

State of the art radiotherapy for Lung Cancer

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Conflict of Interest

Institutional financial interests (no personal financial interests):

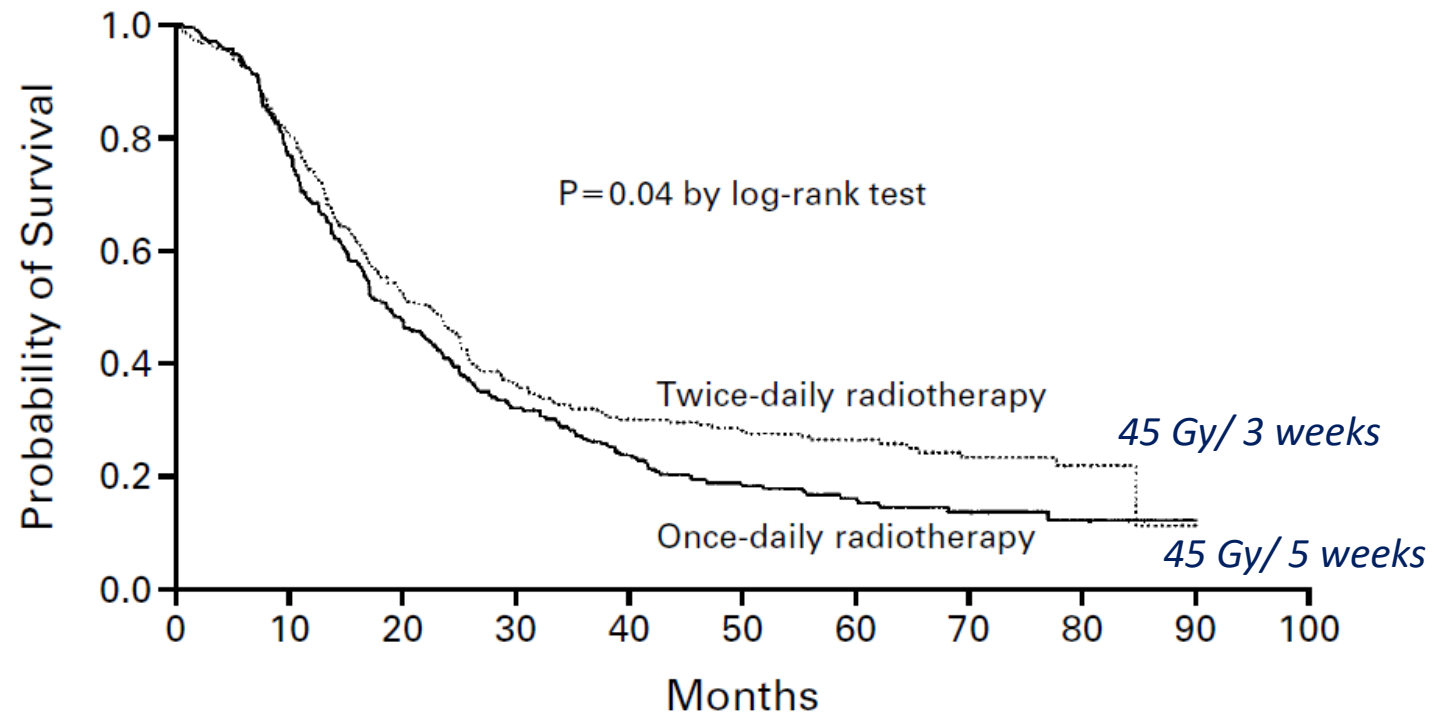
- Research grant/ support: Bristol-Myers Squibb, AstraZeneca, Beigene, Philips, Olink
- Advisory board: Bristol-Myers Squibb, AstraZeneca, Philips

Small cell lung cancer

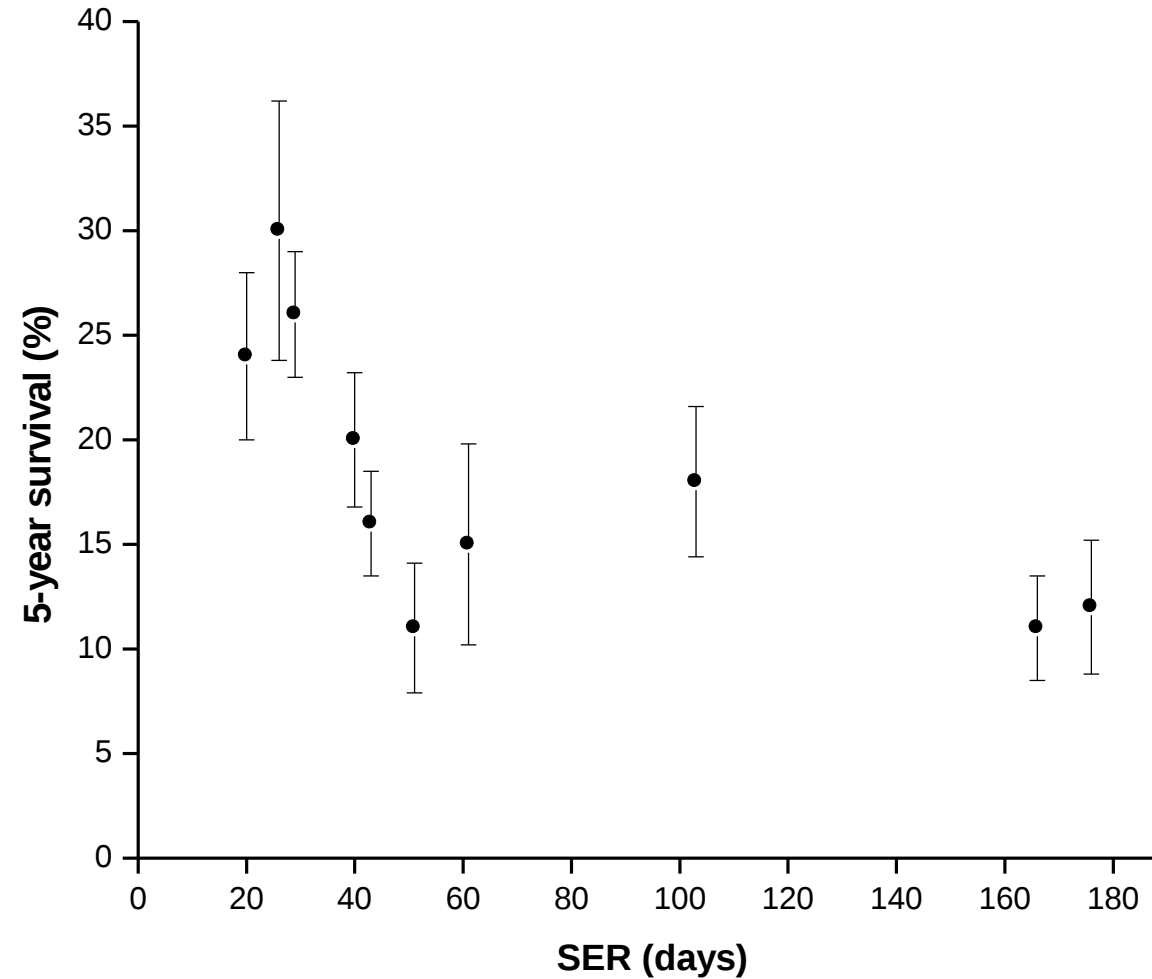
Simple to treat for a doctor; hard to cure

- Stage I-III
 - Concurrent cisplatin-etoposide and 45 Gy BID chest RT
 - PCI in fit patients without PD after CCRT
 - ➔ On average 25 % 5-y OS
- Stage IV
 - Carboplatin-etoposide x 4/ IO ➔ PCI or MRI brain surveillance
 - Thoracic RT to be considered
 - ➔ On average less than 5 % 5-y OS

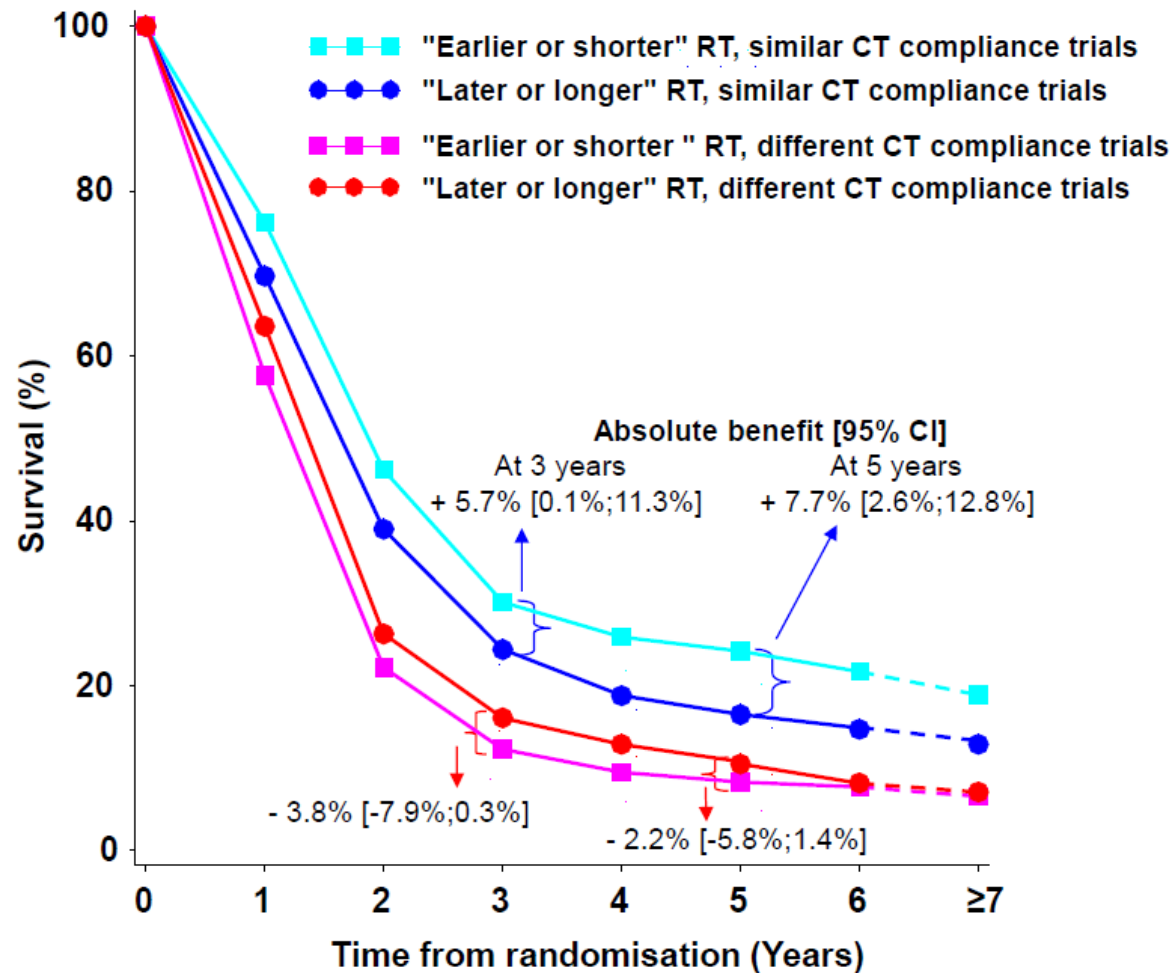
Intensification of thoracic radiotherapy



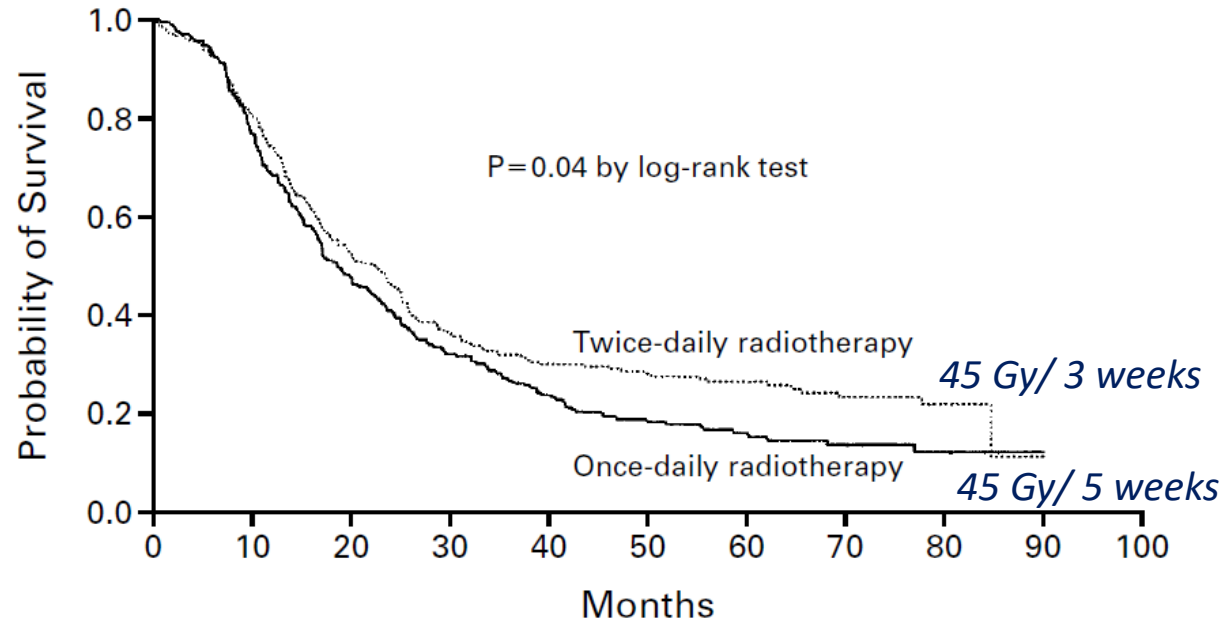
Time is important



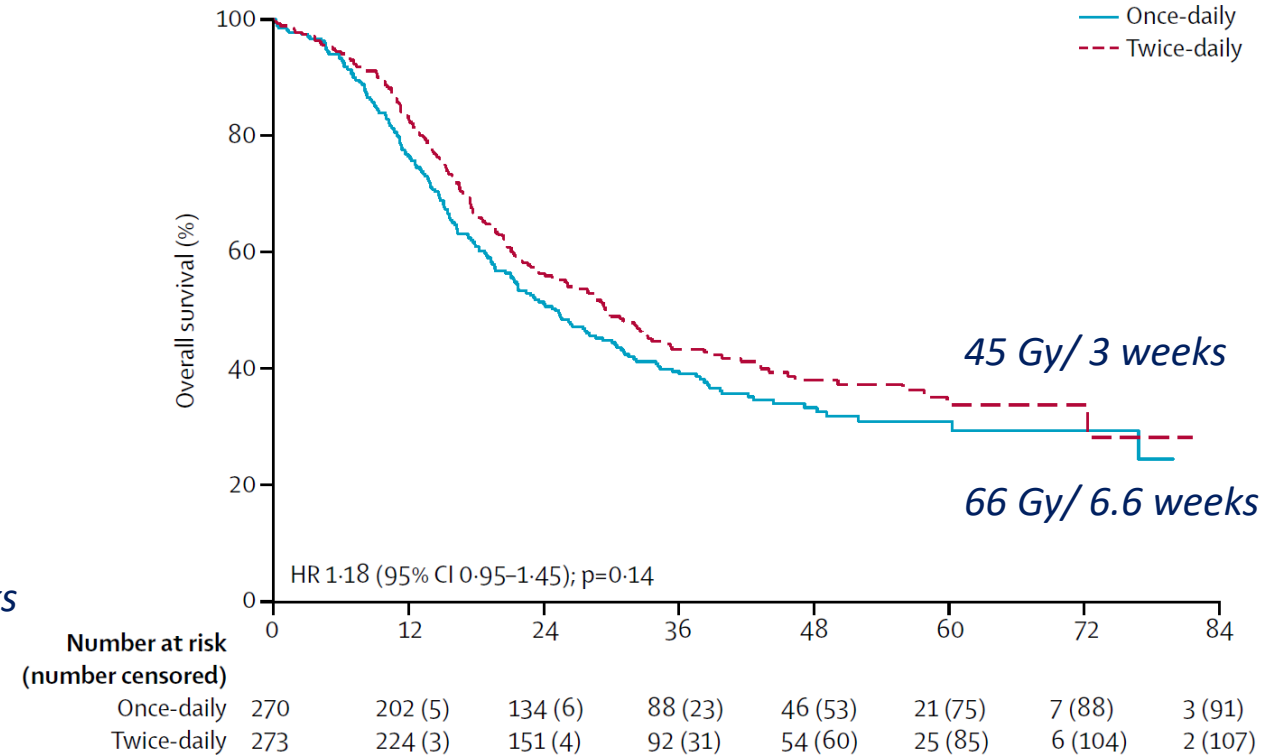
Effect of early, accelerated radiotherapy as a function of chemotherapy compliance



Fractionation studies: Phase III



Turrisi et al. New Engl J Med 1999



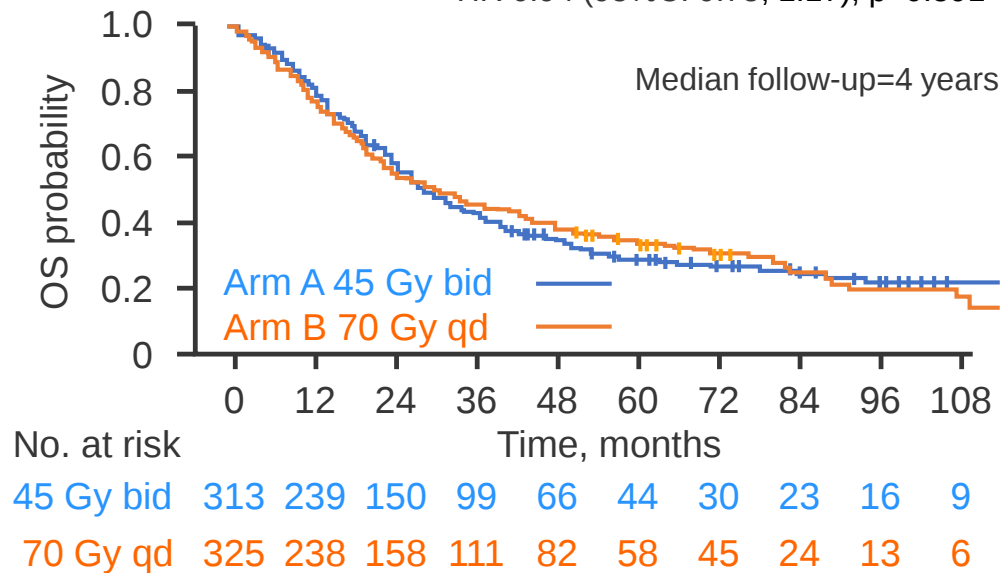
Faivre-Finn et al. Lancet Oncol 2016

CALGB 30610 (Alliance)/RTOG 0538

Overall survival

	mOS, mo (95%CI)	2-years OS, % (95%CI)	5-years OS, % (95%CI)
45 Gy bid	28.5 (25.4, 35.5)	58 (53, 64)	29 (23, 35)
70 Gy qd	30.5 (25.4, 41.1)	56 (51, 62)	34 (23, 35)

