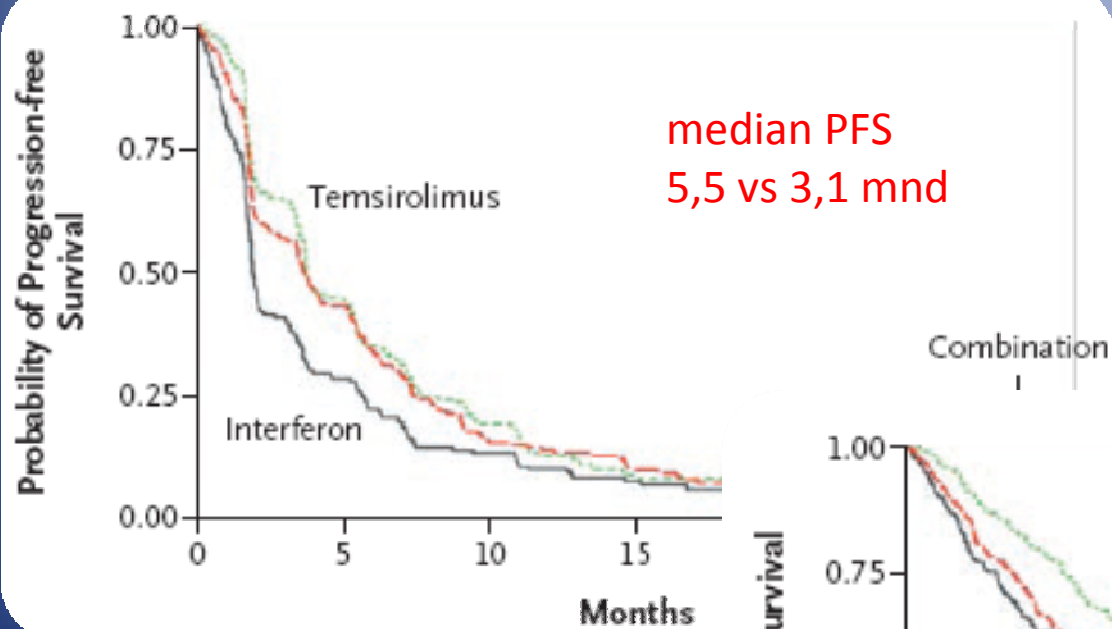
An elderly couple is shown in profile, embracing each other on a beach. The man, on the left, has dark hair and is wearing a white long-sleeved shirt under a dark vest. The woman, on the right, has white hair, wears glasses, and a striped scarf. They are both looking out towards the ocean. The background features a calm sea with gentle waves and a soft, warm sky, suggesting a sunset or sunrise. The entire image is framed by a solid blue border.