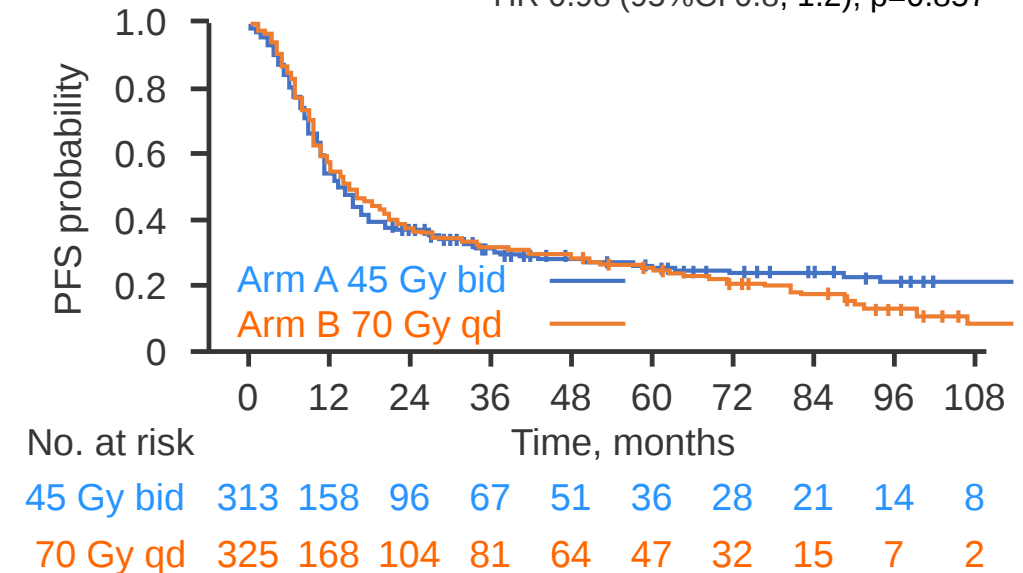
HR 0.94 (95%CI 0.75, 1.17); p=0.591



Progression-free survival

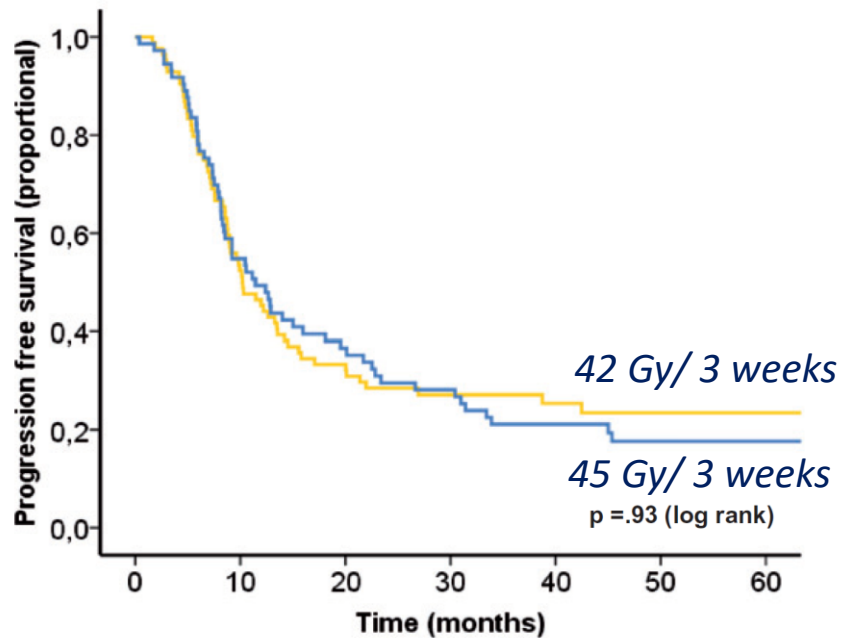
	mPFS, mo (95%CI)	2-years PFS, % (95%CI)	5-years PFS, % (95%CI)
45 Gy bid	13.5 (11.7, 15.8)	36 (31, 42)	25 (20, 31)
70 Gy qd	14.2 (11.9, 17.7)	36 (31, 42)	24 (20, 30)

HR 0.98 (95%CI 0.8, 1.2); p=0.857



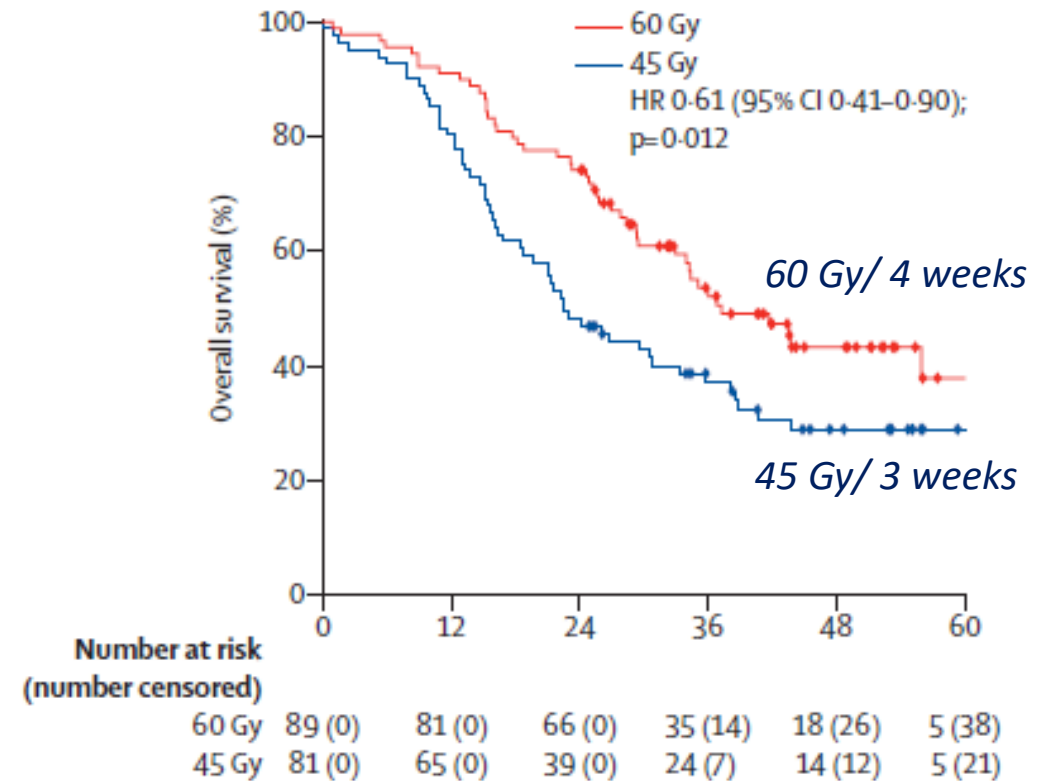
Fractionation studies: Phase II

	Median (95% CI) PFS	1 year (95% CI) PFS	2 year (95% CI) PFS
■ Twice daily	11.4 (8.2-14.7) months	49 (38-61)%	29 (18-39)%
■ Once daily	10.2 (7.4-13.0) months	45 (34-56)%	26 (17-36)%



	0	10	20	30	40	50	60
■	73	40	26	20	13	8	6
■	84	44	28	18	15	8	5

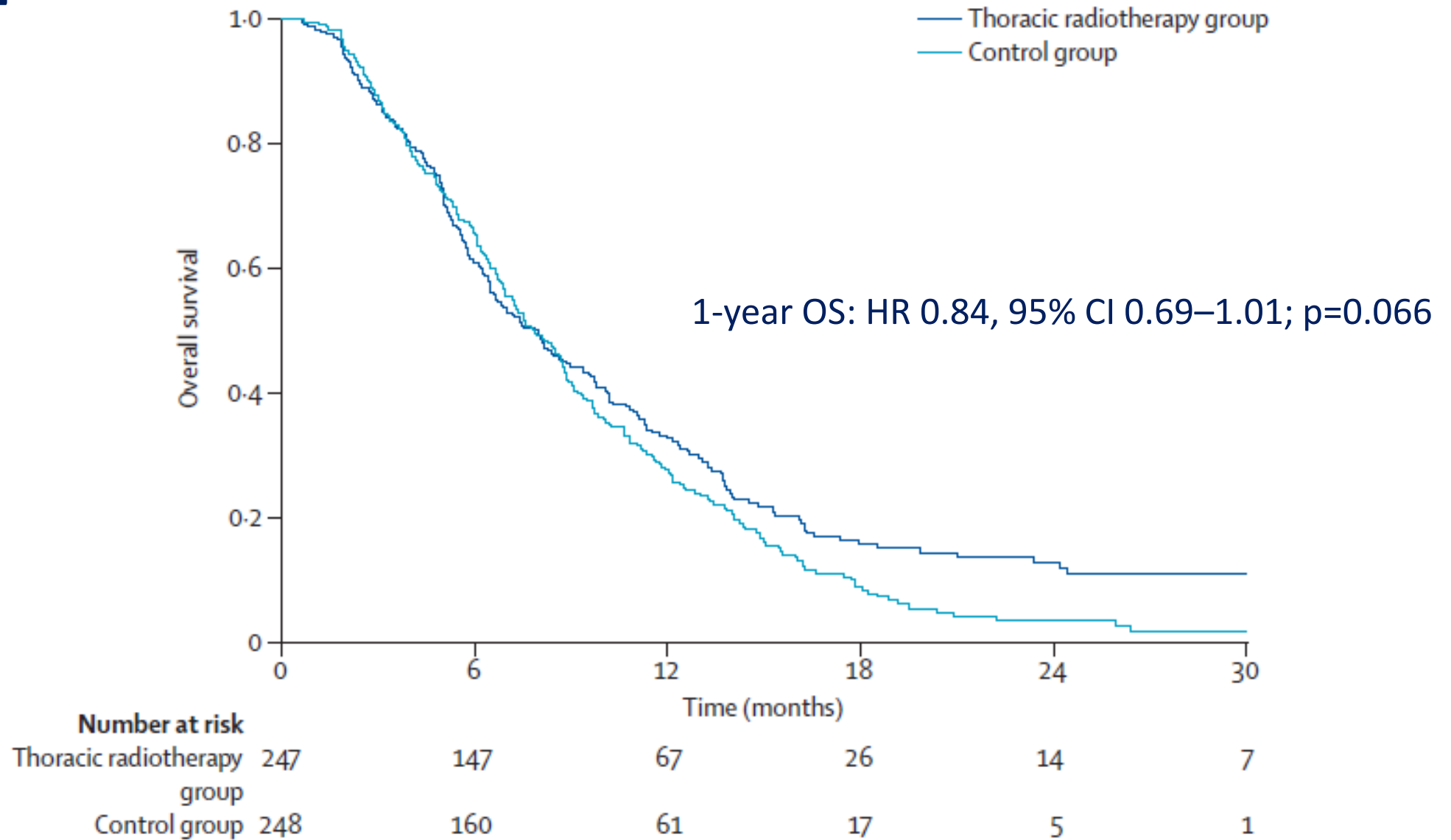
Grønberg et al. Acta Oncol 2016



	0	12	24	36	48	60
60 Gy	89 (0)	81 (0)	66 (0)	35 (14)	18 (26)	5 (38)
45 Gy	81 (0)	65 (0)	39 (0)	24 (7)	14 (12)	5 (21)

Grønberg et al. Lancet Oncol 2021

CREST

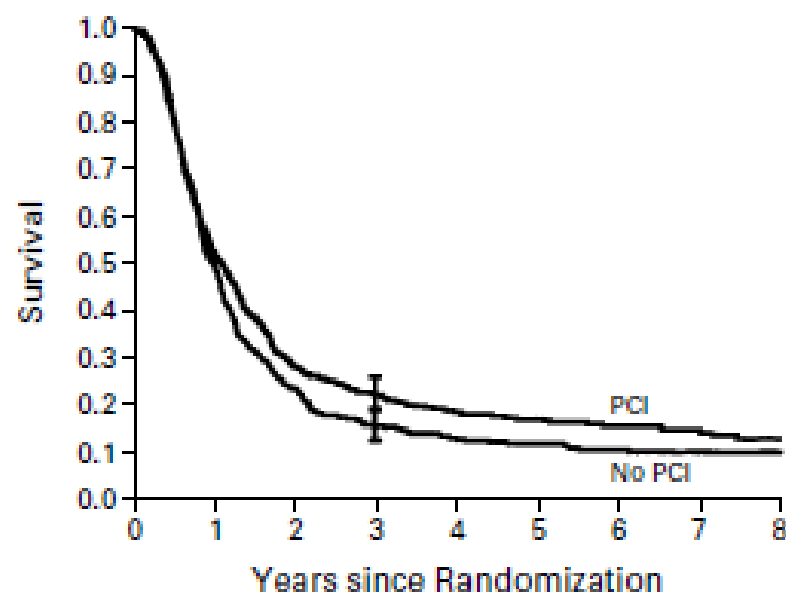


Prophylactic Cranial Irradiation in small cell lung cancer

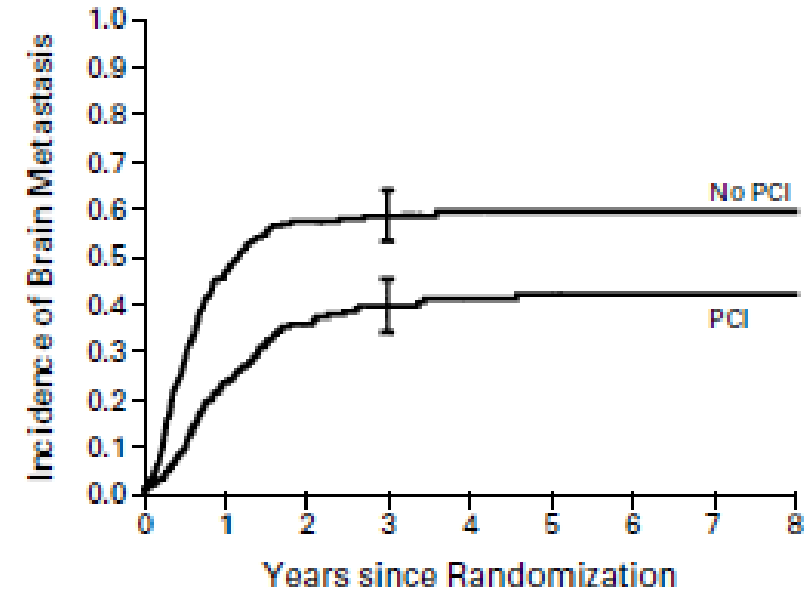
«Limited disease» small cell lung cancer

Aupérin et al. NEJM 1999; 341:476-484

PROPHYLACTIC CRANIAL IRRADIATION FOR PATIENTS WITH SMALL-CELL LUNG CANCER IN COMPLETE REMISSION



No. AT Risk									
No PCI	461	224	103	61	44	34	23	19	15
PCI	526	276	139	101	66	52	40	29	17



No. AT Risk									
No PCI	457	171	88	57	41	32	21	18	14
PCI	524	248	133	96	66	52	40	29	17

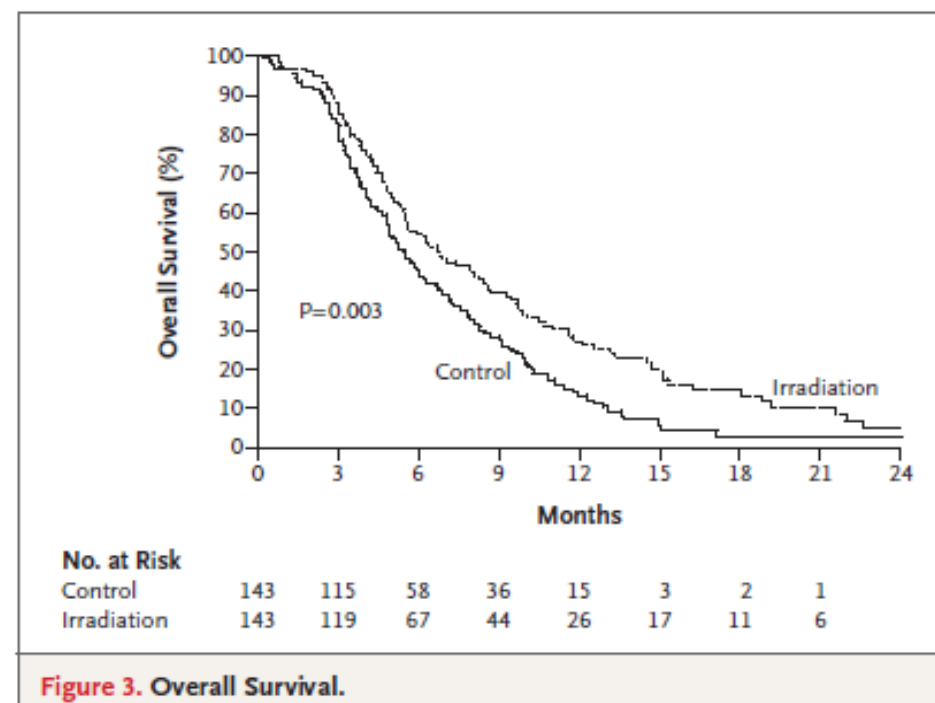
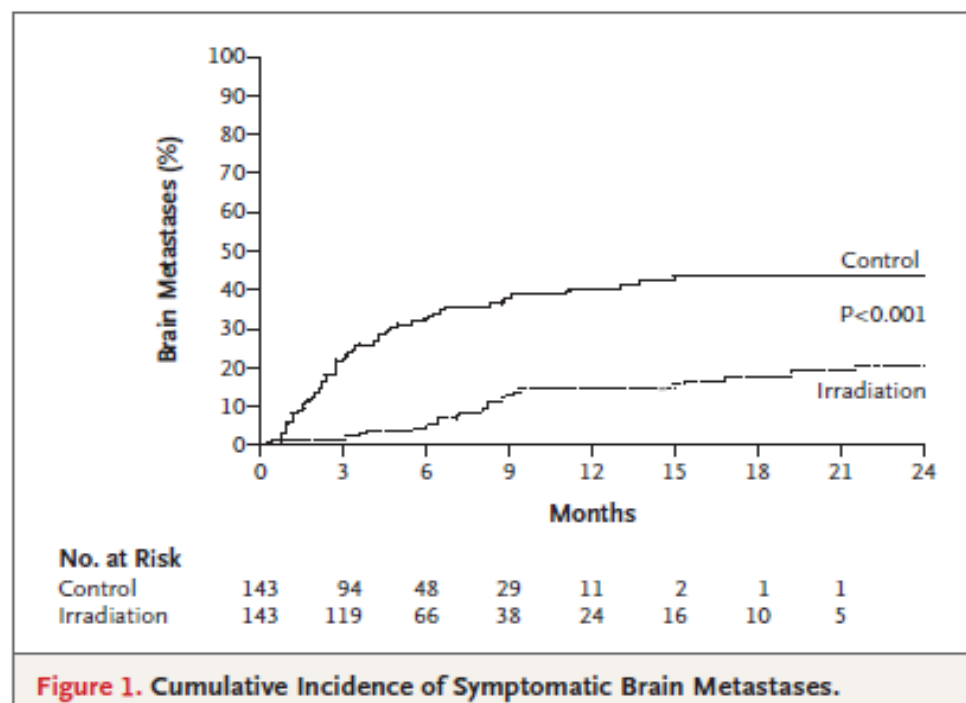
Increased overall survival and less BM in patients with a CR on chest X-ray

No concurrent chemo-radiotherapy

No high quality CT (no MRI) of the brain

PCI: «Extensive disease» SCLC

(Slotman et al. NEJM 2007;357:664-72)



Hippocampus Avoidance PCI

A randomized phase III trial (NCT01780675)



SCLC (LD and ED)

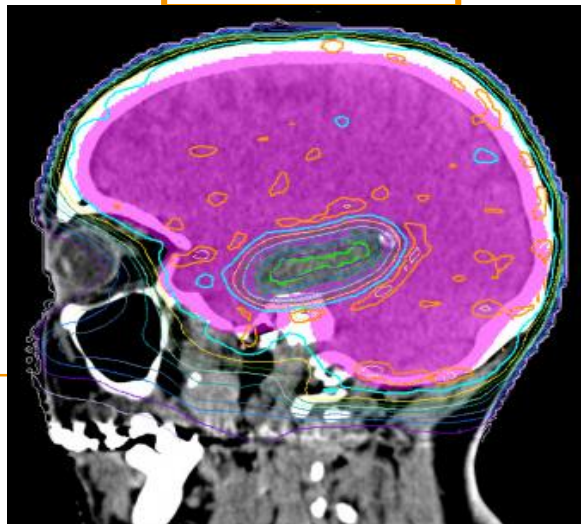
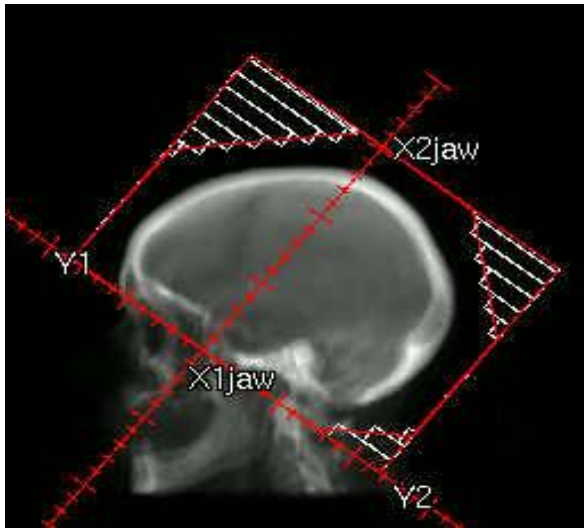
PCI

R

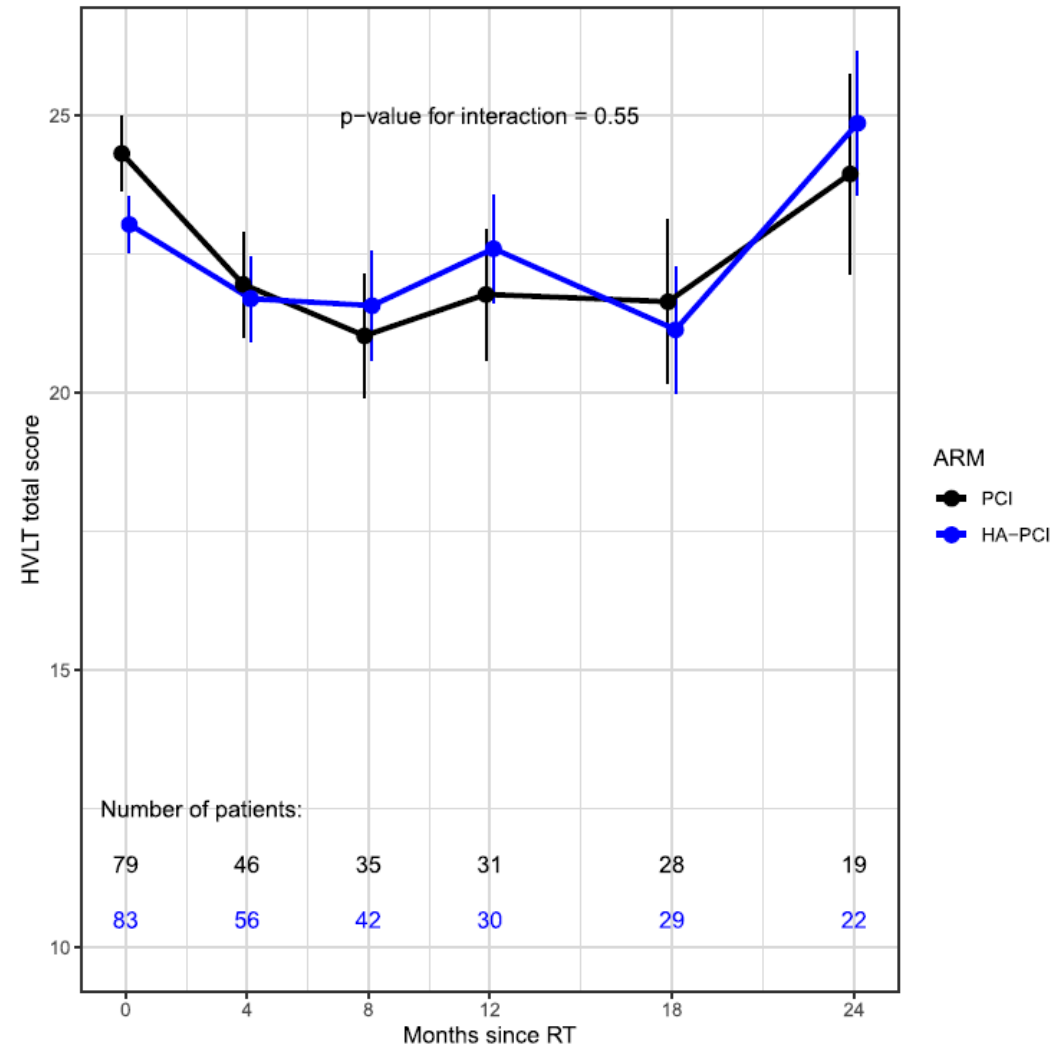
standard PCI

HA-PCI

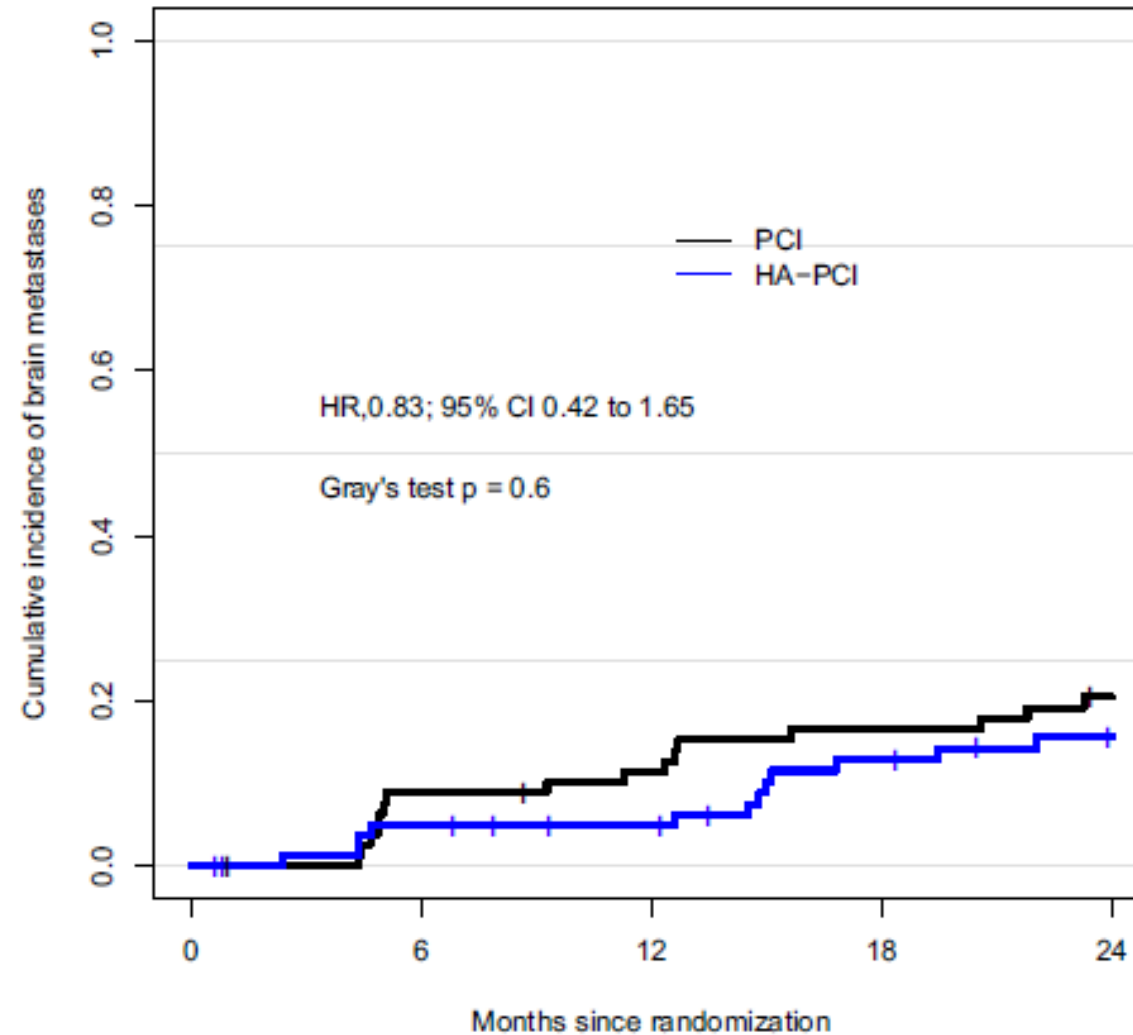
- Prescription dose 25 Gy/10 fx
- Neurocognitive test battery baseline and 4 /8 /12 /18/ 24 mths
- MRI baseline, 4 mths and 1 year



Primary endpoint: HVLt-R



Incidence of brain metastases



IMpower 133: PROM

Table 5. CNS-related AEs in all patients and in patients who received PCI

CNS-related AEs, n (%)	Atezolizumab + CP/ET			Placebo + CP/ET		
	All patients (n = 198)	Patients with PCI (n = 23)		All patients (n = 196)	Patients with PCI (n = 21)	
		AEs at any time	AEs after PCI ^a		AEs at any time	AEs after PCI ^a
Headache	24 (12)	8 (35)	6 (26)	23 (12)	3 (14)	3 (14)
Asthenia	25 (12)	5 (22)	1 (4)	20 (10)	2 (10)	0
Dizziness	19 (10)	2 (9)	0	11 (6)	0	0
Insomnia	15 (8)	3 (13)	1 (4)	13 (7)	1 (5)	1 (5)
Fall	8 (4)	2 (9)	1 (4)	4 (2)	1 (5)	1 (5)
Balance disorder	2 (1)	1 (4)	1 (4)	0	0	0
Lethargy	2 (1)	1 (4)	1 (4)	1 (<1)	0	0
Syncope	5 (3)	1 (4)	0	1 (<1)	0	0
Agitation	1 (<1)	0	0	1 (<1)	1 (5)	1 (5)
Confusional state	3 (2)	0	0	3 (2)	1 (5)	1 (5)

Conclusions fractionation stage I-III small cell lung cancer

- “Small cell lung cancer is a chemo- and radiosensitive disease” is a myth. We were fooled by their immediate effects.
- Optimize chemotherapy, then optimizing radiotherapy improves OS.
- *Concurrent chemo-RT: 45 Gy/ 1.5 Gy BID/ 3 weeks (70 Gy/ 2 Gy QD/ 7 weeks)*
- *[Sequential chemo-RT: only one phase III trial: 45 Gy BID]*

Conclusions PCI

- PCI remains SoC in localized small cell lung cancer when no progressive disease is found after concurrent chemo-radiotherapy and the performance status is 0-2
- PCI in metastatic disease should be considered as well as MRI follow-up
- Hippocampus sparing is of no use
- The neuro-cognitive side effects of PD-(L)1 antibodies and especially combined with PCI should be investigated further

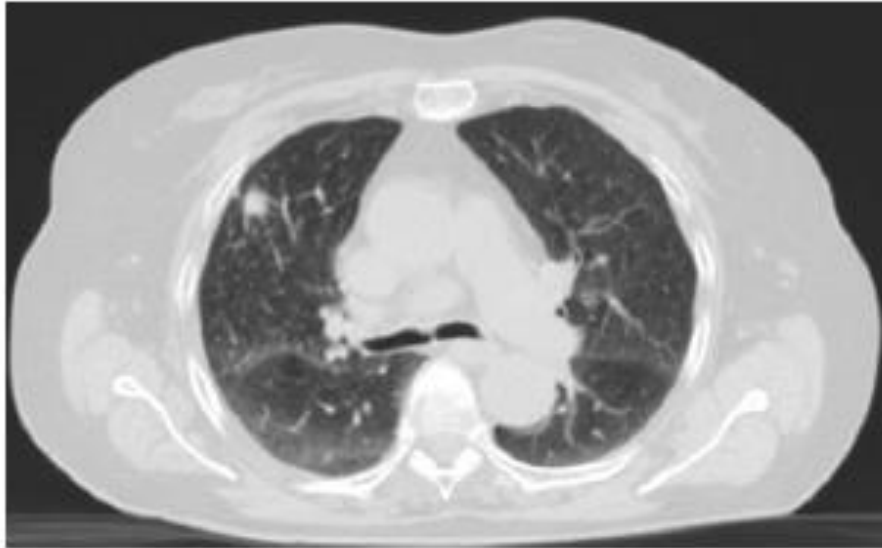
Conclusions chest irradiation in stage IV disease

- Chest irradiation (30 Gy/ 10 fractions) in metastatic disease after a response to chemotherapy and a performance status of 0-2 should be considered
- Chest irradiation can be combined safely with PD-(L)-1 antibodies

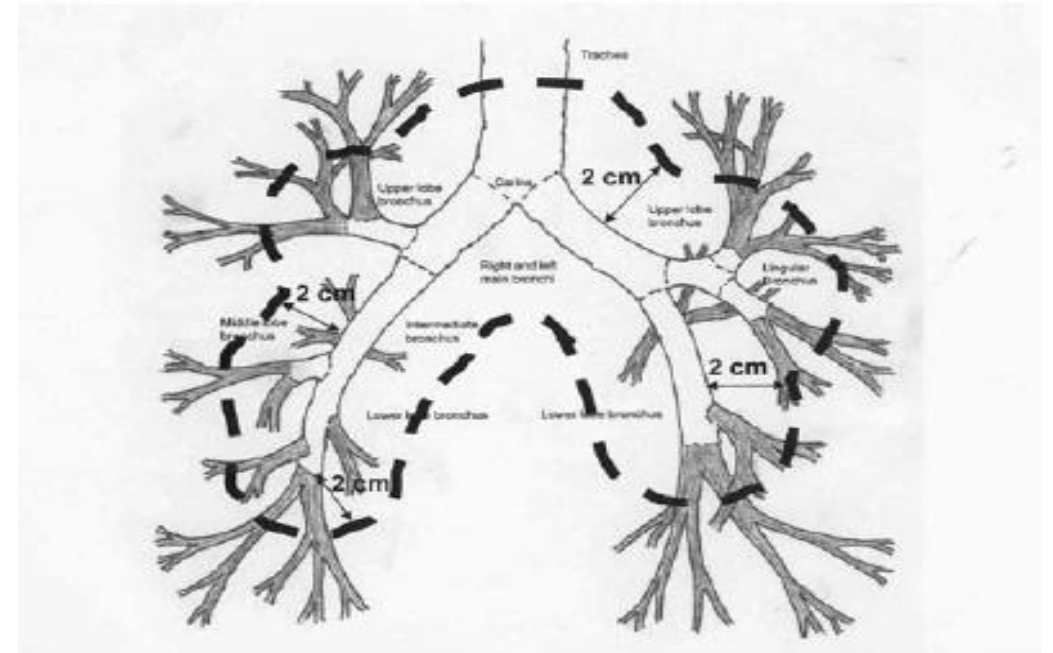
Non-Small Cell Lung Cancer

Early stage NSCLC: Stereotactic Radiotherapy

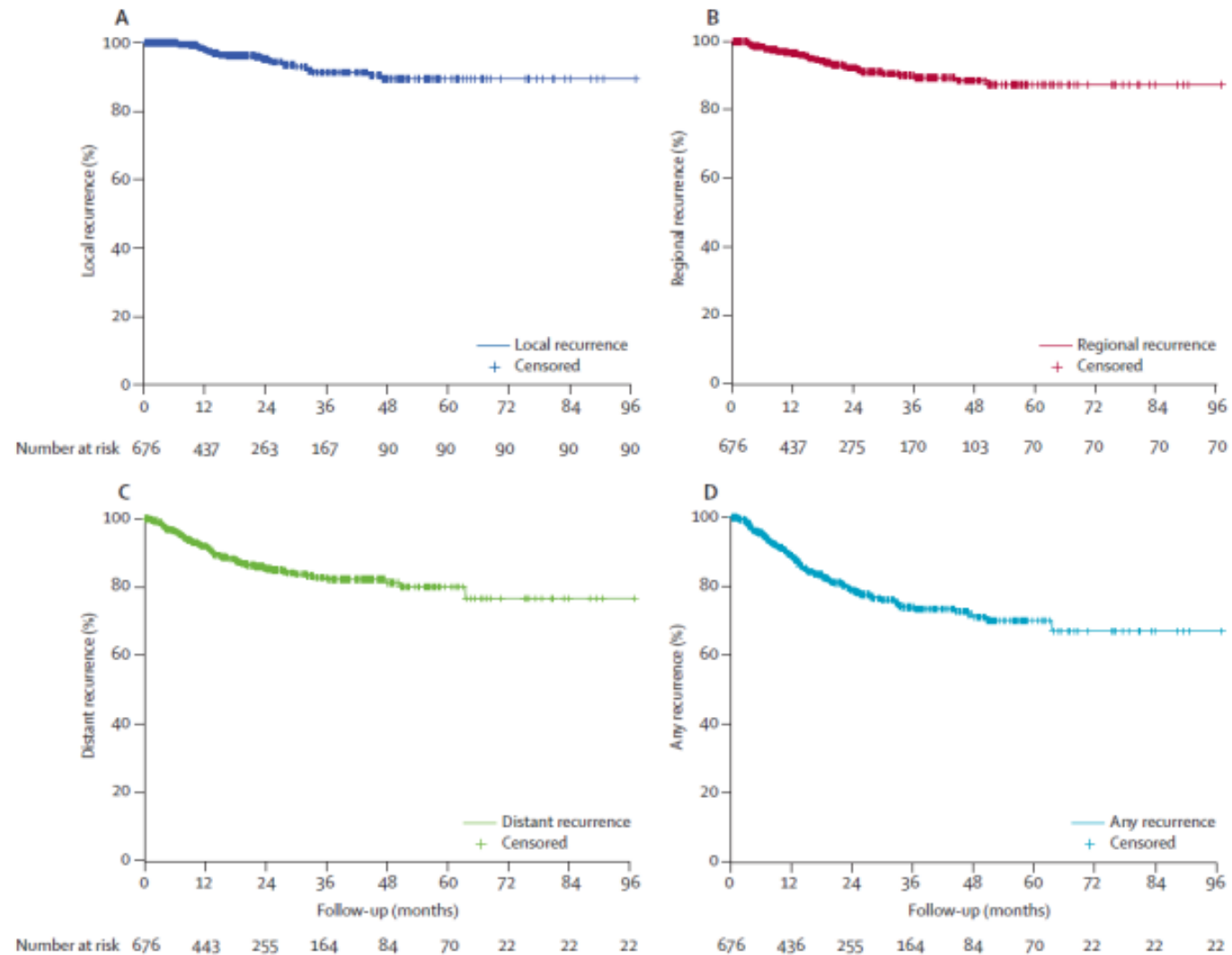
Inclusion



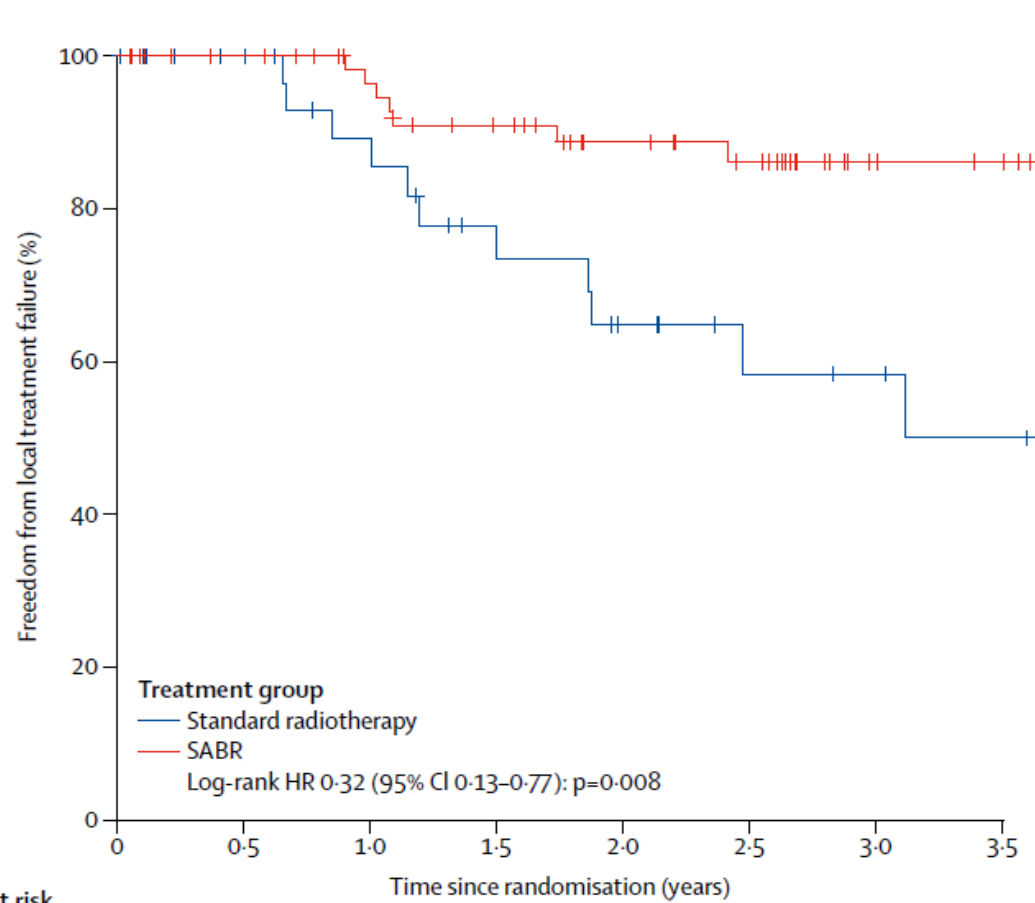
Exclusion



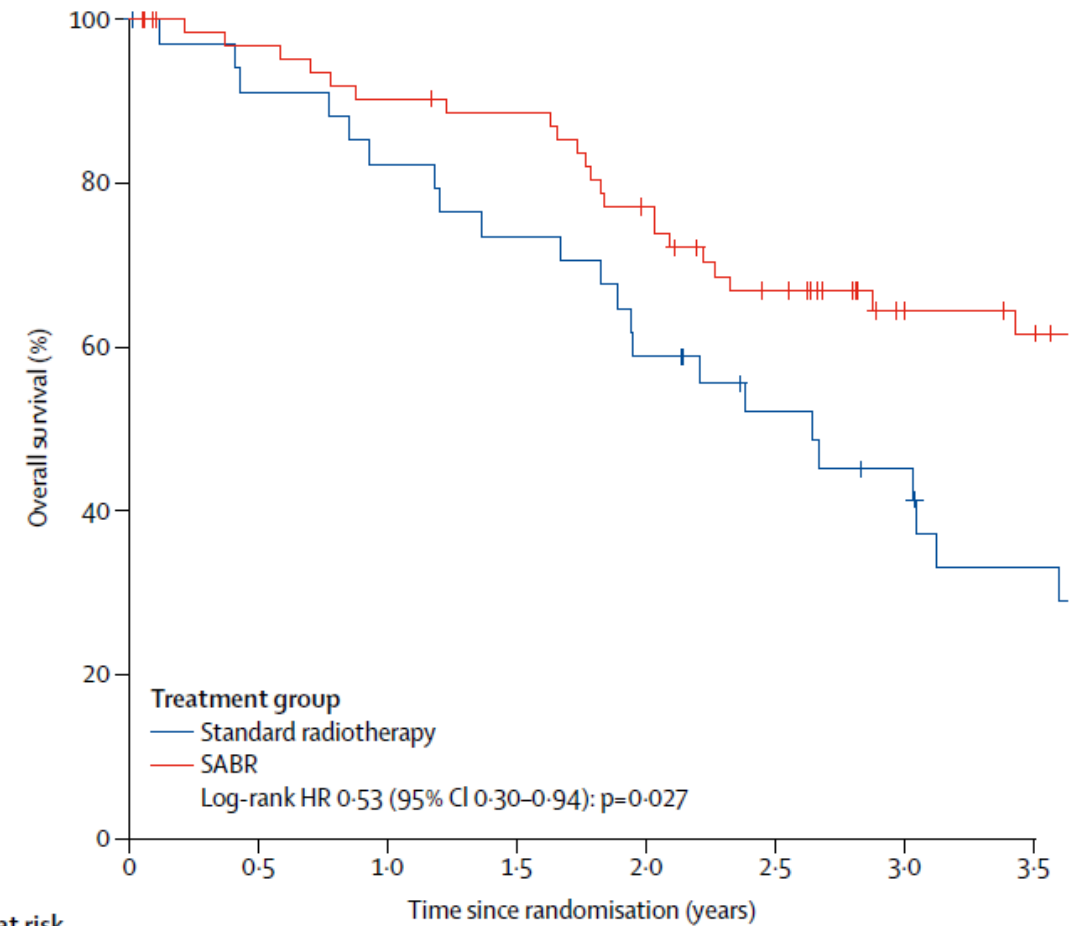
Retrospective series



CHISEL RCT



	Number at risk (number censored)							
Standard radiotherapy	35 (0)	30 (5)	24 (8)	17 (11)	13 (13)	9 (16)	8 (17)	6 (18)
SABR	66 (0)	60 (6)	53 (11)	46 (15)	37 (23)	32 (27)	19 (40)	17 (42)