Behandling av nyrekreft

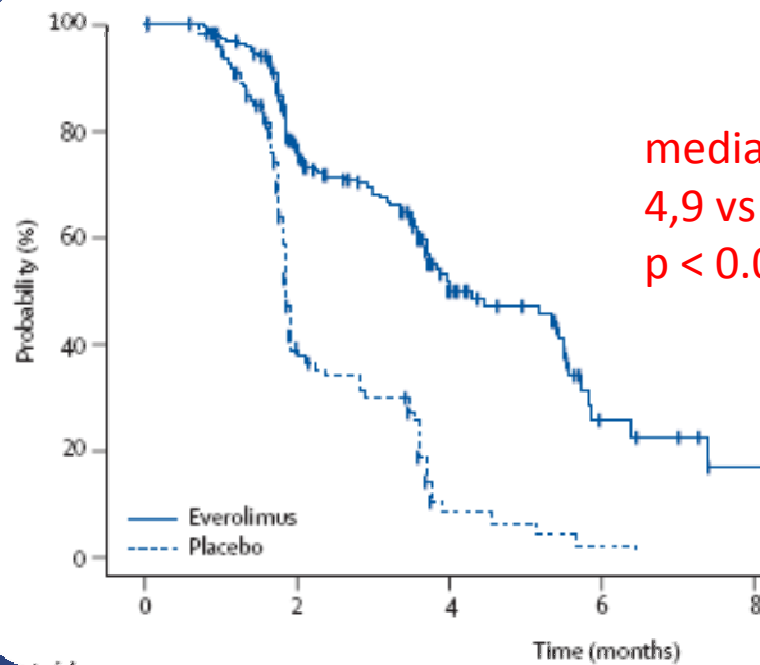
mTOR



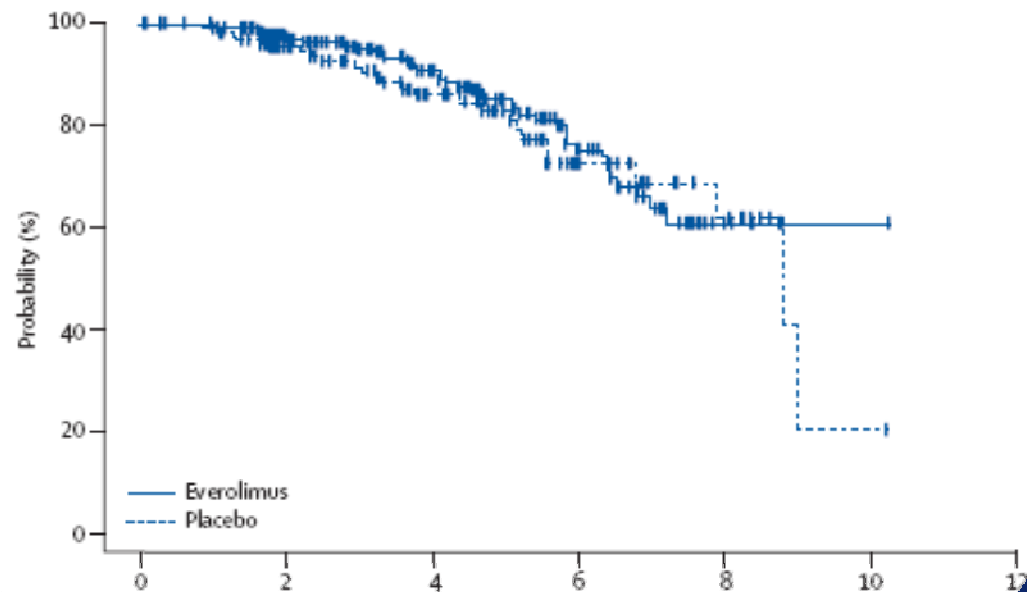
Temsirolimus



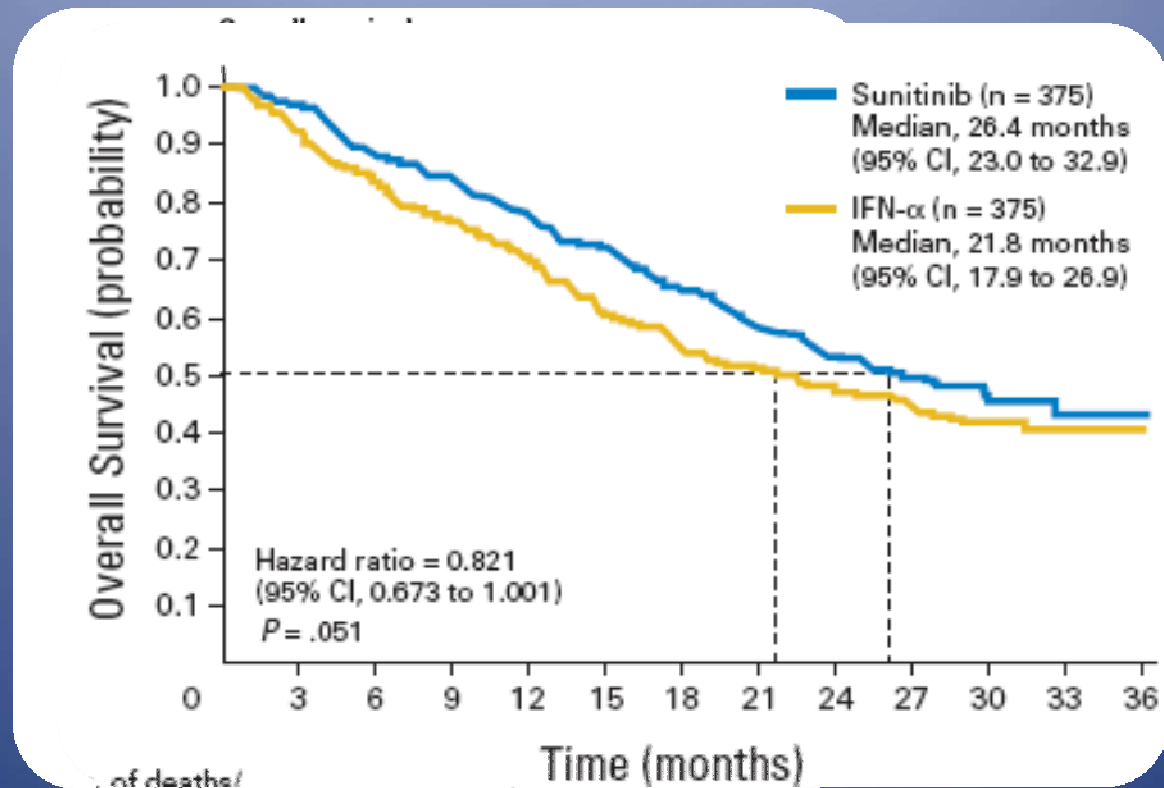
Everolimus



median PFS
4,9 vs 1,9 mnd
 $p < 0.0001$



Revolution?



Future!

LETTER

doi:10.1038/nature09639

Exome sequencing identifies frequent mutation of the SWI/SNF complex gene *PBRM1* in renal carcinoma

Ignacio Varela¹, Patrick Tarpey¹, Keiran Raine¹, Dachuan Huang², Choon Kiat Ong², Philip Stephens¹, Helen Davies¹, David Jones¹, Meng-Lay Lin¹, Jon Teague¹, Graham Bignell¹, Adam Butler¹, Juok Cho¹, Gillian L. Dalgliesh¹, Danushka Galappaththige¹, Chris Greenman¹, Claire Hardy¹, Mingming Jia¹, Calli Latimer¹, King Wai Lau¹, John Marshall¹, Stuart McLaren¹, Andrew Menzies¹, Laura Mudie¹, Lucy Stebbings¹, David A. Largaespada³, L. F. A. Wessels⁴, Stephane Richard^{5,6}, Richard J. Kahnoski⁷, John Anema⁷, David A. Tuveson⁸, Pedro A. Perez-Mancera⁸, Ville Mustonen⁹, Andrej Fischer^{9,10}, David J. Adams¹¹, Alistair Rust¹¹, Waraporn Chan-on², Chutima Subimerb², Karl Dykema¹², Kyle Furge¹², Peter J. Campbell¹, Bin Tean Teh^{2,13,14}, Michael R. Stratton^{1,15} & P. Andrew Futreal¹



Cure for metastatic disease?