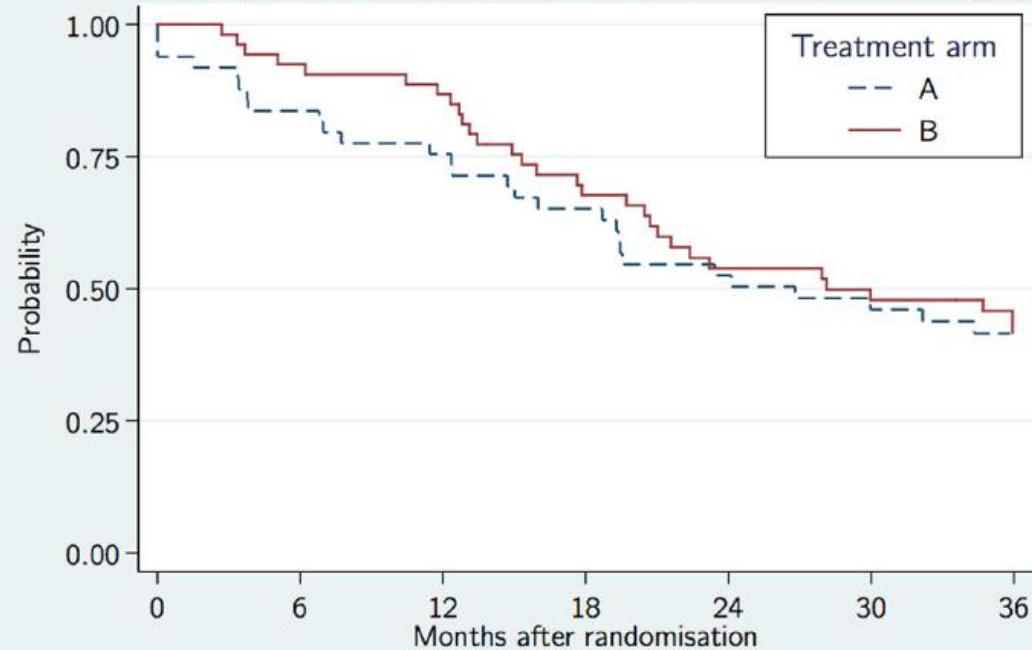


	Number at risk (number censored)							
Standard radiotherapy	35 (0)	31 (1)	28 (1)	25 (1)	20 (1)	15 (4)	12 (5)	8 (6)
SABR	66 (0)	60 (4)	56 (4)	54 (5)	46 (6)	37 (9)	25 (20)	22 (22)

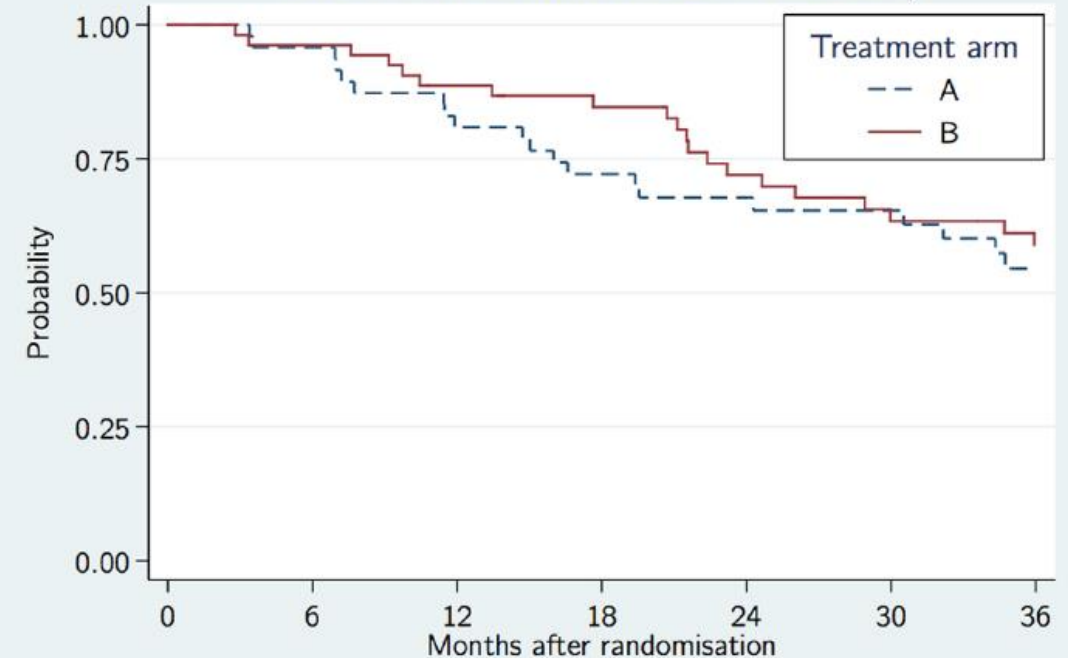
SPACE RCT

$A=SBRT$; $B=3DCRT$

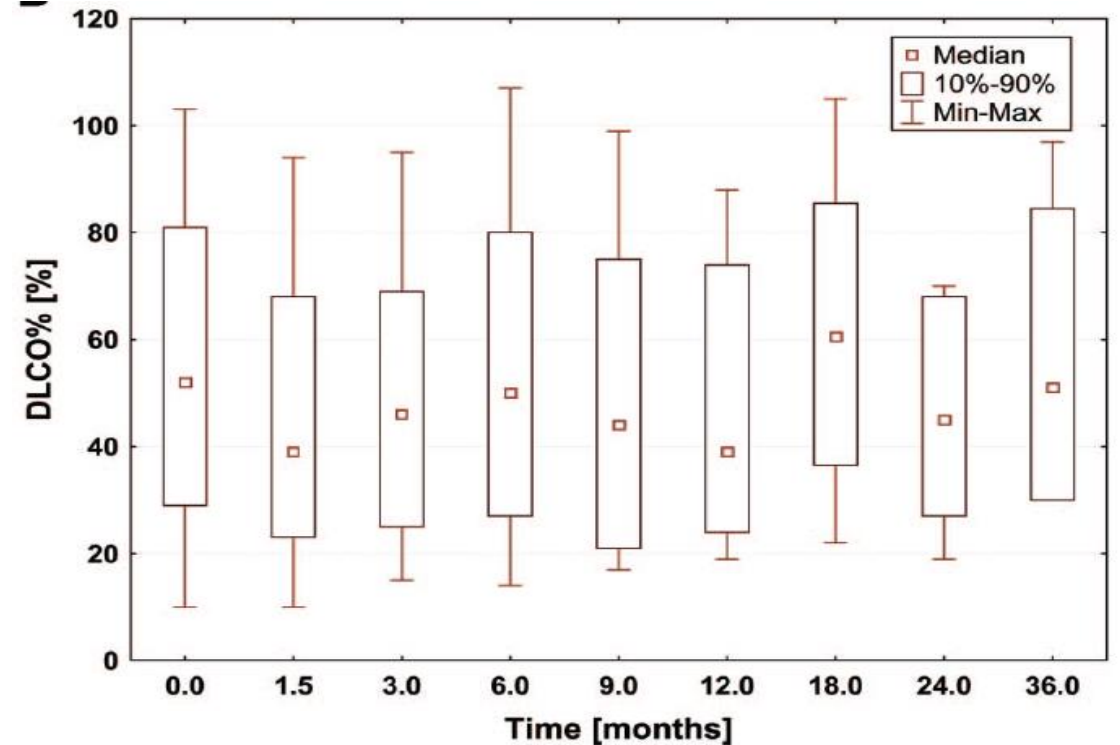
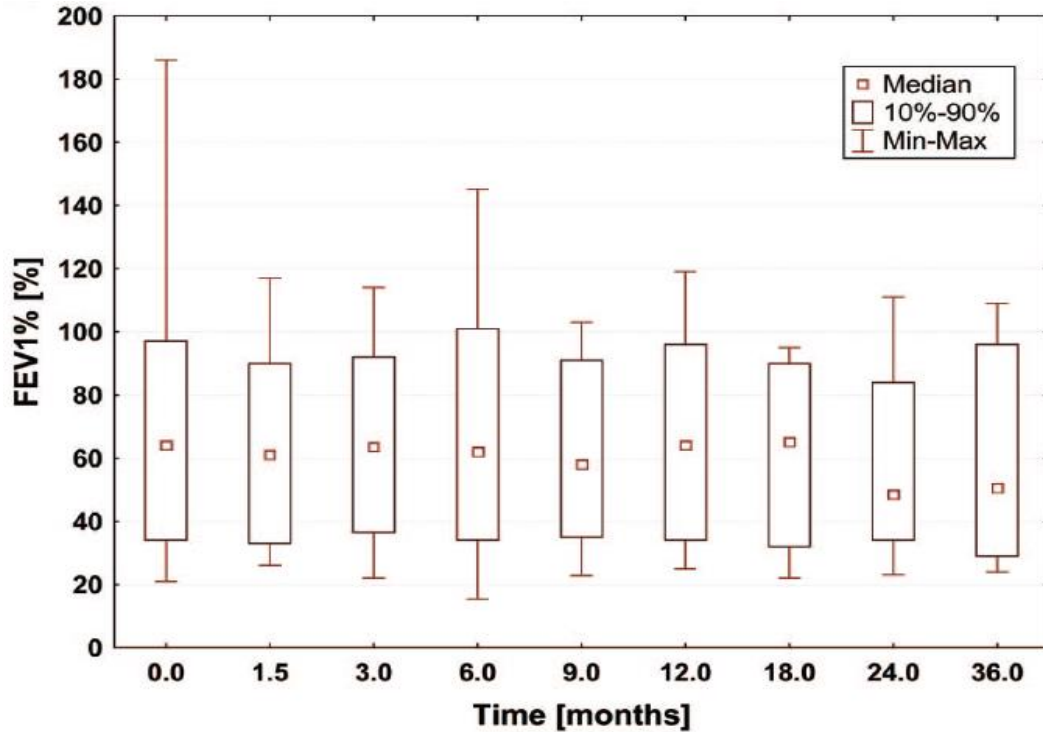
Progression-free survival in the SPACE study



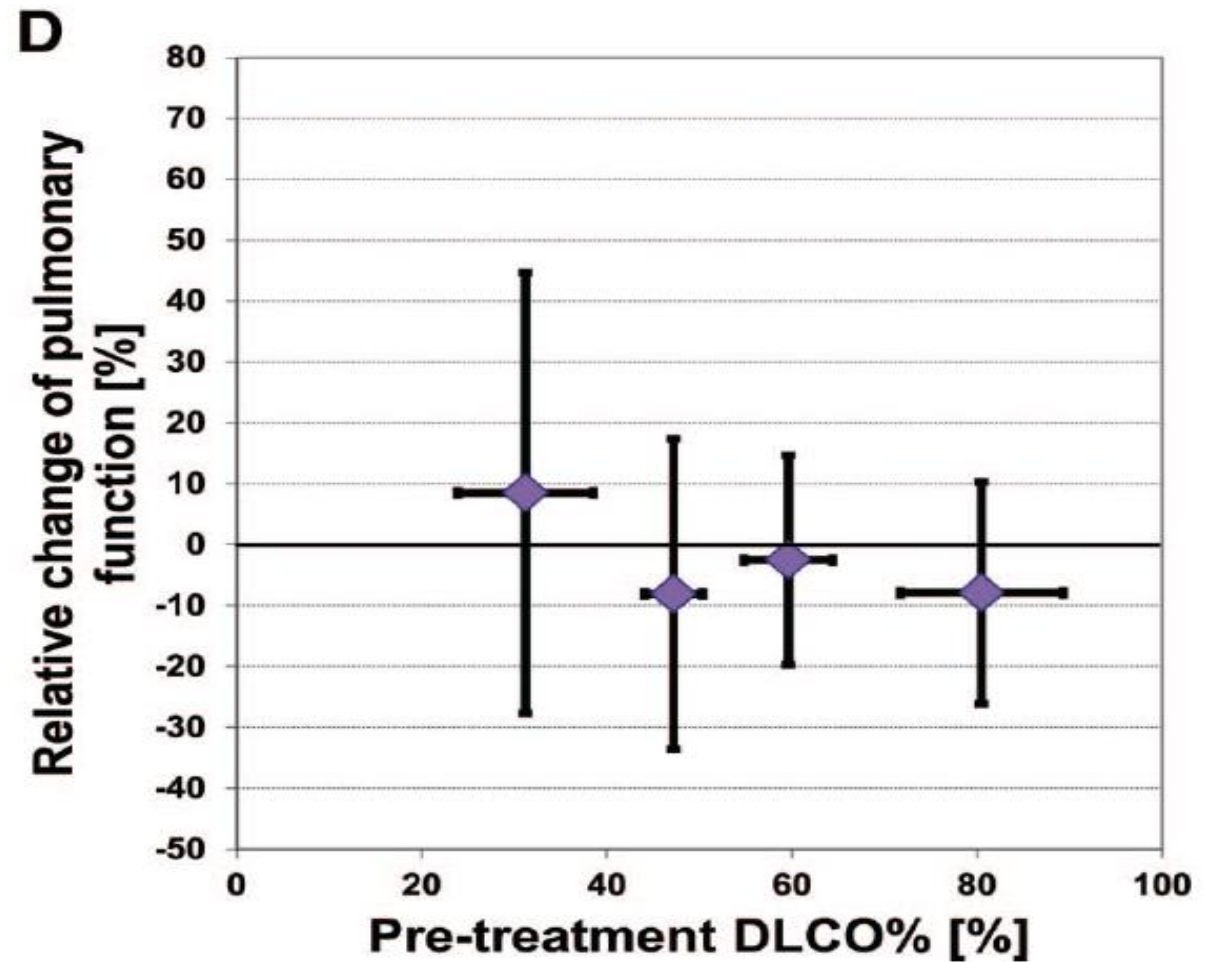
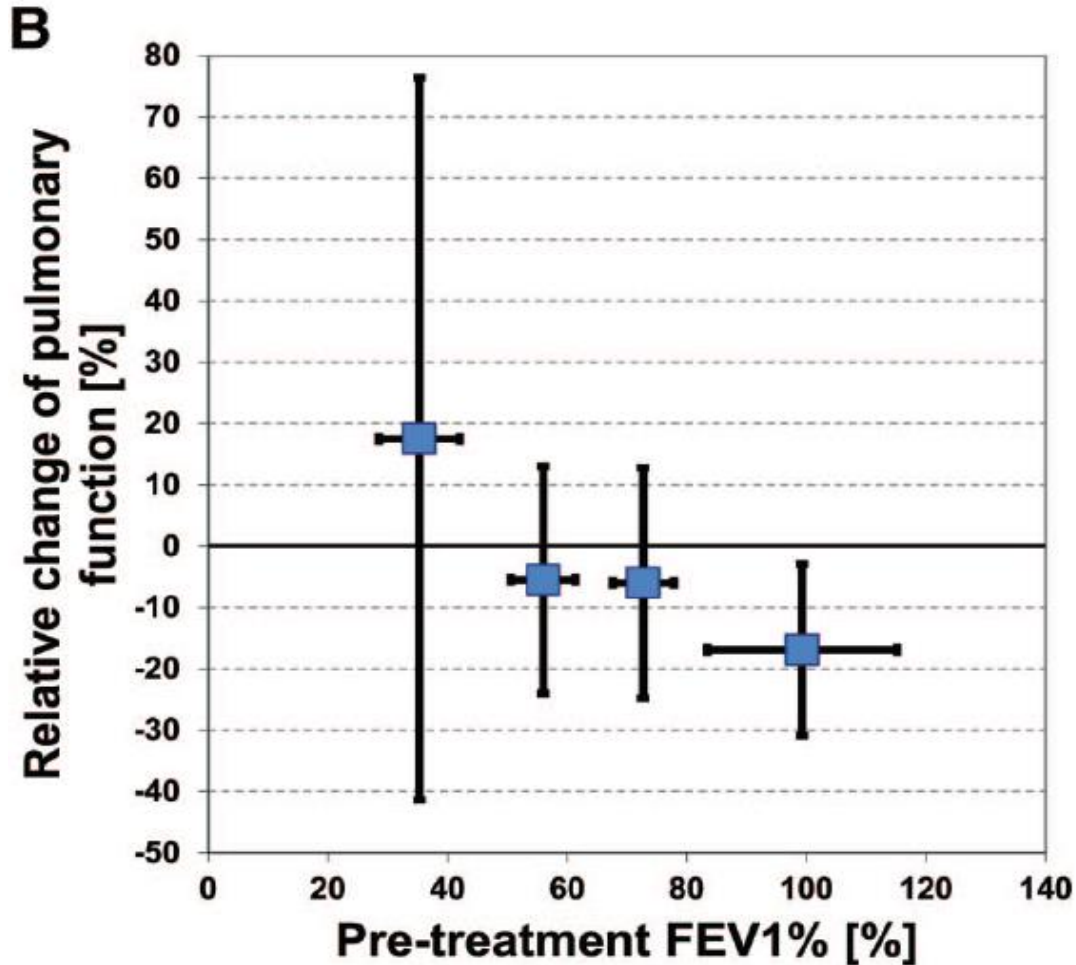
Overall survival in the SPACE study



SBRT: No change of FeV1 or DLCO over time

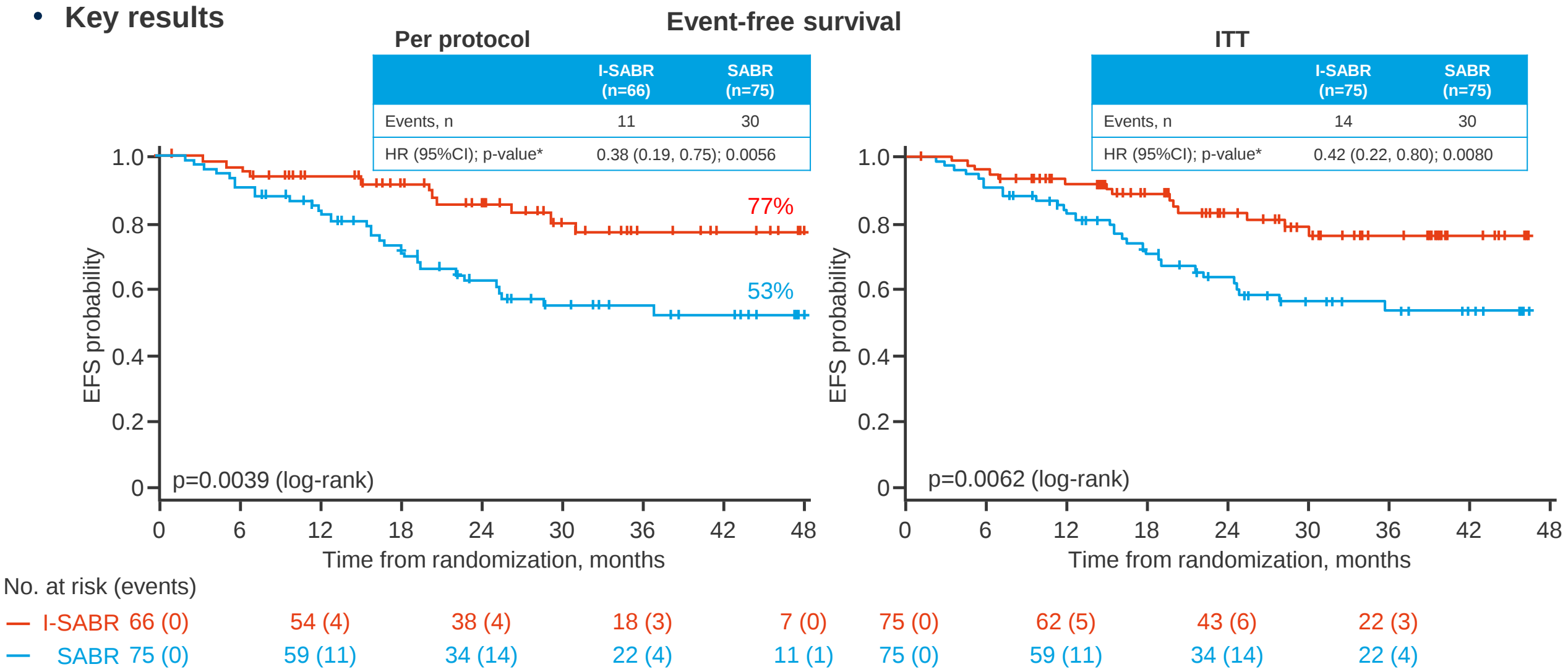


SBRT: No decline in FeV1 or DLCO in patients with poor pulmonary function



OA12.04: Nivolumab After Stereotactic Ablative Radiotherapy for Early-Stage Non-Small Cell Lung Cancer: Randomized I-SABR Trial – Chang JY, et al

- Key results

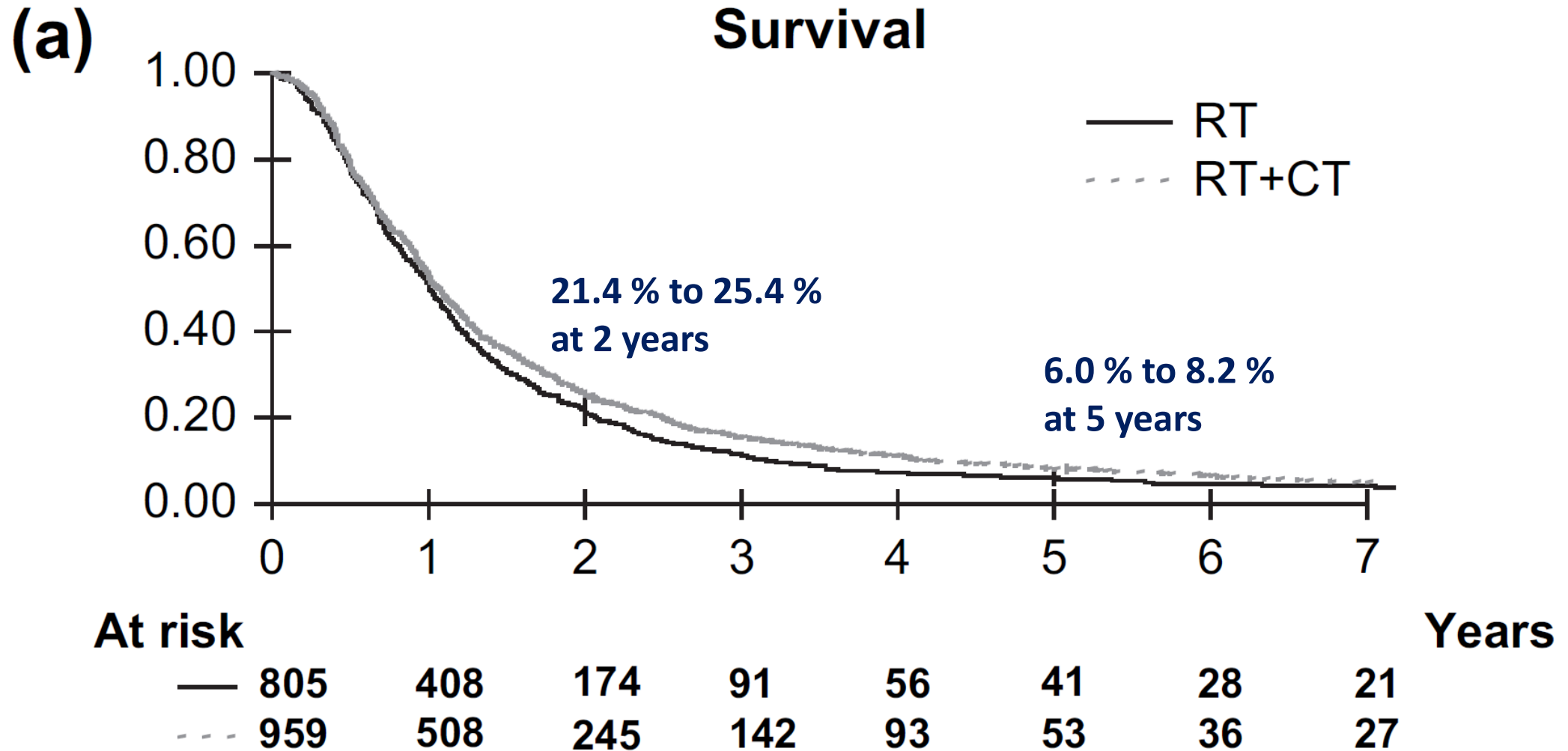


Conclusion: SBRT for inoperable patients

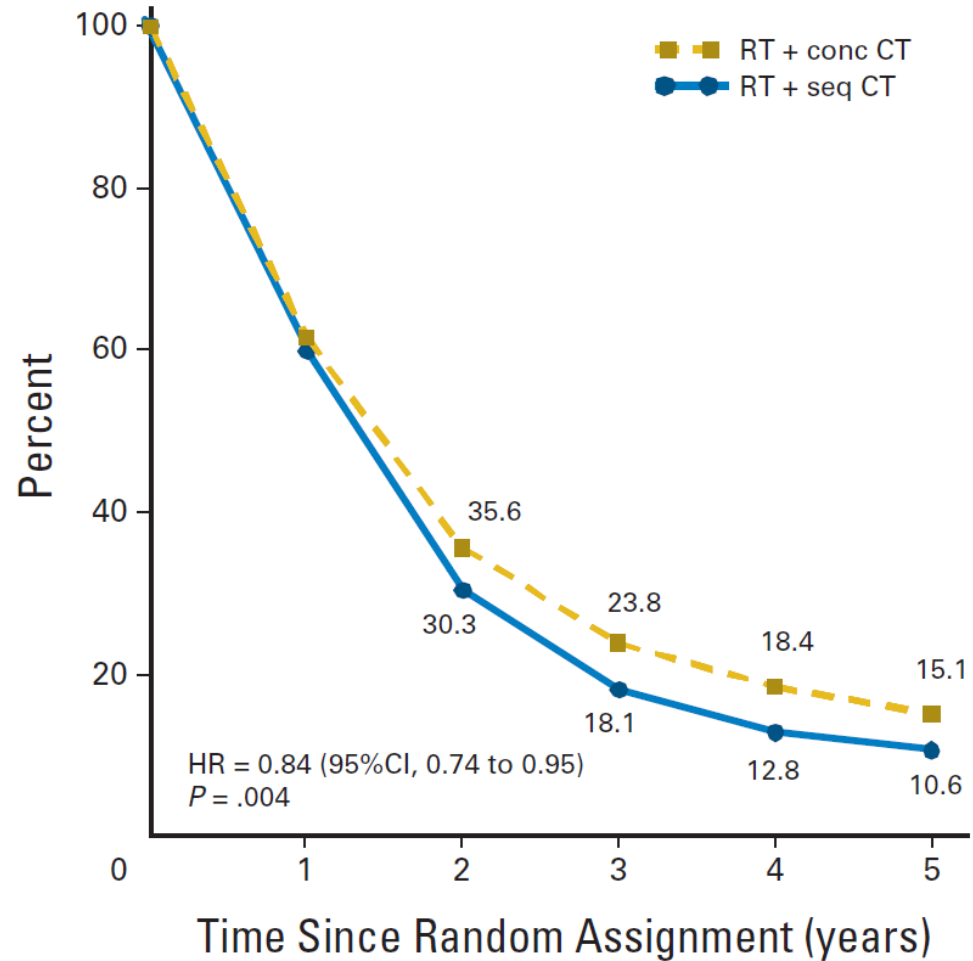
- Local tumour control at 5 years > 90 %
- Regional tumour control 80 %, Distant metastases: 30-40 %
- Severe toxicity < 5 %
- No decline in pulmonary function
- Safe in patients with severely impaired lung function
- **IPF is the major risk factor**
- (Ultra)- central tumors: in case of doubt: protracted schedule

Locally advanced NSCLC

Sequential chemo-radiotherapy



Concurrent chemo-radiotherapy



	Deaths/Person-Years by Period				
	0y-1y	1y-2y	2y-3y	3y-4y	> 4y
RT+ conc CT (n = 603)	240/498	147/276	67/171	30/116	37/186
RT+ seq CT (n = 602)	253/491	171/242	70/129	30/ 83	23/126

Integration of FDG-PET-CT in radiation planning

Mean esophageal dose decreased
from 30.7 Gy to 17.2 Gy ($p=0.004$):

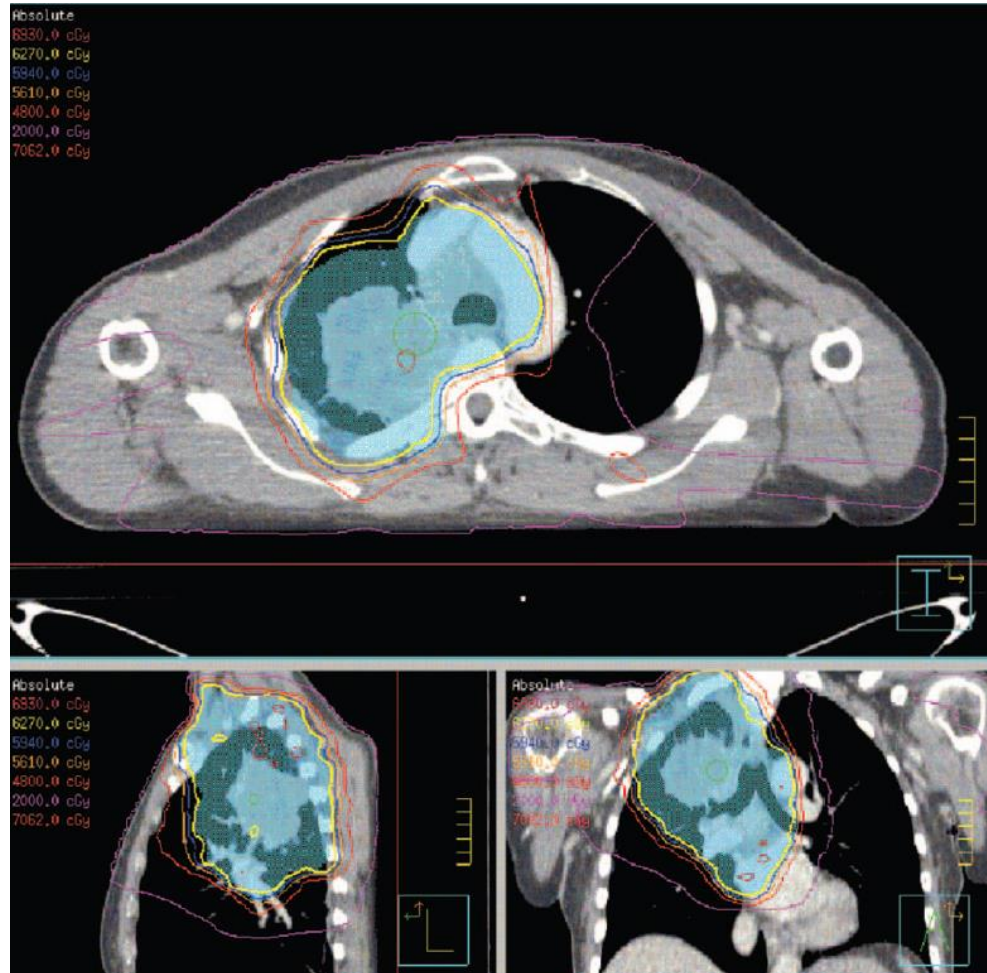
G3 esophagitis from 30 % to 18 %

Table 2. Patterns of recurrence

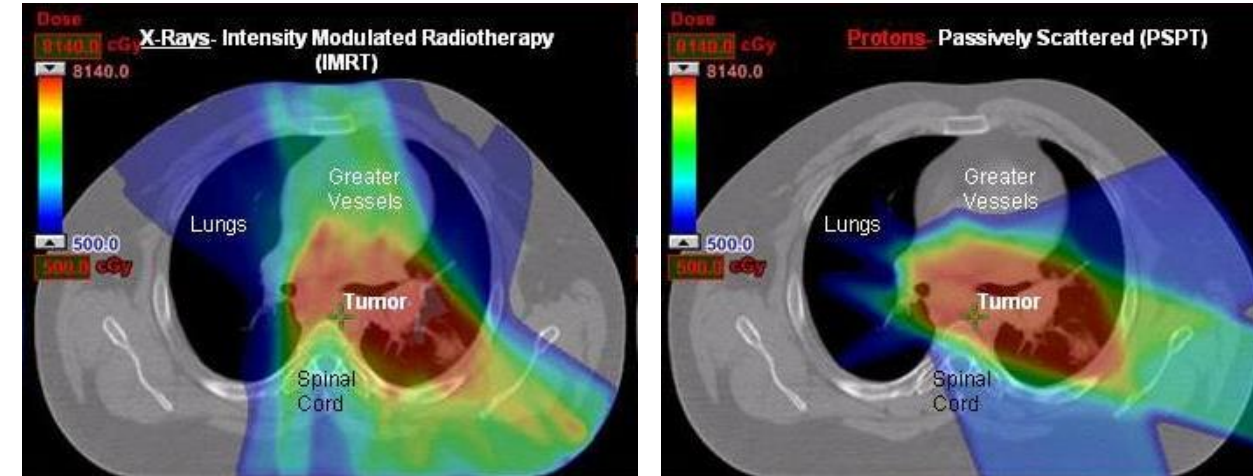
Recurrences	No. of patients (%)
None	26 (59)
In-field	10 (23)
Exclusively in-field	5
In-field and distant	5
→ Isolated nodal	1 (2)
Nodal (outside of CTV) along with local or distant failure	2 (4.5)
Distant only	7 (16)
Brain only	1

Abbreviation: CTV = clinical target volume.

IMRT/ VMAT: very conformal for high-dose regions



Proton Therapy to reduce low-dose volumes



De Ruysscher D, Chang JY Sem Radiat Oncol 2014

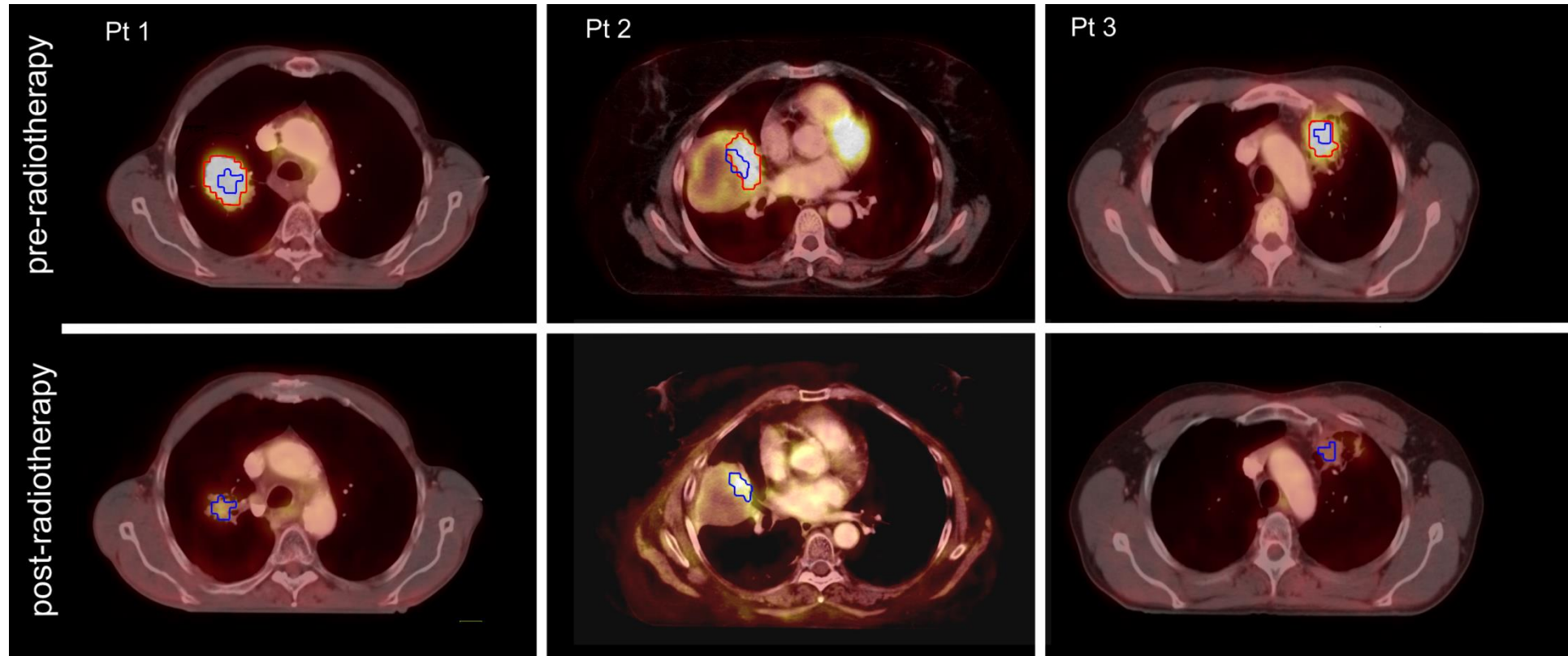


IMPT

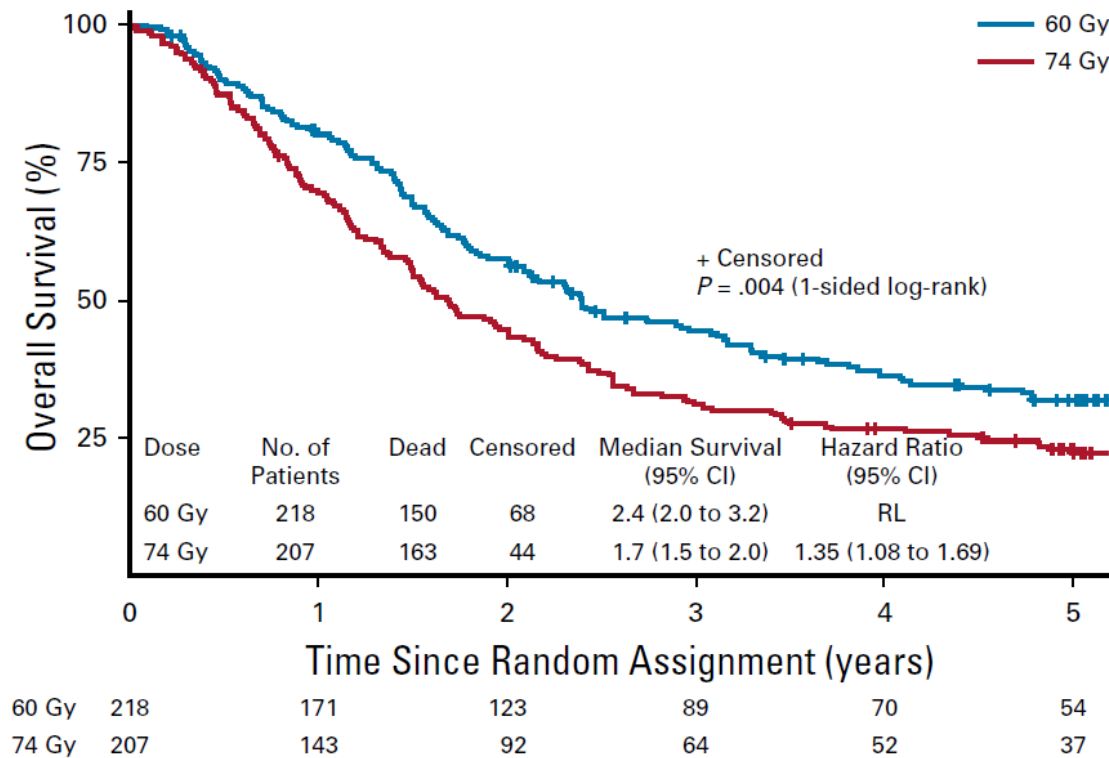
Mean Lung Dose
16 Gy → 8 Gy
Mean Heart Dose
25 Gy → 6 Gy

Tackling intra-tumor heterogeneity?