	PR (%)	CR (%)
Sorafenib (TARGET)	10	<1
Sunitinib	31	0
Temsirolimus (Global ARCCS)	8.6	0
Bevacizumab + INF- α (AVOREN)	30	1
Everolimus (RECORD-1)	1	0
Pazopanib	30	<1
HD IL-2 (SELECT)	22	6

Complete remission with TKI

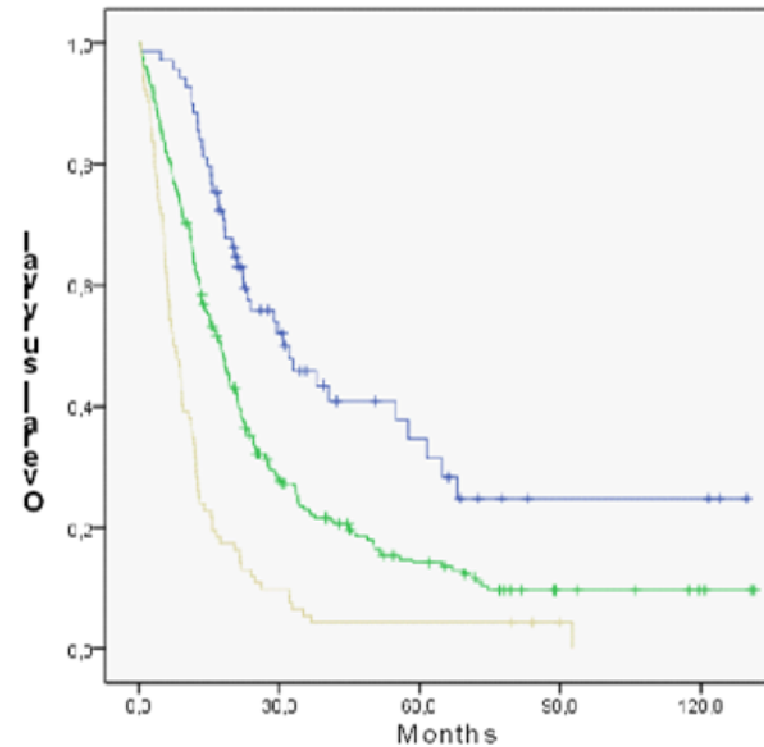
- 64 CR pts from France
- 36 TKI alone, 28 + local treatment
- Median time from treatment initiation to CR 12.6 and 18,5 months resp.
- 29/53 pts who stopped treatment after CR still in complete remission

Revisiting cytokines

- LD IL-2 s.c. + INF s.c. (for max. 9 months)
- 422 consecutive pts
- 10 year median OS 10 % (25 % in MSKCC good risk)
- CR 4% PR 12%
- In combination with surgery in PR pts a total of 9 % with NED after 10 years

Revisiting cytokines

Survival stratified by MSKCC



	N	Med	5-Y	10-Y
FAV	69	32.1 mo	35%	25%
INT	255	17.6 mo	14%	10%
POOR	92	7.4 mo	4%	0%

Single- or Oligomets

- Low CR rates with both cytokines and targeted therapy ...
- Surgery may provide cure in some part of patients suitable

Oligomets – surgical resection

- 887 nephrectomy patients from the Mayo Clinic (1976-2006), 125 with subsequent complete metastasectomy
- Median OS with complete metastasectomy 3,6 years vs 1,3 years without
- Lung mets only > 10 years vs 1,6

Single- or Oligometets

- ... but response rates of 30-45 % and at least stable disease in another 30-45 %
- What is the best combination of surgery and systemic therapy in this setting and what the best timing?

Patient selection for metastasectomy

- Good performance status
- Metachronous > synchronous
- All disease surgically removable
- No prohibitive medical comorbidities
- (heavily symptomatic)

Singel- and Oligomet - Options

- Stereotactic radiotherapy
 - 3-5 fractions of 8 -15 Gy
 - Local control rates (PR + CR): >90%
 - CR 30% (may take up to 3 years until CR)
 - No significant side effects

Cure for metastatic disease?

- Probable not with systemic therapy alone
- ... but new treatment options provide the chance of secondary metastasectomy
- Re-consult your multidisciplinary tumorboard when achieving partial responses
- (new agents may provide even higher response rates)

Cure for metastatic disease?

- ... and if you don't try, you can't cure anyone!!!