PET-boost failed

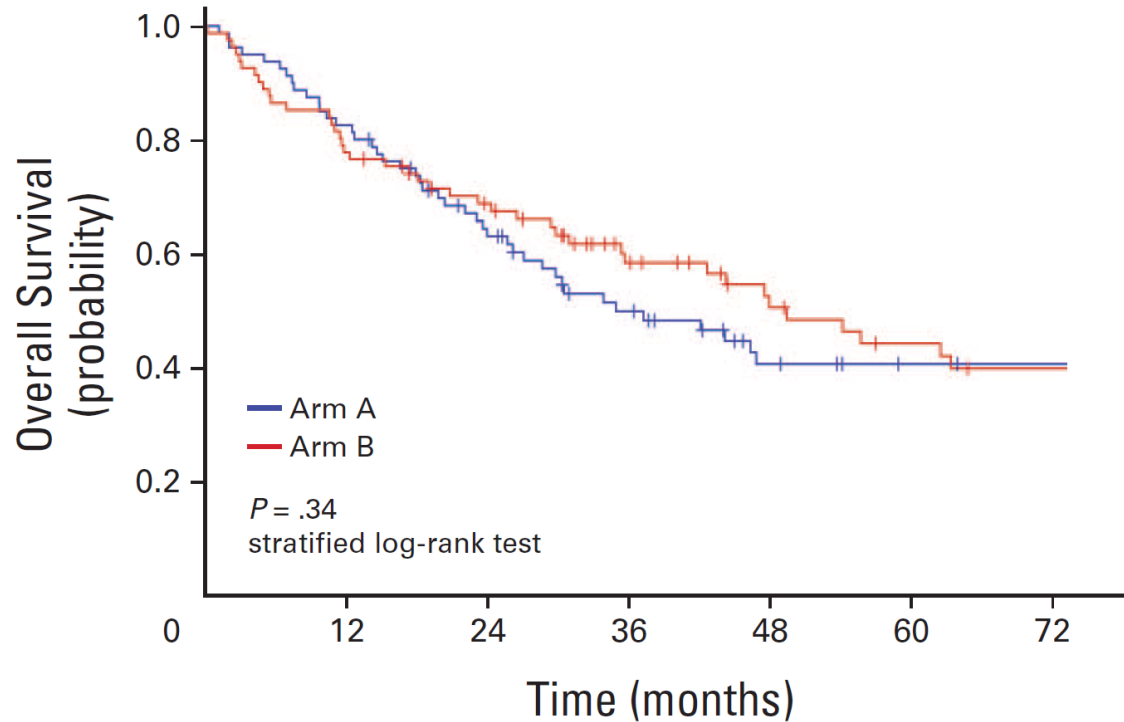


Dose-escalation in concurrent chemo-RT: RTOG 0617: Failed



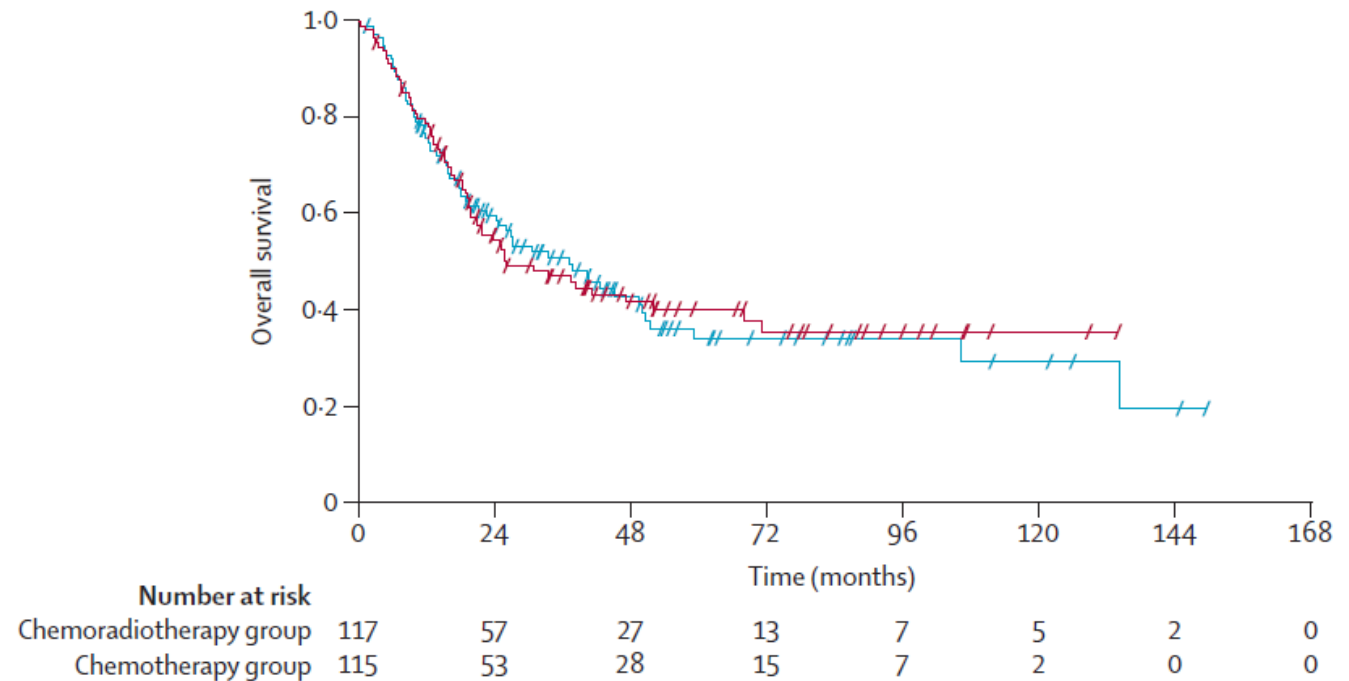
Failure Pattern	Standard Dose (60 Gy)		High Dose (74 Gy)		P
	Failed, % (95% CI)	No. at Risk	Failed, % (95% CI)	No. at Risk	
Local	38.2 (31.7 to 44.8)	40	45.7 (38.7 to 52.4)	27	.07
Regional	35.7 (29.3 to 42.2)	37	38.4 (31.7 to 45.0)	27	.54
Locoregional	49.7 (42.8 to 56.3)	34	55.4 (48.3 to 61.9)	25	.17
Distant	52.3 (45.3 to 58.8)	36	57.6 (50.4 to 64.1)	24	.32

Addition of surgery: Failed



No. at risk	0	12	24	36	48	60	72
Arm A	80	66	47	32	20	16	15
Arm B	81	63	51	35	25	20	17

Eberhardt et al. J Clin Oncol 2015



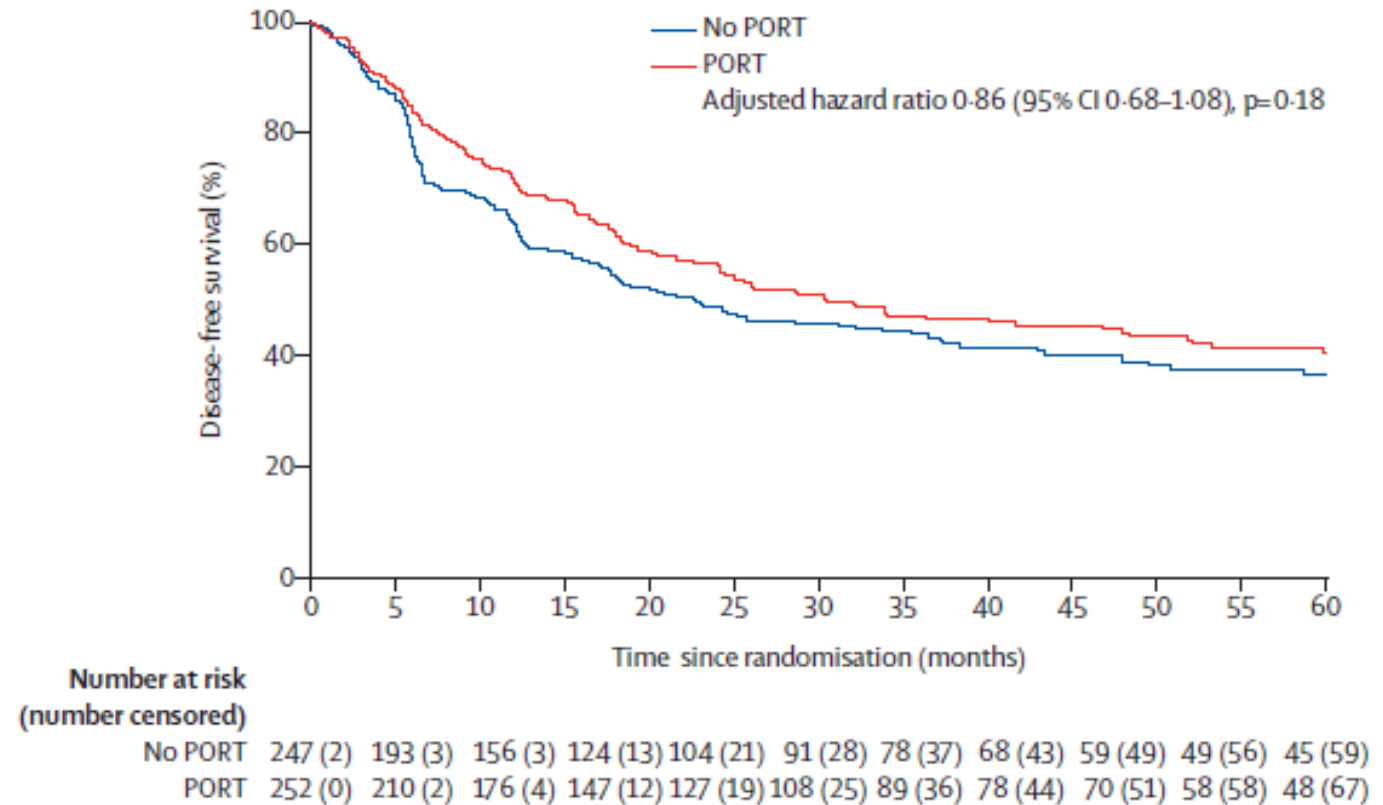
Pless et al. Lancet 2015

PORT reduces loco-regional relapses after complete resection: Lung-ART trial

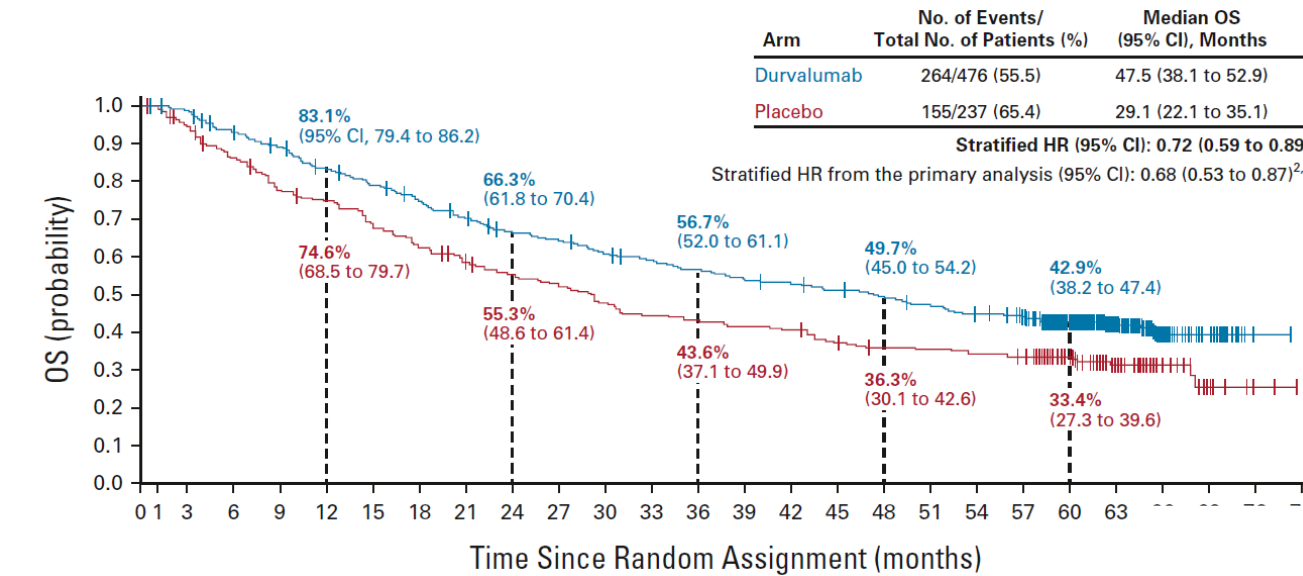
	PORT group (n=252)	Control group (n=249)
All disease-free survival events	144	152
Relapses and metastases	123 (85%)	144 (95%)
Mediastinal relapse	36 (25%)	70 (46%)
	36/252 (14 %)	70/249 (28 %)
Death	21 (15%)	8 (5%)
Causes of death		
Cardiopulmonary	11 (8%)	0
	11/252 (4 %)	
Progression	1 (1%)	0
Second primary cancer	4 (3%)	2 (1%)
Vascular	0	1 (1%)
Unknown	3 (2%)	4 (3%)

Data are n (%), regarding the number of patients with event. Patients can have several different events at the same time. PORT=postoperative radiotherapy.

Table 3: Disease-free survival events

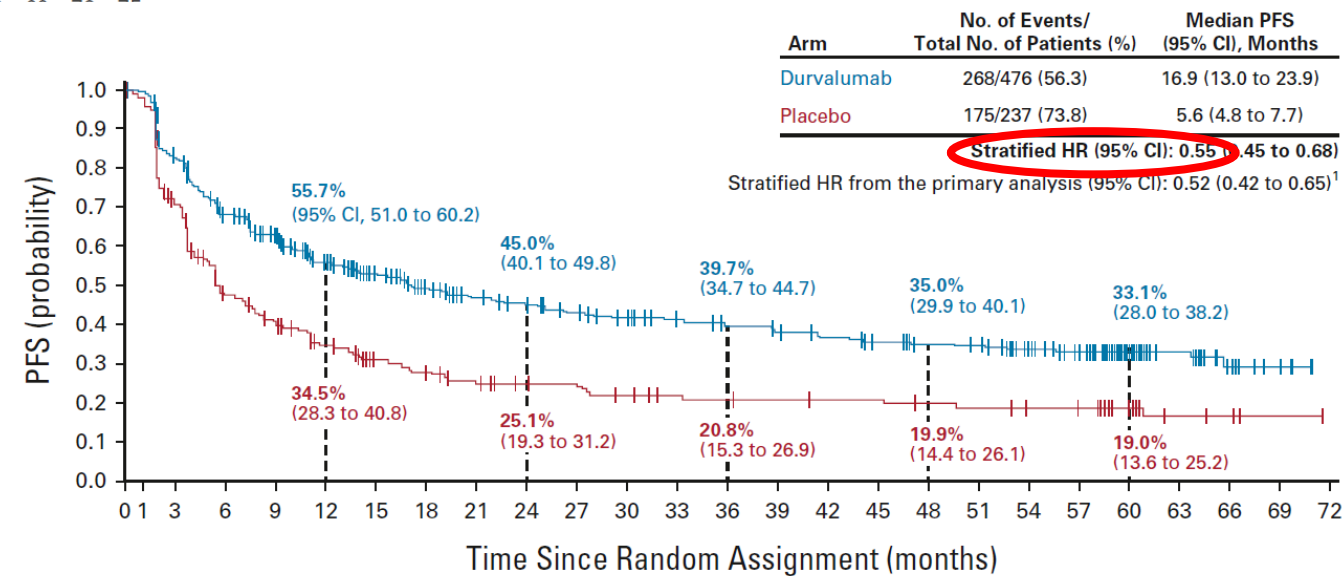


PACIFIC: stage III NSCLC: concurrent chemo-RT → durvalumab



No. at risk:

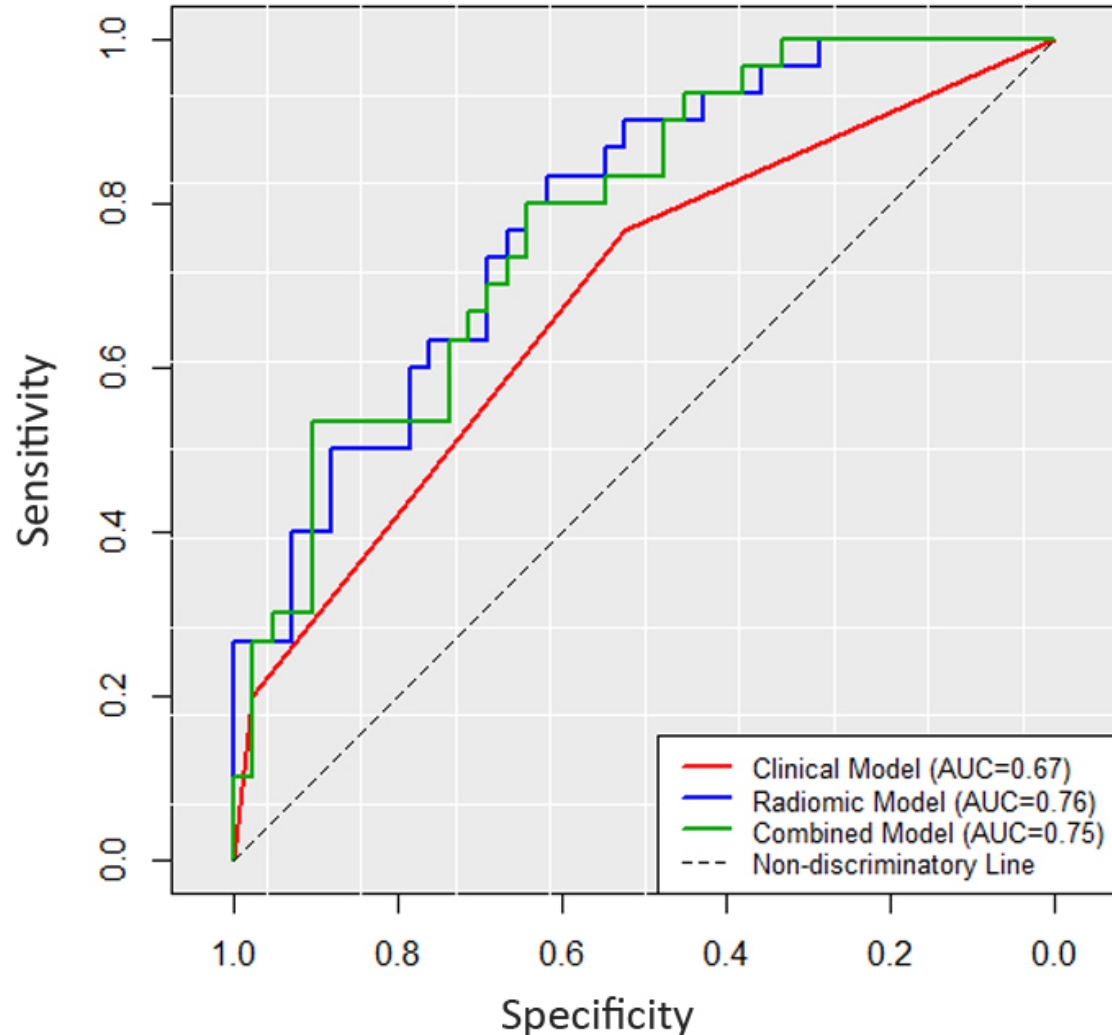
Time (months)	0	3	6	9	12	15	18	21	24	27	30	33	36	39	42	45	48	51	54	57	60	63	66	69	72
Durvalumab	476	464	431	414	385	364	343	319	298	289	273	264	252	241	236	227	218	207	196	183	134	91			
Placebo	237	220	199	179	171	156	143	133	123	116	107	99	97	93	91	83	78	77	74	72	56	33			



No. at risk:

Time (months)	0	3	6	9	12	15	18	21	24	27	30	33	36	39	42	45	48	51	54	57	60	63	66	69	72
Durvalumab	476	377	301	267	215	190	165	147	137	128	119	110	103	97	92	85	81	78	67	57	34	22	11	5	0
Placebo	237	164	105	87	68	56	48	41	37	36	30	27	26	25	24	24	22	21	19	19	14	6	4	1	0

What is the cause of pneumonitis? Deep learning



		Clinical model		Radiomic model		Combined model	
		IIP	OTP	IIP	OTP	IIP	OTP
Observed outcome	IIP	23	7	25	5	24	6
	OTP	20	22	16	26	15	27
Sensitivity (%)		77		83		80	
Specificity (%)		52		62		64	
PPV (%)		53		61		62	
NPV (%)		76		84		82	
Accuracy (%)		62		71		71	
AUC (95% CI) ^a		0.67 (0.56 to 0.79)		0.76 (0.68 to 0.88)		0.75 (0.67 to 0.88)	
Brier score (95% CI)		0.21 (0.14 to 0.23)		0.19 (0.11 to 0.21)		0.19 (0.11 to 0.21)	

Abbreviations: AUC, Area under the ROC Curve; CI, Confidence Interval; IIP, Immunotherapy-Induced Pneumonitis; NPV, Negative Predictive Value; OTP, Other Types of Pneumonitis; PPV, Positive Predictive Value.

^a Comparison of AUCs using n=1000 bootstrap samples:

Conclusion: Stage III NSCLC

- Most fit patients qualify for concurrent chemo-radiotherapy followed by durvalumab immunotherapy
- Recurrences remain a major problem
- Optimal local treatment remains debatable
- Many questions remain

Oligometastatic NSCLC

Oligometastatic definitions



Time of initial diagnosis

Persistent disease in limited number of sites after/on systemic disease

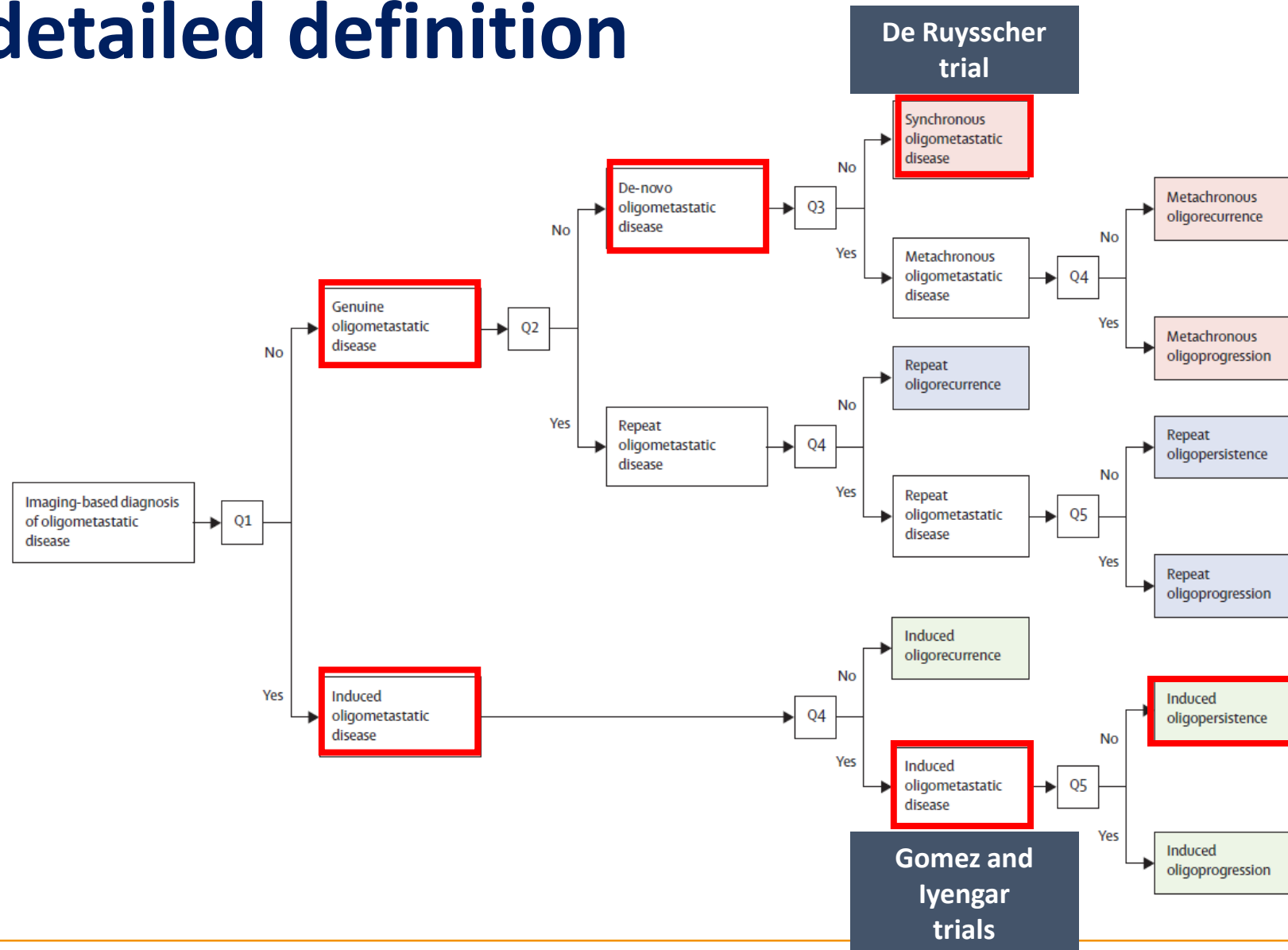
Progression in limited number of metastasis

Recurrence after control of localized primary tumor

EORTC: Maximum of five metastases and three organs

Mediastinal lymph node involvement is not counted as a metastatic site

More detailed definition



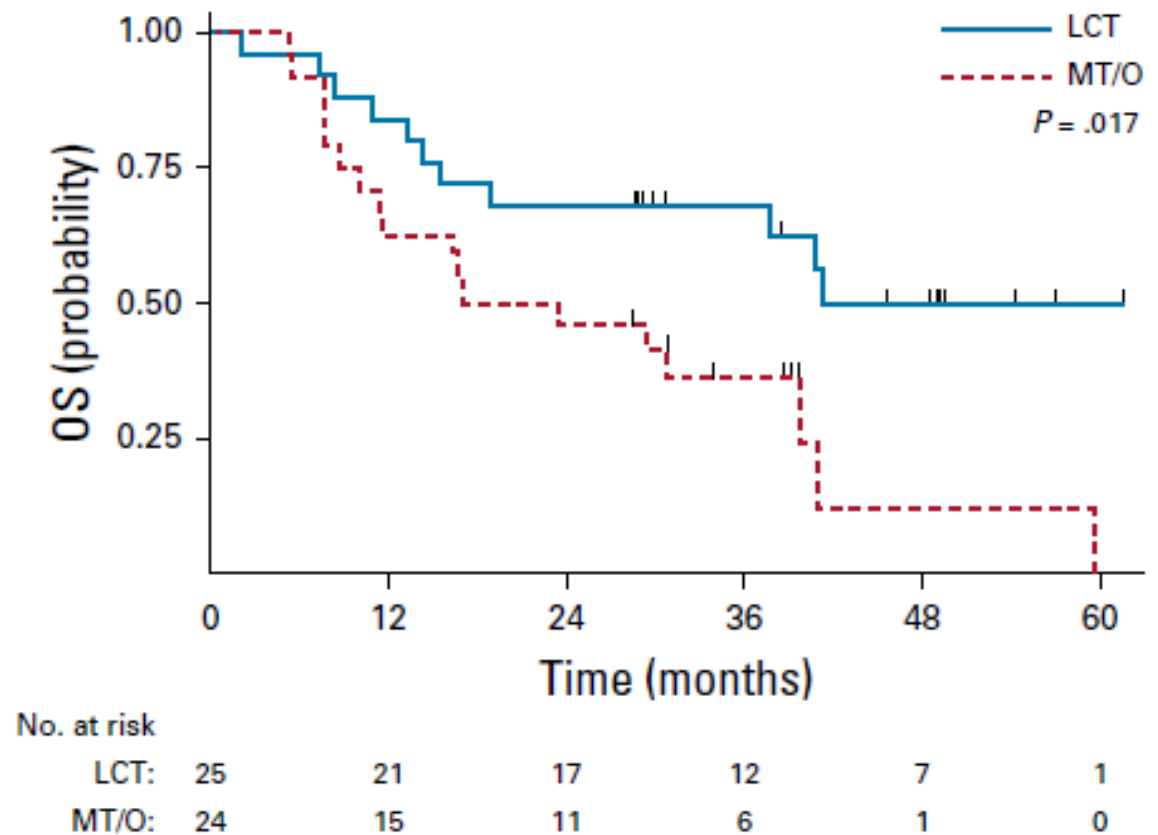
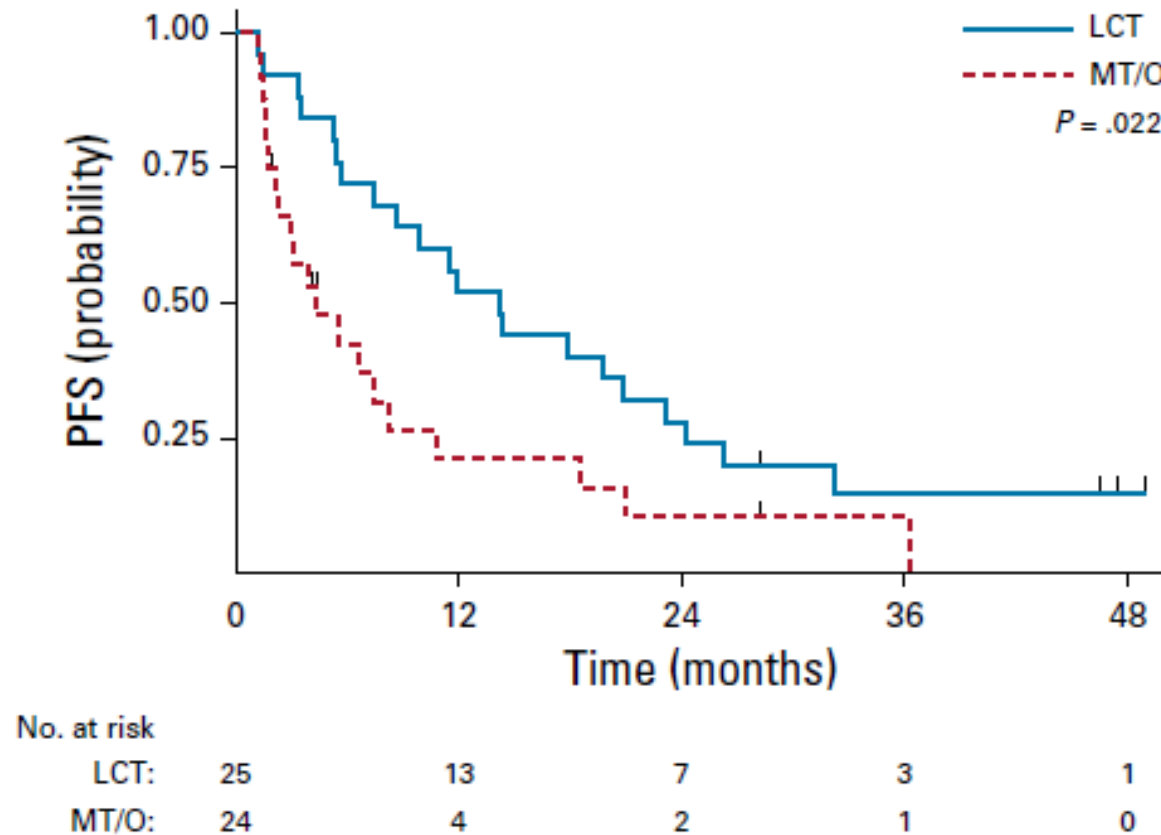
Actual series/trial inclusion vs criteria

Articles	Number of patients	Maximal number metastases defined	Maximal number of metastases treated	Patients with ≤ 2 metastases treated (%)
Downey R. 2002	23	1	1	100%
Khan A. 2006	23	2	2	100%
Inoue St et al. 2010	25	5	5	N.A.
Cheruvu P. 2011	38	8	8	N.A.
Collaud S. 2012	29	1	1	100%
Congedo M. 2012	53	2	2	100%
De Ruysscher D. 2012	40	5	3	97.4%
Lopez Guerra J. 2012	78	4	4	91%
Griffioen G. 2013	61	3	3	96.7%
Nieder C.S. 2014	23	3	2	100%
Parikh R. 2014	186	5	5	74%
Sheu T. 2014	90	3	3	88%
Plones T. 2015	56	5	4	99%
Su Ss. 2015	198	3	3	56%*
Xanthopoulos E. et al. 2015	25	4	4	84%
Fleckenstein J. 2016	39	5	5	90%
Johnson K. 2016	37	5	N.A.	N.A.
Sakai Ks. 2016	18	5	N.A.	N.A.
Su Ss. 2016	91	4	N.A.	N.A.
Iyengar P. 2017	29	5	3	93%**
Gomez D. 2019	49	3	3	98%
Bauml JM. 2019 [3]	51	4	4	94%
Arrieta O. 2019 [4]	37	5	N.A.	65%

Most: 3-5

Included: ≤ 2

Randomized study after response on chemotherapy/ TKI



SABR-COMET: *Controlled* primary tumor; metachronous

Characteristic	Arm, No. (%)	
	Control (n = 33)	SABR (n = 66)
Median age, years (IQR)	69 (64-75)	67 (59-74)
Sex		
Male	19 (58)	40 (61)
Female	14 (42)	26 (39)
Site of original primary tumor		
Breast	5 (15)	13 (20)
Colorectal	9 (27)	9 (14)
Lung	6 (18)	12 (18)
Prostate	2 (6)	14 (21)
Other	11 (33)	18 (27)
Median time from diagnosis of primary tumor to random assignment, years (IQR)	2.3 (1.3-4.5)	2.4 (1.6-5.3)

Radiation Therapy for Oligometastatic Non-Small Cell Lung Cancer: An ASTRO/ESTRO Clinical Practice Guideline

Developed in collaboration with the European Society for
Radiotherapy and Oncology

Endorsed by the Canadian Society of Radiation Oncology and the Royal
Australian and New Zealand College of Radiologists

Conclusion: Oligometastatic NSCLC

- A small group of these patients will experience a long PFS and OS by adding a local treatment to all metastatic sites to systemic therapy
- Probably the best is to begin with the best available systemic treatment, in case of a response or clinical improvement, add local therapy
- Many questions unanswered

What you may optimize now: Supportive care



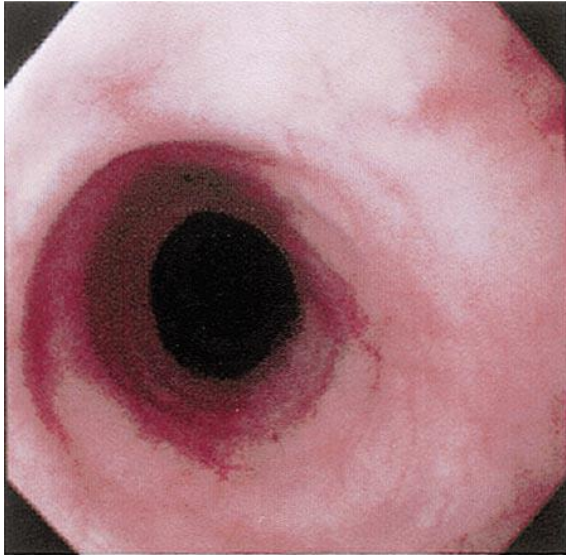
REVIEW

Recommendation for supportive care in patients receiving concurrent chemotherapy and radiotherapy for lung cancer[☆]

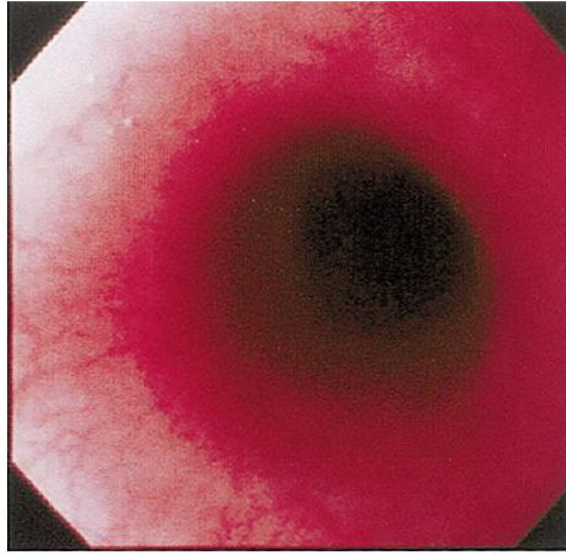
D. De Ruysscher^{1*}, C. Faivre-Finn², K. Nackaerts³, K. Jordan⁴, J. Arends⁵, J. Y. Douillard⁶, U. Ricardi⁷ & S. Peters⁸

Endoscopic findings of radiation-induced esophagitis

Normal



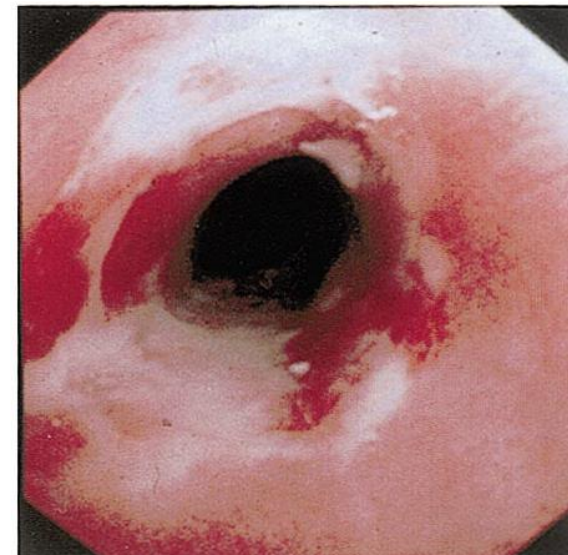
Grade 1



Grade 2



Grade 3



Conclusions

- Because of the increased esophageal transit time and the healing time of esophagitis, the administration of a proton pump inhibitor at a daily dose of 40 mg, up to three months after the end of radiotherapy is recommended (level V, grade B).
- Because esophageal candidiasis frequently occurs, patients with grade 2 or more esophagitis may be given appropriate anti-fungal drugs (level V, grade B).
- Symptomatic care, such as the administration of local anaesthetics (e.g. lidocaine), systemic analgesics including opioids, and appropriate feeding, incl. naso-gastric tube, is essential (level V, grade A).

Practical recommendations

Screen for	malnutrition	NRS, Nutrition Risk Screening 2002
	sarcopenia	SARC-F
	systemic inflammation	mGPS, modified Glasgow Prognostic Score
	fatigue	FSI, Fatigue Symptom Inventory
	depression	PHQ-2, Public Health Questionnaire

Practical recommendations

Aim for

energy

25-35 kcal/kg body weight

protein

1.0- 1.5 g/kg

micronutrients

RDA

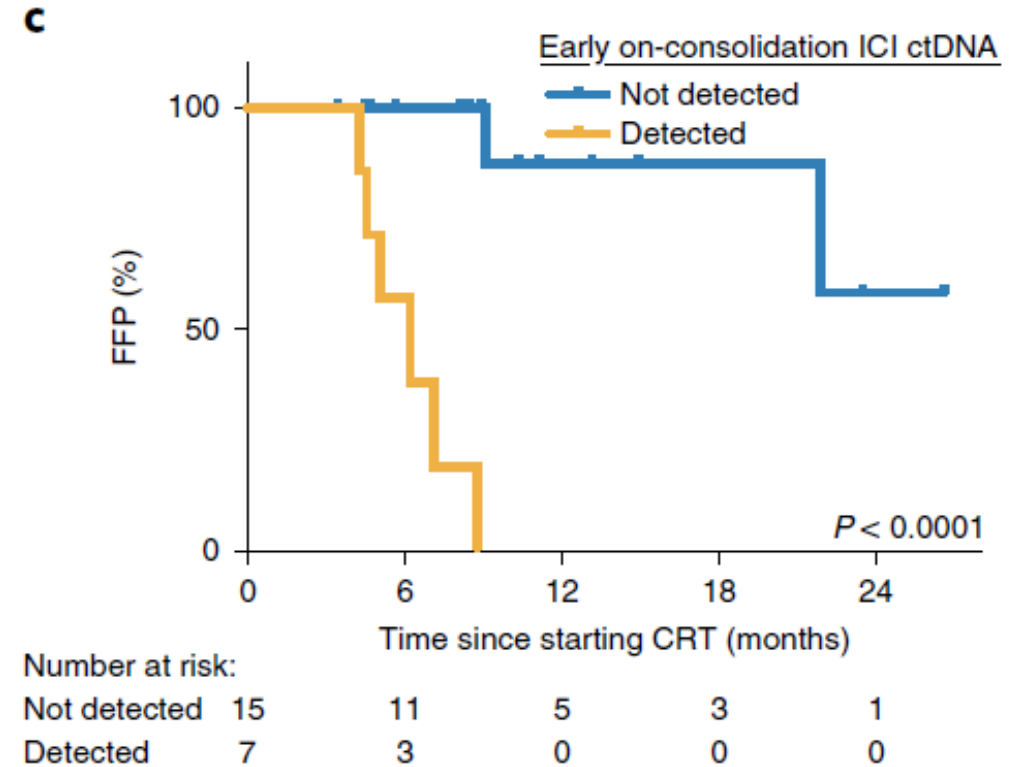
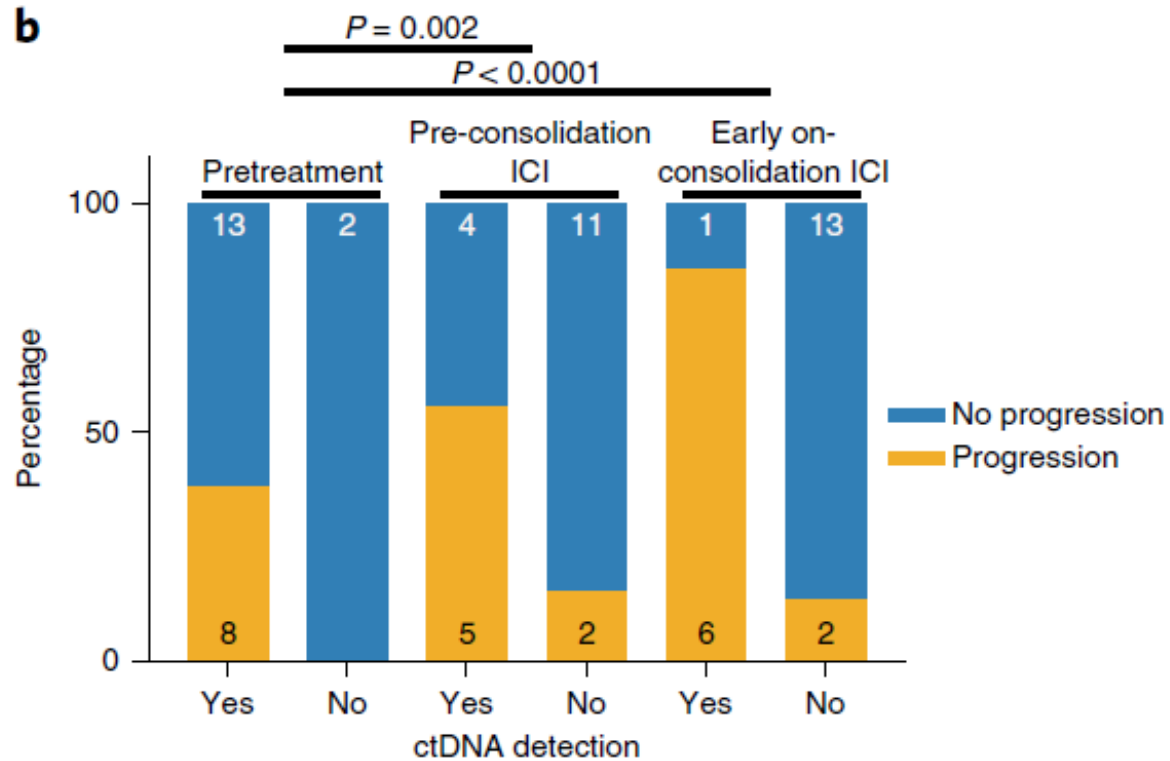
Artificial nutrition

ONS, oral nutritional supplements

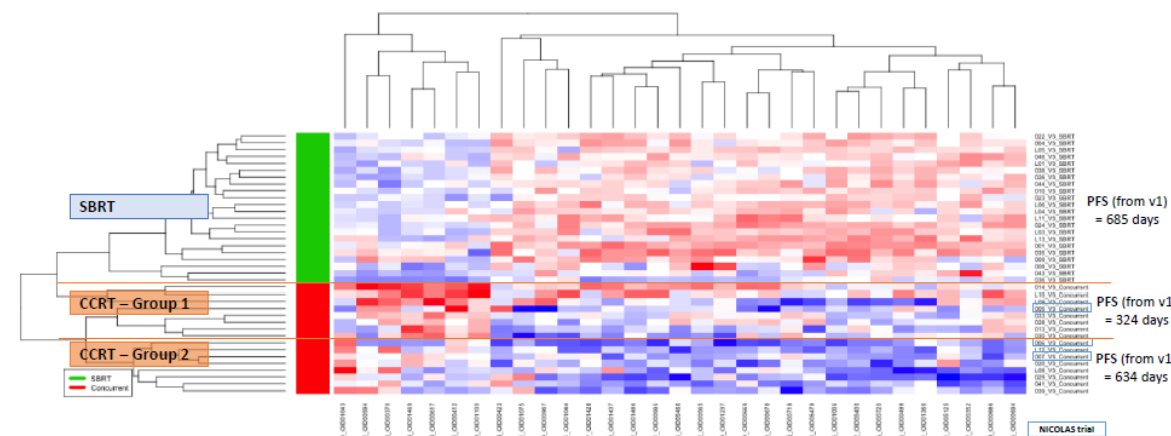
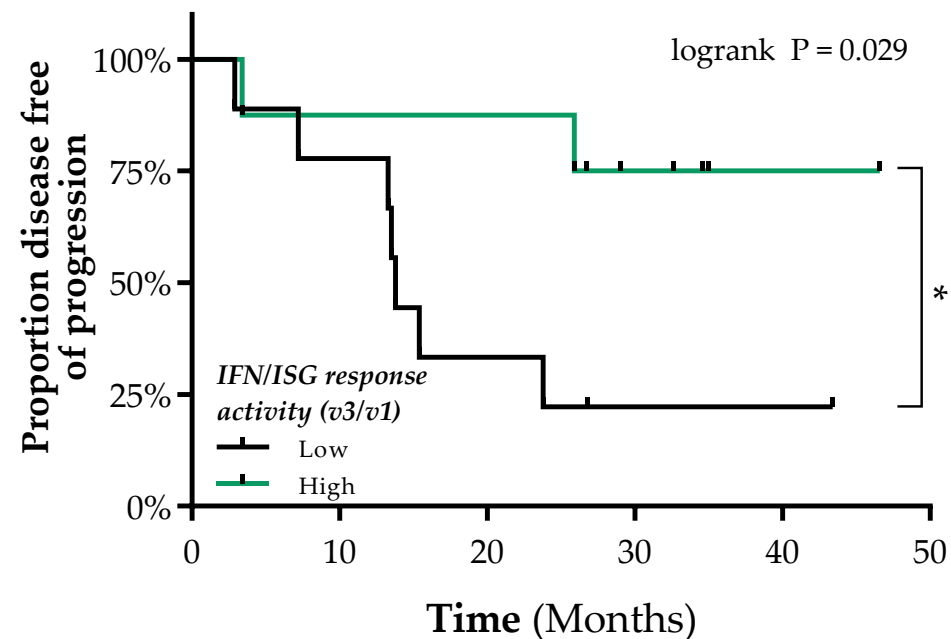
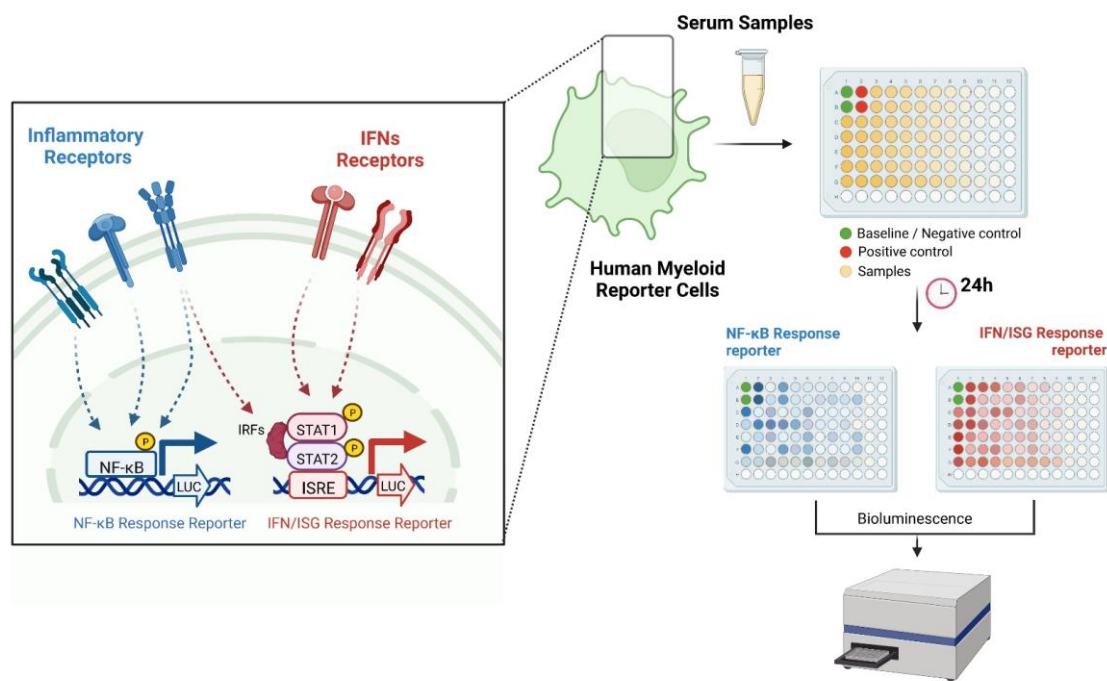
add **parenteral nutrition** if oral inadequate

The future

cf tumor DNA: Who needs durvalumab?



Identify prognostic and predictive biomarkers in the blood



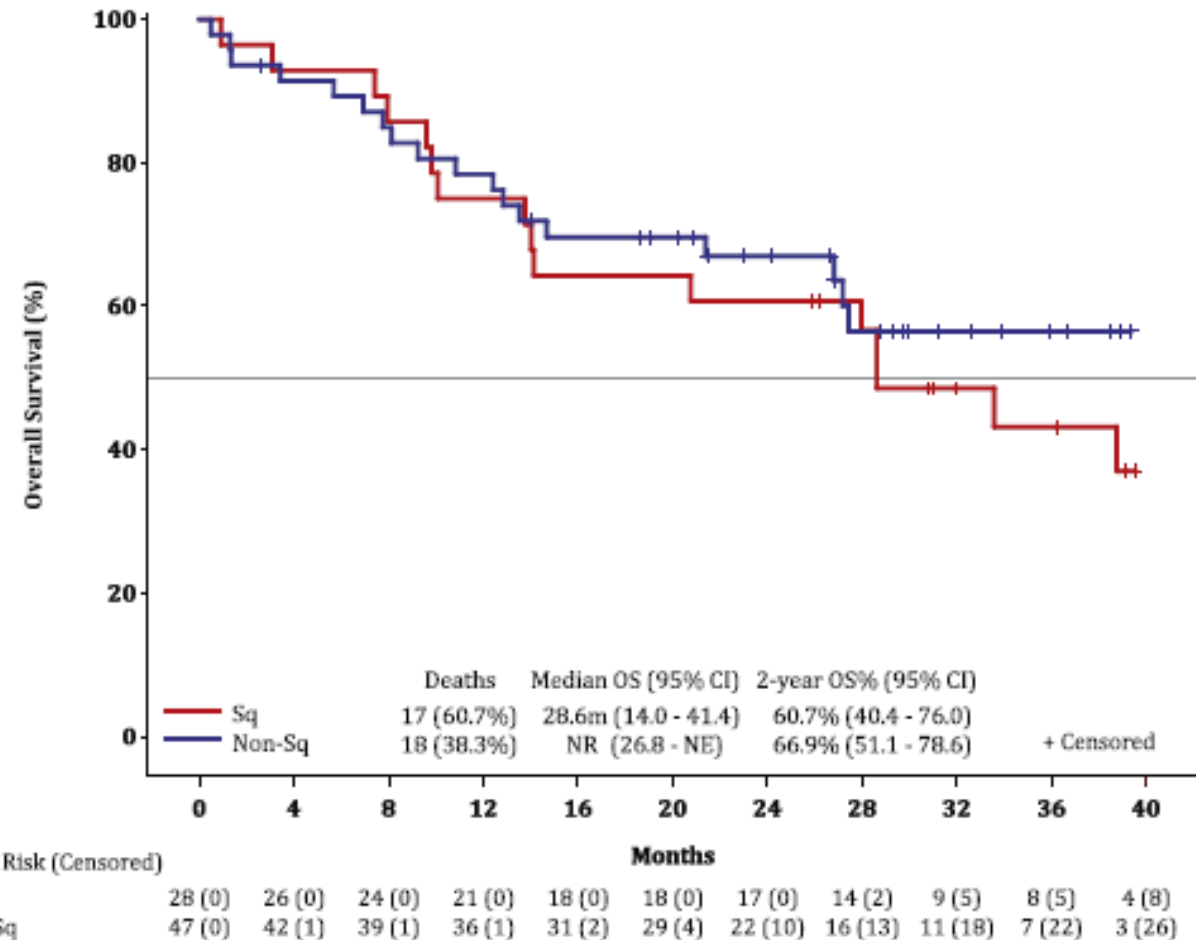
Add concurrent immunotherapy to CCRT?

Progression-Free and Overall Survival for Concurrent Nivolumab With Standard Concurrent Chemoradiotherapy in Locally Advanced Stage IIIA-B NSCLC: Results From the European Thoracic Oncology Platform NICOLAS Phase II Trial (European Thoracic Oncology Platform 6-14)

Solange Peters, MD, PhD,^a Enriqueta Felip, MD, PhD,^b Urania Dafni, ScD,^{c,d} Amanda Tufman, MD,^{e,f} Matthias Guckenberger, MD,^g Ruth Álvarez, MD,^h Ernest Nadal, MD, PhD,ⁱ Annemarie Becker, MD, PhD,^j Hansjörg Vees, MD,^k Miklos Pless, MD,^l Alex Martinez-Marti, MD,^b Maarten Lambrecht, MD, PhD,^m Nicolaus Andratschke, MD,^g Zoi Tsourti, PhD,^c Anne-Christine Piguet, PhD,ⁿ Heidi Roschitzki-Voser, PhD,ⁿ Adrian Gasca-Ruchti, MD,ⁿ Johan Vansteenkiste, MD, PhD,^o Rolf A. Stahel, MD,^{n,*} Dirk De Ruyscher, MD, PhD^p



A



Go beyond checkpoint inhibitors: e.g. IL2 immunocytokines

Strong pre-clinical effects. Radiation to a tumor before IL2 necessary.

NHS-IL2

- Untreated stage IV NSCLC
 - 5x4 Gy to primary tumor
 - NHS-IL2
-
- 2/13 patients > 3 year PFS

van den Heuvel et al. J Transl Med 2015

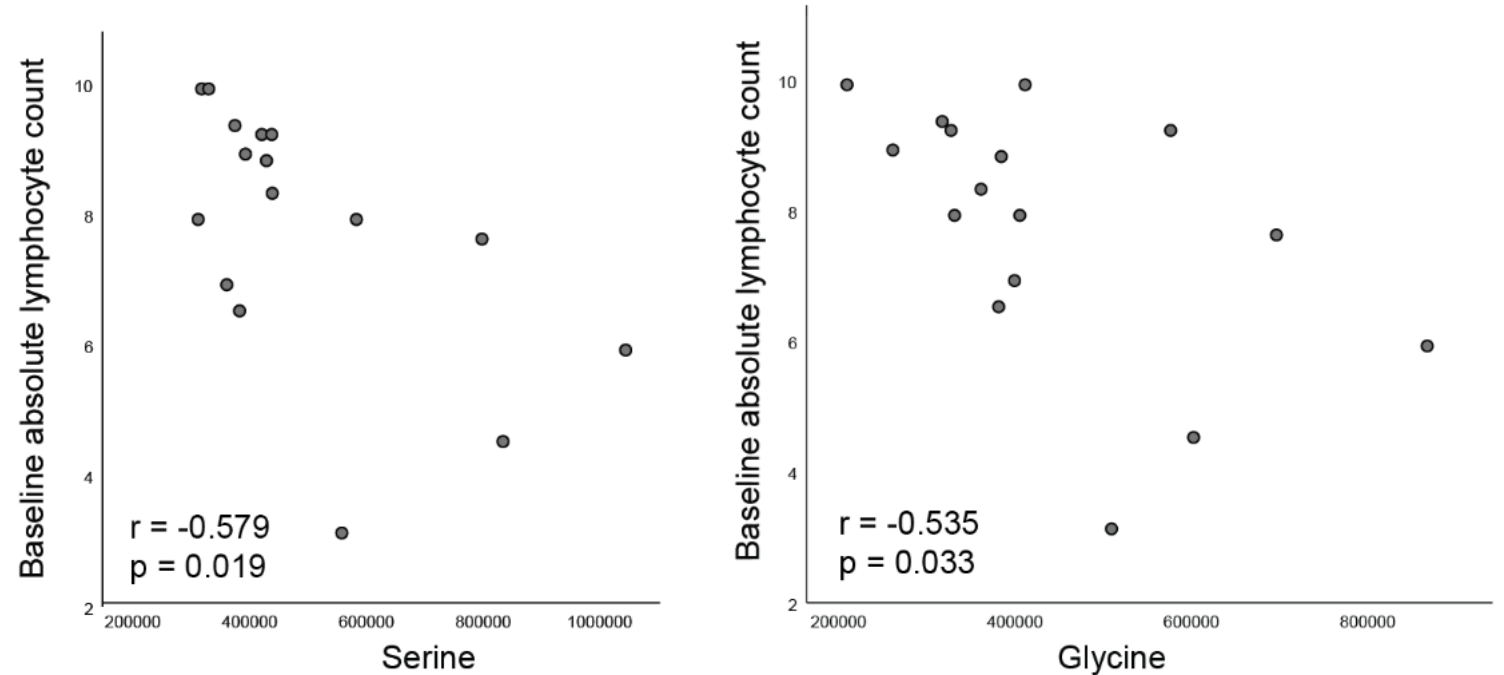
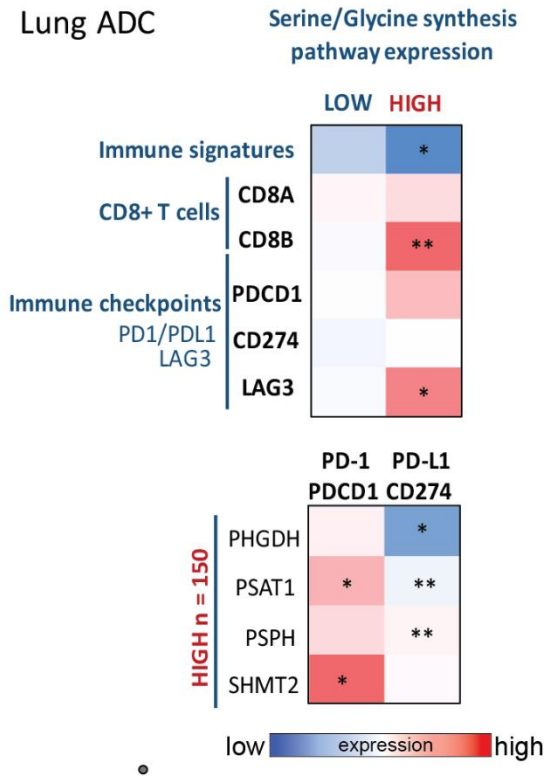
L19-IL2

- Untreated stage IV NSCLC
 - 3x8 Gy to a metastasis
 - L19-IL2
-
- 2/6 patients > 3 year PFS

Van Limbergen et al. Int J Radiat Oncol Biol Phys 2021

Work on the TME and metabolism

Serine/glycine pathway activation associates with an immunosuppressive signature in lung cancer patients



Geeraerts et al. Nature Metabolism 2021

Geeraerts et al. Mol Cancer Therap 2021

Sánchez-Castillo et al. *Cancers* 2021

Vaes et al. Cancers 2021